



Srividya Learning Centre



Dattatreya Upasana should be performed by those who want to attain Vaksuddhi and Vaksiddhi

Sri Dattatreya Swamy is a Trimurti form. He is the one with directions as clothes. He is also a vast treasure of knowledge that we find in the form of Guru. In his mantra the seed letter “dram” is important. While “da” refers to giving, “ra” refers to knowledge that is energized and dynamic. Broadly speaking, Sri Dattatreya Swami is a giver of stable, dynamic, and energetic knowledge.

Dattatreya Mantra is given below. There is a need to perform this Upasana only after receiving initiation from the Sadguru.

Mantra

“ Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om ”

If this mantra is chanted for japa, shodashopachara archana, tarpana, homa, parayana, and so on, then unlimited happiness (bliss) can be experienced internally.

This mantra can also be shortened to **“Om Dram Dattatreya Namah”**. In any case, follow the Guru's instructions. When the mantra is chanted in the Vishuddhi Chakra, Vaksuddhi (cleansing of words) and Vaksiddhi (attaining the results in words) are attained by the worshippers.

Sri Datta Kshetramulu

1. Mahur in Kinwat Taluka of Nanthed District, Maharashtra.
2. Girinar in Junagadh, Saurashtra. There are 10,000 steps here.
3. Karanja. This is the birthplace of Swami Nrisimha Saraswati. Sri Brahmananda Saraswati of Kashi built a shrine for Lord Dutta here.
4. Audumber. This temple is located on the bank of Krishna river at a distance of 10 km from Bhilwadi railway station in Maharashtra. Sri Nrisimha Saraswati Swamy used to live here during Chaturmasa Deeksha.

5. Narsoba Wadi. This shrine is located at the confluence of Panchganga and Krishna rivers in Maharashtra. Nrisimha Saraswati Swami lived here for 12 years. Thembe Swami got his inspiration from here.
6. Gangapur. This temple is located in the state of Karnataka, on the Pune-Rai Chur Prathana route.

Shri Dattatreya Swami Nitya (Daily) Pooja

1. Dhyanam (meditation)

In case of Guru Mantra Deeksha the Guru Mantra should be recited twice or the following Shloka twice, either with Guru Mudra or Namaskara Mudra.

Gururbrahma, Guruvishnuh, Gururdevo Maheshwarah,

Gurussakshat Parabrahma, Tasmai om Sri Gurave Namah.

2. Ganapati meditation

In case of Ganapati Mantra Deeksha, Ganapati Mantra should be recited four times, or the following sloka once with Namaskara Mudra.

Shuklambaradharam Vishnum, Sashivarnam chaturbhujam,

Prasanna vadanam dhyayet, sarva vighnopasantye.

3. Achamana

Water should be poured into the right hand with a uddharina (not a steel one) and the following mantras should be recited one at a time, each time taking water in without touching the upper lip.

Aim Atma Tatvaya Swaha

Klim Vidya Tatvaya Swaha

Sauh Shiva Tatvaya Swaha

Now while reciting the following mantra, pour water in the right hand and drop through middle finger and ring finger into the plate.

Aim klim sauh sarva tatvebhyah svaha

4. Pranayama

Closing the left nostril with the ring finger of the right hand, inhale through the right nostril and chant the Gayatri Mantra once (Om bhurbhuvasvah tatsa vithurvarenyam, bhargo devasya dhimahi, dhiyoyonah prachodayat).

Close the right nostril with the right thumb, hold the breath and chant the Gayatri mantra twice.

Open the left nostril and exhale through it, chanting the Gayatri Mantra once.

Finally, after exhaling the air completely, chant the Gayatri Mantra once, holding the breath (inhaling and exhaling).

Repeat the above process by inhaling again through the left nostril. It is a pranayama. If you do this three times for several years, you will get a dynamic divine body according to the Shastras.

5. Sankalpa

Take Akshata mixed with Turmeric in the right hand, close the fist, place the right fist on the left palm, keep both together on the right thigh and say the following sankalpa:

Mama Upatta Samastha Durita Kshaya Dwara, Om Sri Dattatreya Paramesvaramuddishya, Om Sri Dattatreya Paramesvara Anugraha Dwara, Vakshuddhi, Vaksiddhi Yogyata Siddhyrthyam, Yatha Shakti, Dattatreya Nitya Pujam Karishye.

The Akshats mentioned above should be dropped into a plate along with water.

Shodashopachara pooja

1. meditation

Taking akshatas in right hand, chanting:

" Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om Om Sri Dattatreya Swamine Namah Dhyayami ", one should place akshats on Lord's image.

2. invocation

Taking akshatas in right hand, chanting:

" Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om " " **Om Sri Dattatreya Swamine Namah Avahayami "**, one should place Akshatas on the image of the Swami.

3. asana

Taking akshatas in right hand, chanting:

" Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om" " Om Sri Dattatreya Swamine Namah Navaratna Khachitha Simhasanam Samarpayami", one should place Akshatas on the image of the Swami.

4. Paadyam

Feeling that we are washing Swami's feet, chant:

" Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om" " Om Sri Dattatreya Swamine Namah Padyam Samarpayami " and sprinkle water with a flower on the image of the Lord.

5. Arghyam

Feeling that we are washing Swami's hands, chant:

" Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om" " Om Sri Dattatreya Swamine Namah Arghyam Samarpayami " and sprinkle water with a flower on the image of Swami.

6. Achamana

Feeling that we are offering drinking water to Swami, chant:

"Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om " " Om Sri Dattatreya Swamine Namah Achamanam Samarpayami " , and show the water to the image of Swami with a sigh and receive that water.

7. Bath

Feeling that we are giving bath to Swami, chant:

" Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om " " Om Sri Dattatreya Swamine Namah Snapayami "

Saying **" Om Sri Dattatreya Swamine Namah "**, sprinkle water or panchamrita with a flower over the picture of the Swami. Chant 15 times.

(Panchamrita – a mixture of cow's milk, cow's curd, cow's ghee, honey, and sugar)

8. cloth

Take a flower or akshata in the right hand, imagining that we are offering garments to Swami, chant:

“ Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om ”

Saying “ **Om Sri Dattatreya Swamine Namah Vastram Samarpayami / Vastartha Puspam / Akshatan Samarpayami** ”, the flower should be placed on the image of the Lord.

9. Ornaments

Taking a flower or akshata in the right hand, imagining that he is offering ornaments to the Swami, chant:

" Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om"

Saying

" Om Sri Dattatreya Swamine Namah Abharanarthe Pushpam / Akshatan Samarpayami ", one should place the flower or akshats above the image of the Lord.

10. sandalwood powder

Taking the sandalwood powder with the flower, imagining that we are applying sandalwood around the neck of Swami, chant:

" Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om"

Saying **" Om Sri Dattatreya Swamine Namah Gandham Samarpayami "** one should offer sandalwood powder on the Swami's image.

11. Kumkum

Thinking that we are offering kumkum to Swami, chant:

“ Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om”

Saying “ **Om Sri Dattatreya Swamine Namah Kunkumam Samarpayami** ”, one should offer kumkum (saffron) on top of the image of the Swami.

Here one should worship the Lord with flowers or Akshatas. As part of the puja, Om Sri Dattatreya Kavacham and Om Sri Datta Hrudayam can be recited.

12. Incense

Light the incense, extinguish the flame, chanting:

“ Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om”

Saying “ **Om Sri Dattatreya Swamine Namah Dhupamaghrapayami** ”, show the incense to Swami.

13. Oil lamp

Taking the lamp in the hand and holding it above the heart, chant:

" Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om" Saying "**Om Sri Dattatreya Swamine Namah Deepam Samarpayami** ", oil lamp should be shown to the Lord.

14. Prasad

One should keep the fruits / pakwannams (freshly cooked material) in a platter and sprinkle water around the platter (from left to right) and recite the mantra given below.

Om bhurbhuvassuvah tatsaviturvarenyam bhargodevasya dhimahi dhiyoanah prachodayat

Om Apojyoti Rasomritam Brahma Bhurbhuvassuvarom

Then, saying **amritamastu** , a drop of water should be sprinkled on the offering.

Then the following mantra should be chanted while sprinkling water around the offering in clockwise manner:

Amruto pastaranmasi, satyanta varthena parishinchami (while making offerings during the day)

Amruto pastaranmasi, ritantatvartena parishinchami (while making offerings at night)

Saying “ **Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Jnana Sagara Dram Hreem Om** ” “ **Om Sri Dattatreya Swamine Namah Naivedyam Samarpayami** ” . Then recite the following mantras and offer offerings to the Swami six times.

Om Pranaya Swaha

Om Apanaya Swaha

Om Vyanaya Swaha

Om Udhanaya Swaha

Om Samanaya Swaha

Om Brahmane Swaha

After making this oblation, offer drinking water to Lord.

You should show the water using the Uddharina to the Swami and accept that water, saying that “**madhye madhye paaneyam samarpayami**” .

- Then, sprinkling water around the plate in an aparadakshina (right to left) manner, one should say **Amritapidhanamasi Uttaraposhanam Samarpayami** .
- Feeling that we are washing Swami’s hands, chant “**Hastau Prakshalayami**”, and show the water with Udharina (to Swami) and release it in the plate.
- Feeling that we are washing Swami’s feet, chant “**Padau Prakshalayami**” , and show the water with Udharina (to Swami) and release it in the plate.
- Thinking that we are offering drinking water to Swami, chant “**Achamaniyam Samarpayami**”, and show the water with Udharina (to Swami) and release it in the plate.

15. Mantra Pushpam

Taking flowers or akshatas in hand, chant:

Om Dattatreya Vidmahe Atri Putraya Dhimahi Tanno Dattah Prachodayat

Om hamsa hamsaya vidmahe paramahamsaya dhimahi, tannoh hamsah prachodayat

" Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om "

Saying " **Om Sri Dattatreya Swamine Namah Mantrapushpam Samarpayami** ", put those flowers or Akshatas on the image of the Lord.

16. Neerajana

For harati, one should light camphor and show it to the Swami reciting the following mantras.

“ Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om ” “ Om Sri Dattatreya Swamine Namah Neerajanam Samarpayami ”

- Here you can sing the Harati song.

- Then release a drop of water into the plate.
- Applying the heat (heat) of the arathi to the eyes with both hands, one should say “ **Raksham Dharayami** ” .
- Finally, take the Akshatas in the right hand and pour water as a thin stream from the top of the Akshatas. Water and Akshats – should flow into a plate through the passage between the middle and ring fingers. While doing this the following mantra should be recited. “ **Mantra heenam, Kriya heenam, Bhakti heenam, Shraddha heenam, Dravya heenam Paramesvara, Yat Pujitam Maya Deva paripoornam tadastute. Maya Krita Om Sri Dattatreya Swami Nitya Pooja Falam Sarvam Om Sri Dattatreya Swami Arpanamastu. "**
- **Om Purnamathaha Purnamidam Purnat Purnamudachyate, Purnasya Poornamadaya Poornameva Avashishyate**

Om Shantih Shantih Shantih

Dattatreya Swami Upasana method

Japa

In order to attain any mantra siddhi, one has to perform purascharana. Purascharana is a process where the mantra has to be chanted as many lakhs as the number of syllables in the mantra, a tenth part of it in homa, a tenth part of homa in tarpana, a tenth part of tarpana is marjana, and a tenth part of marjana in feeding brahmins. This is said as the process in Shastras.

If ordinary worshipers perform one lakh japa, ten thousand ahutis in homa, one thousand times tarpana, one hundred times marjana, and food is served to ten brahmins, then the result can surely be seen.

Chanting can be done mentally (silently, in the mind without being heard) or upaamshuvu (only moving the lips and not hearing the sound aloud), or vaachikam (pronounced aloud). It is said that mental chanting is the most effective of all. But this is also the most difficult. In initial stages, chanting in upaamshuvu or vaachikam states is recommended.

Dattatreya mantra can be done anytime. But, best results can be obtained if done on river bank, sea shore, temple or Yajna place. Japa should not be forgotten under any circumstances, especially during an eclipse. After being initiated with mantra, it is required to chant the mantra without ceasing every single day.

It is better for the chanter to sit on a seat facing east and chant with extreme concentration. When the chanter wears red or saffron robes, he or she is able to achieve superior concentration. Before starting Japa, it is recommended to recite the details of Rishi and Chhandas given below.

**Asyashri Dattatreya Mahamantrasya, Brahma Rishi, Gayatri Chandah,
Dattatreya Devata, Aam Beejam, Hrim Shaktih, Krom Keelakam, Dattatreya
Jape Viniyogah**

Nyasa

Anganyasa Karnyasa should be done while chanting the following:

Aam Angushtabhyam Namah

Hrim Tarjanibhyam Namah

Krom Madhyamabhyam Namah

Aam Anamikabhyam Namah

Hrim Kanishtakabhyam Namah

Krom Karatala Kara Prishtabhyam Namah

Aam Hrudayaya Namah

Hrim Shirase Swaha

Krom Shikhayi Washat

Aam Kavachayahum

Hrim netratrasya vaushat

Krom astraaya fut

Iti Karanyasa Anganyasam Karishye

Dhyanam (meditation)

Dattatreya Maham Vande Yoga Mudraa Virajitam

Brahmacharya vratasaktam avadhuta svaroopinam

Mantra

**“ Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara
Mune Bala Pishacha Gnana Sagara Dram Hreem Om ”**

For performing japa, it is recommended not to use japa maalas (rosaries). One should count the number of times the mantra can be chanted in one minute, if we have half an hour or an hour, instead of focusing on the number of japa, we should chant concentrating only the mantra, and the presiding deity of the mantra. Finally, convert the time spent for japa into a number by multiplying the count per minute with the number of minutes.

There is another method. By deciding on a limited period of time, ie 40 days, 90 days, and so on..by deciding a period of time and chanting one lakh during this period, we can achieve sankalpa siddhi and disciplined upasana.

While chanting in this manner, it is good to follow certain rules.

1. Every day Japa should be done in the same place, at the same time, and if possible in the same asana (seat). Do not change the time and place.
2. Daily chanting should be as even as possible. That is when one decides to do 2 thousand chants in a day, the same number should be continued daily. If the number of japa is ever increased, that increased number should be continued. Such rules develop instrumental discipline in us.

Before chanting, everyone should do the usual Gurudhyana, Ganapati Dhyana, Achamana, Pranayama, Sankalpa (details given in the next pages).

Tarpanas

“Tarpayati Iti Tarpanam” - Tarpana is to offer our happiness and gratitude to God. Most of us think of rites to ancestors by the word “Tarpana”. But, there are three types of Tarpanams namely Deva Tarpanam (Tarpana to God), Rishi Tarpanam (Tarpana to Rishis), and Pitru Tarpanam (Tarpana to forefathers). When tarpana water is released from between middle finger and ring finger of right hand, it becomes deva tarpana. When the same is released from the left side (i.e. from the lower part of the little finger) it becomes Rishi Tarpana. When the right palm is closed to a fist, and the water is released from the index finger it becomes Pitru Tarpana. It should be noted that whatever Tarpana, the meaning of Tarpana is the same.

For Dattatreya tarpanas it is better to use aromatic water or panchamrita. In aromatic waters, cardamom powder, turmeric, sandalwood powder, green camphor, nutmeg mace powder etc. should be used together. Whether the rest of the items are found or not, turmeric and sandalwood powder are must-have.

The Tarpana method is as follows.

6. Guru Dhyanam (meditation)

In case of Guru Mantra Deeksha the Guru Mantra should be recited twice, if not the following Shloka should be recited twice, either with Guru Mudra or Namaskara Mudra.

Gururbrahma, Gururvishnuh, Gururdevo Maheshwarah,

Gurussakshat Parabrahma, Tasmaishri Gurve Namah.

7. Ganapati meditation

In the case of Ganapati Mantra Deeksha Ganapati Mantra should be recited four times, if not the following sloka should be recited once with Namaskara Mudra,.

Shuklambaradharam Vishnum, Sashivarnam chaturbhujam,

Prasanna vadanam dhyayet, sarva vighnopasantaye.

8. Achamana

Water should be poured into the right hand with a uddharina (not a steel one) and the following mantras should be recited one at a time, each time taking water in without touching the upper lip.

Aim Atma Tatvaya Swaha

Klim Vidya Tatvaya Swaha

Sauh Shiva Tatvaya Swaha

Now while reciting the following mantra, pour water in the right hand and drop it between the middle finger and ring finger into the plate.

Aim klim sauh sarva tatvebhyah svaha

9. Pranayama

Closing the left nostril with the ring finger of the right hand, inhale through the right nostril and chant the Gayatri Mantra once (Om bhurbhuvasvah tatsa vithurvarenyam, bhargo devasya dhimahi, dhiyoyonah prachodayat).

Close the right nostril with the right thumb, hold the breath, and chant the Gayatri mantra twice.

Open the left nostril and exhale through it, chanting the Gayatri Mantra once.

Finally, after exhaling the air completely, chant the Gayatri Mantra once, holding the breath (inhaling and exhaling).

Repeat the above process by inhaling again through the left nostril. It is ONE pranayama. If you do this three times for several years, you will get a dynamic divine body according to the Shastras.

10. Sankalpa

Take Akshata mixed with Turmeric in the right hand, close the fist, place the right fist on the left palm, keep both together on the right thigh and say the following sankalpa:

Mama Upatta Samastha Durita Kshaya Dwara, Sri Dattatreya Paramesvaramuddisya, Sri Dattatreya Paramesvara Anugraha, Vakshuddhi, Vaksiddhi Yogyata Siddhyrthyam, Yatha Shakti, Dattatreya Tarpanam Karishye.

Then, Akshatas mentioned above should be dropped into a plate along with water.

You can print the Dattatreya yantra shown below, laminate it, and do tarpans for that yantra. Alternatively, you can use a yantra made of five metals, or copper. The best thing is that you can make a Shivlingam with sandalwood powder or a mixture of vibhudi and sandalwood powder and perform tarpana on it.

Tarpana procedure

Tarpanams should be done as described below.

invocation

Holding the Akshata in the right hand, with closed fist, near the heart, chant the Dattatreya Mantra three times (it is always recommended to obtain the mantra deeksha from a Guru). Saying, "**Dattatreya Swami Avahayami**", Akshata should be dropped on the yantra or Shivalinga made of sandalwood powder and vibhudi mixtures. In this action Akshata should slip from the palms, but the hands should not be waved.

Take pure water in a vessel and mix green camphor, cardamom powder, nutmeg, mace powder, sandalwood, etc. in it to make aromatic water. Taking that perfumed water with an uddarini (not steel one) into the right hand, one should perform sixteen tarpanas with the Dattatreya mantra as follows.

**Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka
Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om
Tarpayami Namah**

Perform 16 tarpanams like this.

After this, the following tarpans should be performed.

17. Om Swaha Tarpayami Namah

18. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om Tarpayami Namah
19. Hrim Swaha Tarpayami Namah
20. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om Tarpayami Namah
21. Dram Swaha Tarpayami Namah
22. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om Tarpayami Namah
23. Dattatreya Swaha Tarpayami Namah
24. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om Tarpayami Namah
25. Harekrishna Swaha Tarpayami Namah
26. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om Tarpayami Namah
27. Unmattananda Dayaka Swaha Tarpayami Namah
28. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om Tarpayami Namah
29. Digambara Mune Swaha Tarpayami Namah
30. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pisach Gnana Sagara Dram Hreem Om Tarpayami Namah
31. Bala Pisacha Gnana Sagara Swaha Tarpayami Namah
32. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om Tarpayami Namah
33. Dram Swaha Tarpayami Namah

34. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om Tarpayami Namah
35. Hrim Swaha Tarpayami Namah
36. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pisach Gnana Sagara Dram Hreem Om Tarpayami Namah
37. Om Swaha Tarpayami Nama-
38. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om Tarpayami Namah
39. Am Swaha Tarpayami Namah
40. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om Tarpayami Namah
41. Aam Swaha Tarpayami Namah
42. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om Tarpayami Namah
43. Im Swaha Tarpayami Namah
44. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om Tarpayami Namah
45. Eem Swaha Tarpayami Namah
46. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om Tarpayami Namah
47. Um Swaha Tarpayami Namah
48. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om Tarpayami Namah
49. Oom Swaha Tarpayami Namah

**50. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka
Digambara Mune Bala Pisach Gnana Sagara Dram Hreem Om Tarpayami
Namah**

51. Rum (Arum) Swaha Tarpayami Namah

**52. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka
Digambara Mune Bala Pisach Gnana Sagara Dram Hreem Om Tarpayami
Namah**

53. Aroom Swaha Tarpayami Namah

**54. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka
Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om
Tarpayami Namah**

55. Alum Swaha Tarpayami Namah

**56. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka
Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om
Tarpayami Namah**

57. Aloom svaha tarpayami namah

**58. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka
Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om
Tarpayami Namah**

59. Yem Swaha Tarpayami Namah

**60. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka
Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om
Tarpayami Namah**

61. Aim Swaha Tarpayami Namah

**62. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka
Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om
Tarpayami Namah**

63. Om Swaha Tarpayami Namah

**64. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka
Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om
Tarpayami Namah**

65. Aum Swaha Tarpayami Namah

**66. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka
Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om
Tarpayami Namah**

67. Aha Swaha Tarpayami Namah

**68. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka
Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om
Tarpayami Namah**

69. Aham svaha tarpayami namah

**70. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka
Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om
Tarpayami Namah**

71. Aham aham swaha tarpayami namah

**72. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka
Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om
Tarpayami Namah**

73. Aha Swaha Tarpayami Namah

**74. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka
Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om
Tarpayami Namah**

75. Aum Swaha Tarpayami Namah

**76. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka
Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om
Tarpayami Namah**

77. Om Swaha Tarpayami Namah

**78. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka
Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om
Tarpayami Namah**

79. Aim Swaha Tarpayami Namah

**80. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka
Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om
Tarpayami Namah**

81. Yem Swaha Tarpayami Namah

**82. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka
Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om
Tarpayami Namah**

83. Aloom svaha tarpayami namah

**84. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka
Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om
Tarpayami Namah**

85. Alum Swaha Tarpayami Namah

**86. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka
Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om
Tarpayami Namah**

87. Aroom Swaha Tarpayami Namah

**88. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka
Digambara Mune Bala Pisach Gnana Sagara Dram Hreem Om Tarpayami
Namah**

89. Rum (Arum) Swaha Tarpayami Namah

**90. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka
Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om
Tarpayami Namah**

91. Oom Swaha Tarpayami Namah

**92. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka
Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om
Tarpayami Namah**

93. Um Swaha Tarpayami Namah

**94. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka
Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om
Tarpayami Namah**

95. Eem Swaha Tarpayami Namah

**96. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka
Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om
Tarpayami Namah**

97. Im Swaha Tarpayami Namah

**98. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka
Digambara Mune Bala Pisach Gnana Sagara Dram Hreem Om Tarpayami
Namah**

99. Aam Swaha Tarpayami Namah

**100. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka
Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om
Tarpayami Namah**

101. Am Swaha Tarpayami Namah

**102. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka
Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om
Tarpayami Namah**

103. Brahmane Swaha Tarpayami Namah

**104. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka
Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om
Tarpayami Namah**

105. Vishnave Swaha Tarpayami Namah

**106. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka
Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om
Tarpayami Namah**

107. Mahesvara Swaha Tarpayami Namah

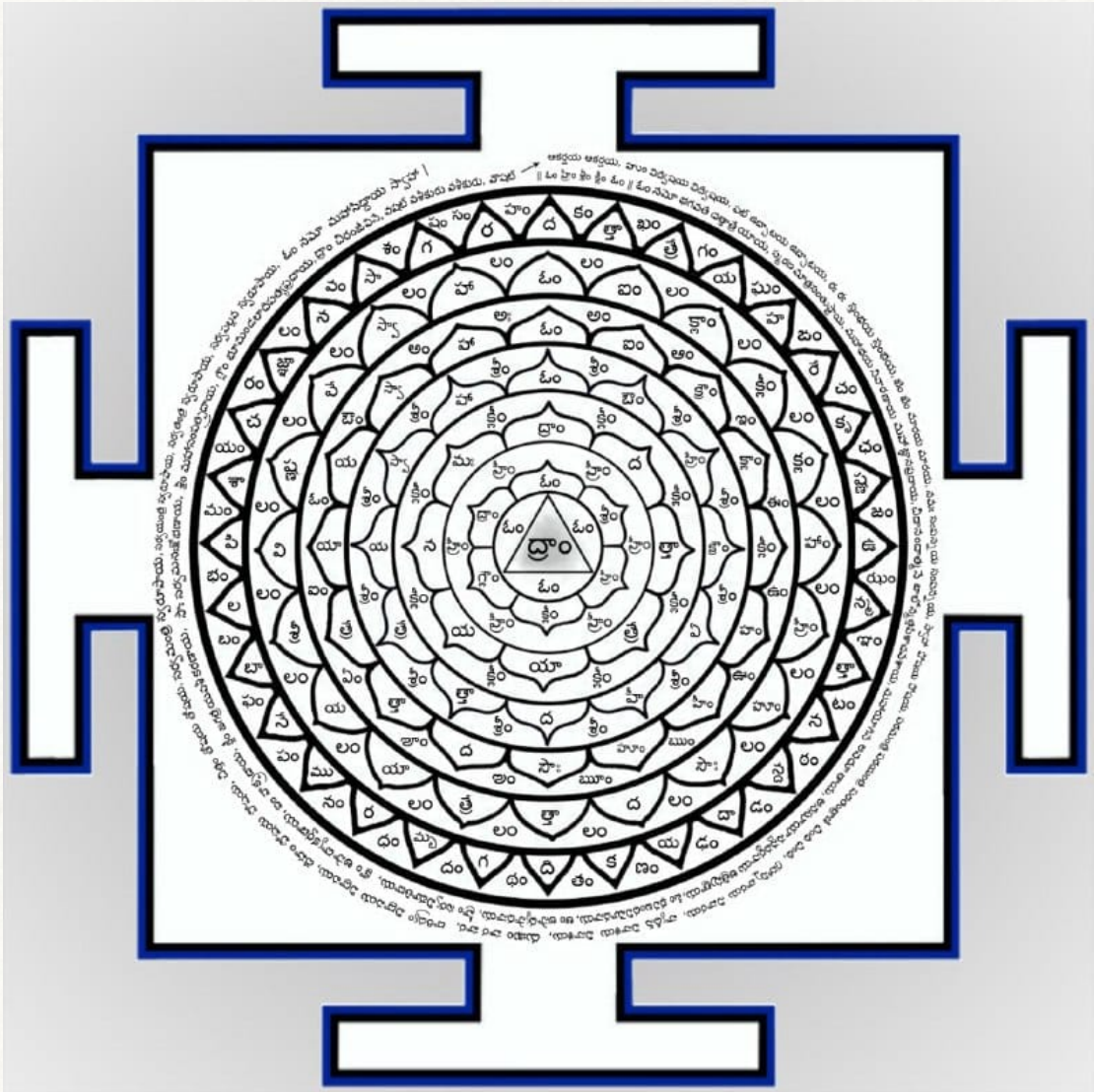
**108. Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka
Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om
Tarpayami Namah**

Now take the consecrated water, and sprinkle it on your head while reciting the following mantra.

Vakshuddhi, Vaksiddhi, Bhakti Gnana Vairagya, Gaada Baddha Karma Pasha
Nivritti, Samasta Papa Kshaya Sahita Atma Sanskara Siddhyrtham Dattatreya
Tarpana Theertham Swekurushva

Take the tirtha in the right hand with the above mantra and receive it as prasad.

Iti Shivam.



Dattatreya Homam

To perform Homa, a copper or brass Homagundam (1by1 or 2by2) should be set up. If there is accommodation, a large homa gunda can be made in three rows with 30 bricks, 10 bricks per row. While stacking bricks, ensure that there are three bricks in east-west and two bricks in north-south. The bricks laid in the upper rows should be arranged in a staggered manner.

In any homagunda, first pile some sand, put a heap of rice flour on top of it, and make it into a square. No matter how big the homagunda is, this square should not measure more than one palm size. In this, six lines should be drawn with either an agaruvatthi (incense stick) or a darbha, as shown below.

(draw the figure)

While drawing the above lines, the following mantras should be recited.

1. **Brahmane Namah**
2. **Yamaya Namah**
3. **Somaya Namah**
4. **Rudraya Namah**
5. **Vishnave Namah**
6. **Indraya Namah**

After drawing the above lines, on them, three rows of three samidhas should be stacked in a triangular shape. This triangle should be facing towards the doer of homam i.e. west side.

A lump of camphor should be placed in the middle of these triangular samidhas.

After setting up the homagundam, the homam process shown below should be started.

1. Guru Dhyanam (Guru meditation)

In case of Guru Mantra Deeksha, the Guru Mantra should be recited twice or if not, the following Shloka should be recited twice, either with Guru Mudra or Namaskara Mudra.

Gururbrahma, Gururvishnuh, Gururdevo Maheshwarah,

Gurussakshat Parabrahma, Tasmaishri Gurave Namah.

2. Ganapati meditation

In case of Ganapati Mantra Deeksha, Ganapati Mantra should be recited four times, or if not, the following sloka should be recited once with Namaskara Mudra.

Shuklambaradharam Vishnum, Sashivarnam chaturbhujam,

Prasanna vadanam dhyayet, sarva vighnopasantye.

3. Achamanam

Water should be poured into the right hand with a uddharina (not a steel one) and the following mantras should be recited one at a time, each time taking water in without touching the upper lip.

Aim Atma Tatvaya Swaha

Klim Vidya Tatvaya Swaha

Sauh Shiva Tatvaya Swaha

Now while reciting the following mantra, pour water in the right hand and drop it through middle finger and ring finger into the plate.

Aim klim sauh sarva tatvebhyah svaha

4. Pranayama

Closing the left nostril with the ring finger of the right hand, inhale through the right nostril and chant the Gayatri Mantra once (**Om Bhurbhuvasvah Tatsa Vithurvarenyam, Bhargo Devasya Dhimahi, Dhiyoyonah Prachodayat**).

Close the right nostril with the right thumb, hold the breath and chant the Gayatri mantra twice.

Open the left nostril and exhale through it, chanting the Gayatri Mantra once.

Finally, after exhaling the air completely, chant the Gayatri Mantra once, holding the breath (inhaling and exhaling).

Repeat the above process by inhaling again through the left nostril. It is a pranayama. If you do this three times for several years, you will get a dynamic divine body according to the Shastras.

5. Sankalpa

Take Akshata mixed with Turmeric in the right hand, close the fist, place the right fist on the left palm, keep both together on the right thigh and say the following sankalpa:

Mama Upatta Samastha Durita Kshaya Dwara, Sri Dattatreya Paramesvaramuddishya, Sri Dattatreya Paramesvara Anugraha Dwara, Vaksuddhi, Vaksiddhi Yogyata Siddhyartham, Yatha Shakti, Dattatreya Havanam Karishye.

After chanting the above mantra, the akshatas should be dropped into Homagunda along with water.

Take camphor in a plate (brass or copper), light it, hold it in front of your face, i.e. face, and chant the Gayatri mantra 3 times in a loud voice. While reciting for the third time, lighted camphor in the plate should be dropped in the middle of the Samidhas. A few more samidhas should be piled on the fire and the fire should be well lit.

Invocation of Agnidevata (fire god)

Next, take Akshata with the right hand and chant the mantra below.

**" Agnim Dootam Vrunimahe, Hotaram Vishva Vedhasam,
Asya Yajnyasya Sukratum, Raam Ream Room Raim Raum Rah
Ramalavarayoom Agni Mandalaya Namah Agnim Avahayami ”**

After chanting, akshatas should be placed in the fire and the fire deity should be invoked.

Six Upacharams of Fire God.

1. Sandalwood powder should be put in the fire saying:

Agni Devata Prityartham Gandham Samarpayami.

2. Put a flower in the fire saying:

Agni Devata Prityartham pushpam samarpayami.

3. Show an incense stick to Agni Deva and put it into the fire saying: **Agni Deva Prityartham Dhupam Samarpayami.**

4. One should show an oil lamp to the fire god saying: **Agni Devata Prityartham Deepam Samarpayami.**

5. Food should be offered to fire god saying:

Agni Devata Prityartham Naivedyam Samarpayami

Take almonds, cashews and dry fruits in a plate.

**Om bhurbhuvussuvah tatsaviturvarenyam bhargo devasya dhimahi,
dhiyoyonah prachodayat**

While reciting that, sprinkle pure water around the plate with uddarina in clock-wise direction.

Next, water should be sprinkled on the substance saying **amritamastu.**

Water should be sprinkled around as mentioned earlier saying **amrutopastaranamasi.**

Then, reciting the following mantras, one should offer (drop into the fire) all these materials six times for each mantra.

1. **Om Pranaya Swaha**
2. **Om Apanaya Swaha**
3. **Om Vyanaya Swaha**
4. **Om Udhanaya Swaha**
5. **Om Samanaya Swaha**
6. **Om Brahmane Swaha**

Later, one should leave the pure water in a plate with Uddharina saying **Madhe Madhe paaneyam Samarpayami.**

Then after the offering, **Uttara Auposhanam Kalpayami** should be said and the pure water should be sprinkled in counter-clock-wise direction around the plate.

Afterwards, one should leave the pure water in a plate with Uddharina saying **Hastau Prakshalayami.**

Later, one should leave the purified water in a plate with Uddharina saying **Padau Prakshalayami.**

Then, one should leave the pure water in a plate with Uddharina saying **Mukhe Shuddha Achamaniyam Samarpayami.**

Invocation of Dattatreya (Homa Deity)

Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Jnana Sagara Dram Hreem Om Dattatreyam Avahayami

Chanting this mantra, Akshatas should be placed in the fire and Dattatreya Swami should be invoked in the fire.

Six services to Homa Deity.

1. Sandalwood powder should be dropped into the fire chanting: **Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Jnana Sagara Dram Hreem Om Dattatreya Prityartham Gandham Samarpayami.**
2. A flower should be placed in the fire saying: **Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Jnana Sagara Dram Hreem Om Dattatreya Prityartham Pushpam Samarpayami.**
3. **Om Hrim Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hrim Om**

Dattatreya Prityartham Dhupaman Samarpayami Incense stick should be shown to the fire and incense should be placed in the fire.

4. An oil lamp should be shown to the fire saying **Om Hrim Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hrim Om Dattatreya Prityartham Deepam Samarpayami.**
5. Food should be offered to Swami saying **Om Hrim Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Jnana Sagara Dram Hrim Om Dattatreya Prityartham Naivedyam Samarpayami**

Take almonds, cashews and dry fruits in a plate.

Om bhurbhuvussuvah tatsaviturvarenyam bhargo devasya dhimahi, dhiyoyonah prachodayat

While reciting that, sprinkle pure water around the plate with uddarina in clock-wise direction.

Next, water should be sprinkled on the substance saying **amritamastu.**

Water should be sprinkled around plate as mentioned earlier as **amrutopastaranamasi.**

Then, while reciting the following mantras, one should offer (drop into the fire) all these materials six times for each mantra.

1. **Om Pranaya Swaha**
2. **Om Apanaya Swaha**
3. **Om Vyanaya Swaha**
4. **Om Udhanaya Swaha**
5. **Om Samanaya Swaha**
6. **Om Brahmane Swaha**

Later, one should leave the pure water in a plate with Uddharina saying **Madhe Madhe Paaneyam Samarpayami.**

Then after the offering, **Uttara Auposhanam Kalpayami** should be said and the pure water should be sprinkled in counter-clock-wise direction around the plate.

Afterwards, one should leave the pure water in a plate with Uddharina saying **Hastau Prakshalayami.**

Later, one should leave the purified water in a plate with Uddharina saying Padau Prakshalayami.

Then, one should leave the pure water in a plate with Uddharina saying **Mukhe Shuddha Achamaniyam Samarpayami.**

Ajya Samskaram

Take enough ghee for Homa in a brass or copper vessel, hold two darbhas or two agaruvattis (incense sticks) dipped in the ghee, and chant moola mantra:

Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om

The moola mantra should be recited seven times.

Later, these darbhas or agaruvattis (incense sticks) should be placed at the bottom of the ghee vessel considering as darbhasana (seat).

Sruk Sruva Samskaram

Holding the sruka sruvas (special wooden ladles used for offering ghee) in the left hand, touching the pure water with the right ring finger, chanting the Dattatreya Moola Mantra, wipe (purify) the sruka sruvas one by one, from beginning to end.

main homa

If there is gurumantra diksha, one should offer ghee ahutis (i.e. pour ghee into fire) twice, reciting Swaha at the end of the gurumantra. If no gurumantra diksha,

Gururbrahma Gururvishnuh Gururdevo Maheshwarah

Gurussakshat parabrahma tasmaishri guravenamah swaha

two ghee ahutis should be offered in this manner.

Then, if there is Ganapati Mantra Deeksha, add Swaha at the end of the Ganapati Mantra and offer four Pela Ahutas (Puffed rice) to Ganapati. If no Ganapati Mantra Deeksha, then chant the following mantra four times offering four ahutis:

Om gam ganapataye namah svaha

Next, offer a pre-determined number of ahutis (16 or 108 for example) to Lord Dattatreya by adding Swaha to the moola mantra of Lord Dattatreya, that is

Om Hreem Dram Dattatreya Harekrishna Unmattananda Dayaka Digambara Mune Bala Pishacha Gnana Sagara Dram Hreem Om Swaha

Chanting that, ghee ahutis or pela (puffed rice) ahutis, or any of the below home materials should be submitted into the fire:

1. Havissu (a special homa material cooked with rice, fenugreek and cumin seeds)
2. Vibhudi
3. sandalwood
4. White mustard
5. honey
6. Mixture of nutmeg and mace
7. A mixture of black sesame seeds and rice (in 1-2 ratio).
8. A mixture of green camphor and cardamom powder
9. Bilwa leaves
10. Sampenga flowers
11. Brahmi leaves
12. Other materials

Poorna Ahuti

Mayakrita homa pratishtapana siddartham maha vyahrti havanam karishye

Chant the above sankalpa and recite the mantras shown below and offer the four ghee ahutis (while pronouncing svaha).

1. **Om bhuragnayecha prithivyaicha mahatecha svaha agnaye prithivyai mahate idam na mama**
2. **OM BHUVO VAYAVECHA ANTARIKSHAYACHA MAHATECHA SWAHA VAYAVE ANTARIKSHAYACHA MAHATE IDM NA MAMA**
3. **Om Suvaradityayacha Divecha Mahatecha Swaha Adityayacha Divecha Mahate Idam Na Mama**
4. **Om bhurbhuvassuvah chandramasecha nakshatrebhyascha digbhyascha mahatecha svaha chandramase nakshatrebhyo digbhyo mahate idam na mama**

Next, poorna ahuti should be arranged in a copper plate.

Details of Purnahuti Drayavas

Dry coconut husk, two betel leaves, vakka (betelnut), sandalwood powder, turmeric, vibhudi, saffron, coins, one fruit (either banana or apple or any other), nutmeg, mace, cardamom, green camphor, cashew nut, almond nut, pistachio nut. , raisins. All these should be put in a cotton cloth.

Standing up, holding the plate containing Purnahuti materials, applying ghee on these Purnahuti materials 12 times, counting numbers in Sanskrit if possible (**Ekam, Dve, Trini, Chatwari, Pancha, Shat, Sapta, Ashta, Nava, Dasha, Ekadasa, Dwadasa**).

Itah purvam prana buddhi deha dharma adhikharatah jagrut swapna sushupti avastasu, manasa, vacha, karmana, hastabhyam, padbhyam, udarena, shisnam, yonyah, yasmritam, yaduktam, yatkritam, tatsarvam brahmarpanam bhavatu svaha

While reciting the above Prayaschitta (asking for forgiveness) mantra at **Brahmarpanam Bhavatu Swaha**, one should slowly drop the materials from the Poornahuti plate into the fire.

While chanting the Dattatreya mantra or singing the Swami's bhajans, one should perform three circumambulations around the Homagunda.

Then sit in the same position and collect homa bhasma here and there with srukku (wooden ladle). Alternatively, the darbhas should be burnt in the homagni and held vertically to prepare homa bhasma as well.

Taking the Akshatas in the right hand, take the water from vessel using the left hand, pour the water in the right hand and drop the Akshatas along with water into a plate while chanting:

Mantraheenam, Kriyaheenam, Dravya Heenam Bhakti Heenam, Shraddha Heenam Maheshwaraa, Yatpujitam Maya Deva Paripoornam Tadastute.

Anaya mayakrita etat homa sarvam dattatreya paramesvararpanamastu

Finally, with both palms facing upwards, chant:

Hritpadma Karnika Madhe Shivena Saha Sankari,

Pravishatvam Mahadevi, Sarva Aavaranaissah,

Chidagnim Devatamscha Atmani Yatha Prashantham Praveshami

By reciting the mantra, we should rekindle the fire within us.

With namaskara mudra, chant:

Om Poornamidah Poornamidam Poornat Poornamudachyate

Purnasya Purnamadaya Purnamevavasishate

Finally.

Harih om Sri Gurubhyonamah

Harih om Tatsat

Then one should complete the homa process with guru mudra (if not known perform namaskara mudra).

Finally, the homa bhasma taken earlier should be worn as a raksha on the forehead and should also be applied as a raksha to others.

Iti Shivam.

Lord Dattatreya is an important deity in Vishuddhi Chakra in Srividya Sadhana as he grants the two important assets: Vakshuddhi, and Vaksiddhi. Therefore, Dattatreya Upasana can also be said to be a branch of Srividya. Therefore, those who have the energy, time and faith and devotion, can perform Dattatreya Upasana as described above and receive the grace of Goddess in the form of Lord Dattatreya.