



**Srividya Learning Centre**



## Sri Dakshinamurthy Upasana

### Shree Metho Dakshina Murthy Devata Nitya Pooja

#### 1. Dhyanam (meditation)

In case of Guru Mantra Deeksha, the Guru Mantra should be recited twice; if not, the following Shloka should be recited twice. This recitation should be done with either Guru Mudra or Namaskara Mudra.

Gurubrahma, Gururvishnuh, Gururdevo Maheshwaraha,  
Gurussakshat Parabrahma, Tasmai Sri Gurave Namah.

#### 2. Ganapati meditation

This step should be performed with Namaskara Mudra. Ganapati Mantra should be recited four times (by people who have Ganapati Mantra deeksha), or the following sloka should be recited once.

Shuklambaradharam Vishnum, SashivarNam charturbhujam,  
Prasanna vadanam dhyayet, sarva vighnopasaantaye.

#### 3. Achamanam

Water should be poured into the right hand with a uddharina (not a steel one), and the following mantras should be recited one at a time, taking it in without touching the upper lip.

Aim Atma Tatvaya Swaha  
Kleem Vidya Tatvaya Swaha  
Sauh Shiva Tatvaya Swaha

While reciting the following mantra, pour water in the right hand and drop it into a plate between the middle finger and ring finger.

Aim kleem sauh sarva tatvebhyah svaha

#### 4. Pranayama

Closing the left nostril with the ring finger of the right hand, inhale through the right nostril and chant the Gayatri Mantra once (Om bhurbhuvasvah tatsa vithurvareNyam, bhargo devasya dhimahi, dhyoyonah prachodayat).

Close the right nostril with the right thumb, hold your breath and chant the Gayatri mantra twice.

Open the left nostril and exhale through it, chanting the Gayatri Mantra once.

Finally, after exhaling the air completely, chant the Gayatri Mantra once, holding the breath (inhaling and exhaling).

Repeat the above process by inhaling again through the left nostril. It is ONE pranayama. If you do this three times, that completes the pranayama step. If this step is done for years, you will get a dynamic divine body, according to the Shastras.

#### 5. Sankalpa

Take Akshata mixed with Turmeric in the right hand, close the fist, place the right fist on the left palm, keep both together on the right thigh and say the following sankalpa:

Mama Upatta Samastha Durita Kshaya dwaara, Sri Metho Dakshina Murthy Devataamuddishya, Sri Metho Dakshina Murthy Devata Anugraha Siddhyartham, Yatha Shakti, Sri Metho Dakshina Murthy Devata Nitya Pujaam Karishye.

After this, the Akshatas mentioned above should be dropped into a plate with water.

### Shodashopacharas (16 upachaaraas)

#### 1. Dhyanam (meditation)

Taking akshatas in right hand,  
"Om Namoh Bhagawathe Dakshinamurthaye Mahyam Metham Prajnaam Prayachha Swaha, Om Sri Metho Dakshina Murthy Devatayainamah Dhyayami" one should place Akshatas on the image or yantra of Lord.

#### 2. Invocation

Taking akshatas in right hand,  
Saying " Om Namoh Bhagawathe Dakshinamurthaye Mahyam Metham Prajnaam Prayachha Swaha, Om Sri Metho Dakshina Murthy Devatayai Namah Avahayami " , one should place Akshatas on the image or yantra of Swami.

#### 3. Asana

Holding a flower in his right hand, chant:  
"Om Namoh Bhagawathe Dakshinamurthaye Mahyam Metham Prajnaam Prayachha Swaha, Om Sri Metho Dakshina Murthy Devatayai Namah Navaratna Khachita Simhasanarthe Pushpam Samarpayami"  
One should put a flower on Swami's image or yantra.

#### 4. Paadyam

Feeling that we are washing Swami's feet,  
Saying "Om Namoh Bhagawathe Dakshinamurthaye Mahyam Metham Prajnaam Prayachha Swaha, Om Sri Metho Dakshina Murthy Devatayai Namah Padyam Samarpayami", one should sprinkle water with a flower on the image or yantra of the Swami.

#### 5. Arghyam

Feeling that we are washing Swami's hands,  
Saying "Om Namoh Bhagawathe Dakshinamurthaye Mahyam Metham Prajnaam Prayachha Swaha, Om Sri Metho Dakshina Murthy Devatayai Namah Arghyam Samarpayami", one should sprinkle water with a flower on the image or Yantra of Swami.

## 6. Achamana

Feeling that we are offering water to Swami for drinking,  
Saying "Om Namo Bhagawathe Dakshinamurthaye Mahyam Metham Prajnaam Prayachha Swaha, Om Sri Metho Dakshina Murthy Devatayai Namah Achamanam Samarpayami", show the water to the image or yantra of Swami and receive that water.

## 7. Bath

Feeling that we are bathing Swami,  
Saying "Om Namo Bhagavate Dakshinamurthaye Mahyam Metham Prajnaam Prayachha Swaha, Om Sri Metho Dakshina Murthy Devatayai Namah Snapayami ", sprinkle water or Panchamrita, with a flower, on the image or Yantra of the Swami, chanting "Om namo Bhagavate Dakshina Mantramurthy Mahyaam Metham Prajnaam Prayachha Swaha" for 15 times.

(Panchamrita is a mixture of cow's milk, cow's curd, cow's ghee, honey, and sugar)

## 8. cloth

Take two flowers in the right hand, imagining that we are offering clothes to Swami  
Saying "Om Namo Bhagawathe Dakshinamurthaye Mahyam Metham Prajnaam Prayachha Swaha, Om Sri Metho Dakshina Murthy Devatayai Namah Vastram Samarpayami/Vastra Yugmaarthe Pushpam Samarpayami", the flowers should be placed on the image or yantra of the Lord.

## 9. Ornaments

Taking a flower or akshata in the right hand, imagining that we are offering ornaments to the Swami,

"Om Namo Bhagawathe Dakshinamurthaye Mahyam Metham Prajnaam Prayachha Swaha, Om Sri Metho Dakshina Murthy Devatayai Namah Abharanarthe Pushpam / Akshatan Samarpayami" the flower or Akshatas should be placed on the picture or yantra of the Lord.

## 10. sandalwood

Taking the sandalwood with the flower, imagining that we are applying sandalwood around Swami's neck,

Saying " Om Namo Bhagavate Dakshinamurthaye Mahyam Metham Prajnaam Prayachha Swaha, Om Sri Metho Dakshina Murthy Devatayai Namah Gandham Samarpayami", one should offer sandalwood on their image or Yantra of the Swami.

## 11. Kumkum

Thinking that we are offering kumkum (saffron) to Swami,  
Saying " Om Namo Bhagawathe Dakshinamurthaye Mahyam Metham Prajnaam Prayachcha Swaha , Om Sri Metho Dakshina Murthy Devatayai Namah Kunkumam Samarpayami " , one should offer kumkum on the image or Yantra of the Swami.

Here one should worship the Lord with flowers or Akshatas. As part of the puja, Sri Metho Dakshinamurthy Ashtottaram should be recited.

## Sri Dakshinamurthy Ashtottara Namavali

Om VidyarupiNe	Namah
Om Mahayogine	Namah
Om Shuddhagnanine	Namah
Om Pinakadhruthe	Namah
Om ratnalankritasarvangiNe	Namah
Om Ratnamoulaye	Namah
Om Jatadharaya	Namah
Om Gangadharaya	Namah
Om Achalavasine	Namah   9
Om Mahagyanine	Namah
Om Samadhikrite	Namah
Om Aprameyaya	Namah
Om Yoganidhaye	Namah
Om Tarakaya	Namah
Om Bhaktavatsalaya	Namah
Om Brahm rupiNe	Namah
Om Jagadvyapine	Namah
Om Vishnumurthaye	Namah   18
Om Puraatanaaya	Namah
Om Ukshavaahaya	Namah
Om Charmavasase	Namah
Om Peetambara VibhushaNaya	Namah
Om Mokshadayine	Namah
Om Moksha Nidhaye	Namah
Om Andhakaraye	Namah
Om Jagatpataye	Namah
Om VidyadhariNe	Namah   27
Om Shuklatanave	Namah
Om Vidyadayine	Namah
Om Ganadhipaya	Namah
Om Praudhapasmriti Samhartre	Namah
Om Sashimoulaye	Namah
Om Mahasvanaya	Namah
Om Saamapriya	Namah
Om Avyayaaya	Namah
Om Sadhave	Namah   36
Om Sarvavedairalankritaaya	Namah
Om Haste Vahni Dharaya	Namah
Om Shrimate Mrigadharine	Namah
Om Vashankaraya	Namah
Om Yajnanaathaya	Namah
Om Kratudhvansine	Namah
Om Yajnabhoktre	Namah
Om Yamaantakaya	Namah
Om Bhaktanugrahamurtaye	Namah   45
Om Bhaktasevyaaya	Namah
Om Vrishadhwajaya	Namah
Om Bhasmodhulitasarvangaya	Namah
Om Akshamaladharaya	Namah
Om Mahate	Namah
Om Trayimurtaye	Namah

Om Parabrahmane	Namah
Om Nagarajairalankritaya	Namah
Om Shantrupayamahagyanine	Namah   54
Om SarvalokavibhushaNaya	Namah
Om Ardhanarishwaraya	Namah
Om Devaya	Namah
Om Munisevyaaya	Namah
Om Surottamaaya	Namah
OM Vyaakhyaanadevaaya	Namah
Om Bhagavate	Namah
Om Ravichandragnilochanaya	Namah
Om Jagadgurave	Namah   63
Om Mahadevaya	Namah
Om Mahananda Parayanaya	Namah
Om Jataadharine	Namah
Om Mahayogine	Namah
Om Jnanamaalairalankritaya	Namah
Om Vyomagangajalasthanaya	Namah
Om Vishuddhaya	Namah
Om Yataye	Namah
Om Urjitaaya	Namah   72
Om Tattvamurtaye	Namah
Om Mahayogine	Namah
Om Mahasaarasvatapradaya	Namah
Om Vyomamurtaye	Namah
Om Bhaktaanamishtaya	Namah
Om Kamaphalapradaya	Namah
Om Paramurtaye	Namah
Om Chitswarupine	Namah
Om Tejomurthaye	Namah   81
Om Anaamayaya	Namah
Om Vedavedanga Tattvajnaya	Namah
Om Chatuhshastikalaanidhaye	Namah
Om Bhavarogabhayadhvansine	Namah
Om Bhaktanamabhayapradaya	Namah
Om Nilagreevaya	Namah
Om Lalataakshaya	Namah
Om GajacharmaNe	Namah
Om Gatipradaya	Namah   90
Om AraagiNe	Namah
Om Kamadaaya	Namah
Om Tapasvine	Namah
Om Vishnuvallabhaya	Namah
Om Brahmachaarine	Namah
Om Sanyasine	Namah
Om GrihasthashramakaaraNaya	Namah
Om Daantaaya	Namah
Om Samavataam Shreshthaya	Namah   99
Om Satyarupaya	Namah
Om Dayaparaya	Namah
Om Yogapattabhiramaya	Namah
Om Veenadhaarine	Namah
Om Vichetanaya	Namah

Om Mati Prajnasudhadharine      Namah |  
Om Mudrapushtadharanaya      Namah |  
Om Vethaladi Pishachaugha Rakshasaugha Vinashanaya Namah |  
Om Roganam Vinihantre      Namah |  
Om Sureshvaraya      Namah | 108

Iti Sri Dakshinamurthy Ashtottarasatanamavali |

### 12. Incense

Light the incense, extinguish the flame,  
Saying " Om Namō Bhagavate Dakshinamurthaye Mahyam Metham Prajnam  
Prayachcha Swaha , Om Sri Metho Dakshina Murthy Devatayai Namah  
Dhupamaghrapayami " offer incense to Swami.

### 13. Deepam (Lamp)

Taking the deepam in the hand and holding it above the heart,  
Saying " Om Namō Bhagavate Dakshinamurthaye Mahyam Metham Prajnaam  
Prayachcha Swaha , Om Sri Metho Dakshina Murthy Devatayai Namah Deepam  
Samarpayami ", show the lamp to Swami.

### 14. Offering

One should keep the fruits / pakwannams (freshly cooked material) in a platter,  
sprinkle water around the platter (from left to right), and recite the mantra below.  
Om bhurbhuvassuvah tatsaviturvareNyam bhargodevasya dhimahi dhiyoanah  
prachodayat

Om Apojyoti Rasomritham Brahma Bhurbhuvassuvarom

Then, saying amritamastu, a drop of water should be sprinkled on the offering.  
Then the following mantra should be chanted while sprinkling water around the  
offering

Amruto pastaranmasi, satyanta varthena parishinchami (while making offerings during  
the day)

Amruto pastaranmasi, ritantatvartena parishinchami (while making oblations at night)  
Saying "Om Namō Bhagavate Dakshinamurthaye Mahyam Metham Prajnaam Prayaccha  
Swaha , Om Sri Metho Dakshina Murthy Devatayai Namah Naivedyam Samarpayami " .  
Then recite the following mantras and offer offerings to the Swami six times.

Om Pranaya Swaha  
Om Apanaya Swaha  
Om Vyanaya Swaha  
Om Udhanaya Swaha  
Om Samanaya Swaha  
Om Brahmane Swaha

After making this oblation, offer water to Swami (for drinking).  
You should show the water from the Uddharina to the Swami and accept that water,  
saying "madhye madhye paaneyam samarpayami".

- Then, sprinkling water around the plate in an aparadakshina (right to left – counter clock wise) manner, one should say “Amritapidhanamasi Uttaraposhanam Samarpayami”.
- Feeling that we are washing Swami’s hands, saying “Hastau Prakshalayami”, show some water to Swami with Udharina and release it in the plate.
- Feeling that we are washing Swami’s feet, saying “Padau Prakshalayami”, show some water to Swami with Udharina and release it in the pan.
- Thinking that we are offering drinking water to Swami, saying “Achamaniyam Samarpayami”, show some water to Swami should show them the water with Uddharina and release it in the plate.
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#### 15. mantra pushpam

Taking flowers or akshatas in hand,

“Om Namo Bhagavate Dakshinamurthaye Mahyam Metham Prajnaam Prayaccha Swaha, Om Sri Metho Dakshina Murthy Devatayai Namah Mantrapushpam Samarpayami”

Om Dakshina Murthy Vidmahe Dhyanaasthaya Dhimahi, Tanno Dhisah Prachodayat  
Om vrishabha-dhvajaya vidmahe GhruNi-hastaya dhimahi, tanno dakshinamurti prachodayat

After saying that, the flowers or Akshatas should be placed on the image or Yantra of the Lord.

#### 16. Nirraajanam

Then light camphor and show it to the Swami and recite the following mantras.

“ Om Namo Bhagavate Dakshinamurthaye Mahyam Metham Prajnaam Prayaccha Swaha , Om Sri Metho Dakshina Murthy Devatayai Namah Neerajanam Samarpayami ”

- Here you can sing the Harati song.
- Then release a drop of water in the plate.
- Applying the heat (heat) of the arathi to the eyes with both hands, one should say “Rakshaam Dharayami” .
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#### Pooja offering

- Finally, take the Akshatas in the right hand and pour water as a thin stream from the top of the Akshatas. Water and Akshats – should flow into a plate through the passage between the middle and ring fingers. While doing this the following mantra should be recited.

“ Mantra heenam, Kriyaa heenam, Bhakti heenam, Shraddha heenam, Dravya heenam Paramesvara, Yat Pujitam Maya Deva paripoorNam tadastute. Mayaa Krita Shri Metho DakshiNa Murthy Devataa Nitya Puja Phalam Sarvam Shri Metho Dakshina Murthy Devata Arpanamastu.”

- Om Purnamathah Purnamidam Purnat Purnamudachyate, Purnasya Poornamadaya Poornameva Avashishyate  
Om Shantih Shantih Shantih

#### 1. chant

Metho Dakshina Murthy Mantra

“Om Namo Bhagavate Dakshinamurthaye Mahyam Metham Prajnaam Prayachcha Swaha”

The above mantra should be chanted with concentration not less than 108 times every day during Brahma Muhurta, being clean. The more you chant, the more results you will get.

There are two things in this mantra. Intelligence and Prajna (supreme knowledge). Intelligence is the best of intellects used in worldly affairs. The supreme spiritual knowledge is called Prajna. It is said that "pragnaanam brahma" or supreme knowledge is Brahman. Thus, this Dakshinamurthy is the deity who bestows both intelligence and supreme knowledge. By chanting this Metho Dakshinamurthy mantra there is a possibility to escape from the difficulties arising in this Guru Chandala Yoga.

## 2. Tarpanams

### Shree Metho Dakshina Murthy tarpana Vidhi

In a silver or copper vessel, panchamrits should be kept ready. After completing Achamana and Pranayama as usual, take Akshata mixed with turmeric in the right hand, close the fist, place it on the left palm, and keep both together on the right thigh and say the following sankalpa.

"Mama Upatta Samastha Durita Kshaya Dwaara, Sri Metho Dakshina Murthy Devataamuddishya, Sri Metho Dakshina Murthy Devata Anugraha Siddhyrthyam, Sri Metho Dakshina Murthy Devata Tarpanam Karishye."

After saying that, Akshatas mentioned above should be dropped into a plate along with water.

### Moolamantra

Om Namo Bhagavate Dakshinamurthaye Mahyaam Metham Prajnaam Prayaccha Swaha  
Tarpayami Namah  
Tarpanams should be done 108 times with this mantra.

### Teertham reception

Taking tarpana water in right hand,  
"Ayur aarogyam Aiswaryam Balam Pushtir Mahad Yashah  
Kavitvam Bhukti Mukticha Sri Metho Dakshina Murthy Tarpanath  
Saying that, one should offer a drop of tarpana water in Gurusthana and then accept that tarpana water. You can take bath with tarpana water.

**In the 38th chapter of Dakshinamurthy Samhita, Sri Dakshinamurthy's Tarpanas are fully described. But that's not for everyone to perform. It should only be performed by those who do intense Upasana through Shakteya Upasana, that too learning the procedure from a Guru, and doing it only under the guidance of Guru.**

As part of the upasana that everyone does, it is enough to perform Tarpanam 108 times with Moolamantra.

## 3. Homam

### Shree Metho Dakshinamurthy Laghu Homa Vidhi

#### 1. Guru Dhyanam (meditation)



2. Ganapati Dhyanam (meditation)
3. Achamanam
4. Pranayama

**The above four should also be done as mentioned in Nitya Pooja.**

5. Sankalpa

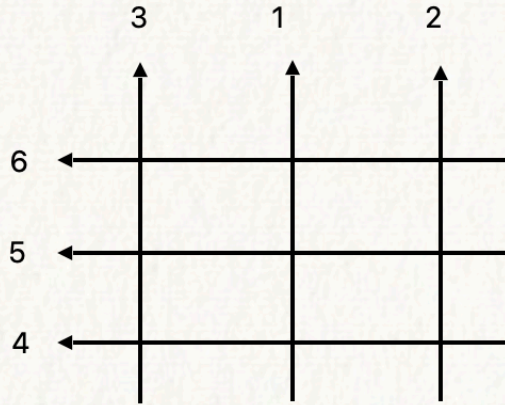
Take the akshatas into your right fist. Next, place that right hand on the left palm. Place these two hands on your right thigh and recite the intention as follows.

Mama Upatta Samastha Durita Kshaya Dwaara, Sri Metho Dakshina Murthy Devata Prityartham Laghu Margena Sri Metho Dakshina Murthy Devata Homam Karishye.

Saying that, the akshatas in the hand should be left in the plate.

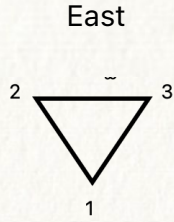
6. Face of fire

Sitting facing east, put rice flour in homa kunda and arrange it in a square shape. In that square, draw 6 lines with Incense stick or Darbha, chanting the following mantras.



1. Om BrahmaNe Namah
2. Om Yamaya Namah
3. Om Somaya Namah
4. Om Rudraya Namah
5. Om Vishnave Namah
6. Om Indraya Namah

9 samidhas or dry coconut pieces should be arranged in a triangular shape. As shown in this image or Yantra (1) the angle should be towards west. A camphor bill should be placed in the middle of that triangle.



Yajna Karta

Now chanting the Gayatri mantra, light some camphor in another plate, hold it parallel to the face and light the camphor in the triangle with its help. Fire should be intensified by adding some more samidhas.

#### 7. Invocation of Fire God

Holding Akshatas in your right hand, chant the following mantra.

Agnim Dootam Vrinimahe Hotaaram Vishwa Vedasam . Asya Yagnasya Sukratum.

Ram reem rum rime raum rah ramalavarayum agni mandalaya namah agnim aavahayami  
Upachara Pooja to Fire God

- Agni Devata Prityartham Gandham Samarpayami (Sandalwood should be offered to the Fire God.)
- Agni Devata Prityartham Pushpam Samarpayami (Flowers should be offered to the Fire God.)
- Agni Devata Prityartham Akshatam Samarpayami (Akshatas should be offered to the Fire God.)
- Agni Devta Prityartham Dhupam Aghrapayami (Incense sticks should be lit and incense should be offered to the Fire God.)
- Agni Devta Prityartham Deepam Darsayami (A lamp should be shown to the Fire God.)
- Agni Devta Prityartham Naivedyam Nivedayami

Dry fruits or sugar cubes should be offered as an offering. (Should follow the procedure mentioned in Nitya Pooja)

#### 8. Invocation of the main Homa deity (here Sri Metho Dakshinamurthy)

While chanting Metho Dakshina Murthy mantra as - "Om Namu Bhagawathe Dakshinamurthaye Mahyam Metham Prajnaam Prayaccha Swaha"

Put akshatas in the fire and say "Sri Metho Dakshina Murthy Devatham Avahayami", This invokes the Lord Dakshina Murthy in the fire.

Upachara Pooja to the main homam deity (here Sri Metho Dakshinamurthy)

**(Mula Mantra should also be recited in each upachara)**

- Sri Metho Dakshina Murthy Devatham Avahayami. (akshatas should be offered into fire)

- Sri Metho Dakshina Murthy Devta Prityartham Gandham Samarpayami.  
(Sandalwood should be offered.)
- Shree Metho Dakshina Murthy Devta Prityartham Akshatan Samarpayami.  
(Akshatas to be submitted.)
- Shree Metho Dakshina Murthy Devata Prityartham Pushpam Samarpayami.  
(Flower should be offered.)
- Shree Metho Dakshina Murthy Devata Prityartham Dhupam Samarpayami.  
(Light incense and offer incense.)
- Shree Metho Dakshina Murthy Devata Prityartham Deepam Samarpayami.  
(The lamp should be shown.)
- Shree Metho Dakshina Murthy Devata Prityartham naivedyam Nivedayami.  
(Put dry fruits or sugar cubes in a plate, sprinkle water around it and chant the mantra given below.)

Om bhurbhuvassuvah tatsavitaruvarenyam bhargo devasya dhimahi dhiyoyanah  
prachodayat, om apojyoti rasomrtam brahma bhurbhuvahssuvarom

A drop of water should be sprinkled on the offering and chant "Amritamastu". Then, sprinkling the water around the offering in clock-wise manner,  
"Amrutopastaranamasi satyantvartena parishinchami" (while making offerings during the day)

"Amrutopastaranamasi ritanta twartena parishinchami" (while making oblations at night)

saying,

Offerings should be offered to the Lord by reciting mantras with mudras.

- Om Pranaya Swaha
- Om Apanaya Swaha
- Om Vyanaya Swaha
- Om Udhanaya Swaha
- Om Samanaya Swaha
- Om Brahmane Swaha

After this, thinking that we are giving water to the Lord to drink, chant  
"madhye madhye paaneyam samarpayami"

While reciting the mantra, one should offer pure water to Lord with uddarina.  
Then, sprinkling the water around the offering plate in a counter-clockwise direction,  
The mantra should be chanted "Amritamastu Amritapidhanamasi Uttaraposhanam Samarpayami."

While reciting the following mantra and feeling we are washing Swami's hand, sprinkle water on the Lord.

"Hastau Praksalayami."

While reciting the following mantra and feeling we are washing Swami's feet, sprinkle water on the Lord.

"Padau Prakshalayami."

9. Ajya Samskaram

Holding two darbhas in right hand and touching the ghee in the vessel, chant the following mantra 7 times

"Om Namo Bhagavate Dakshinamurthaye Mahyam Metham Prajnaam Prayachcha Swaha"

Then, keeping the darbhas under the ghee vessel with a narrow end facing north, chant the Gayatri mantra once.

10. Main Homa

Note: Ghee or any other ahuti (pelas, 108 types of forest herbs) should be offered in the fire only while chanting "svaha".

(1) First, offer 2 ahutis (offerings) to Guru

Gurubrahma Gururvishnuh Gururdevo Maheshwarah  
Guru Sakshat Parabrahma Tasmai Sri Guravenamah Swaha  
(Reciting this mantra 2 times and offering oblations.)

(2) 4 ahutis to Ganapati

Om Shrim Hreem Kleem Gloum Gam Ganapataye Varavarada Sarvajanamme Vasa  
Maanaya Swaha Swaha  
(Reciting this mantra 4 times and offering oblations.)

(3) 108 sacrifices to Main Homa Deity

Om Namo Bhagavate Dakshinamurthaye Mahyam Metham Prajnaam Prayachh Swaha  
Swaha  
(Reciting this mantra 108 times and offering oblations.)

11. Final complete ahuti (poornaahuti)

Take 12 dates, fruit, or dry coconut, add ghee 12 times, and offer it to the fire reciting the following mantra.

Itahpurvam prana buddhi deha dharma adhikharatah jagrata swapna sushupti  
avasthasu manasa wacha karmana hastabhyam padbhyam udarena sishna yonyah yat  
smritam yaduktam yatkritam tatsarvam brahmarpanam bhavatu svaha

The remaining ghee in the vessel should be offered to the god of fire by reciting the following mantra.

Om purnamadah purnamidam purnat purnamudachyate, purnasya purnamadaya  
purnameva avasishyate.

One should circumambulate the fire 3 times while chanting the Gayatri Mantra.

Take some vibhuti (ash) from the fire with the help of a samida, mix it with ghee, wear it on your forehead and give it to others.

12. Udyapana (concluding) Fire

Chant the following mantra with your palms facing upwards and looking at the fire.

Then, you should take that energy into yourself, showing the impression that you are taking it into yourself.

Hritpadma Karnika Madhye Shivena Saha Shankari,  
 Pravisatvam Mahadevi Sarva Avaranai Saha  
 Chidagnim devatamscha atmani yatha shana praveshami

Then the following mantra should be chanted with namaskara mudra.  
 "Sobhanaarthe Punagamanayacha."

**Offering fruits of Homa**

While reciting the following mantra, take Akshatas in your right hand and pour water in a thin stream. The water and the akshatas must flow into a plate through a passage between the middle and ring fingers.

Mantraheenam Kriya Heenam Bhakti Heenam Shraddha Heenaam Dravya Heenaam  
 Parameshwara, Yatpujitam Maya Deva ParipoorNam Tadastute.  
 Anaya mayakrita etat homafalena, Sri Metho Dakshina Murti Devata Sampurna  
 Anugraha Siddhyartham, Sarvam, Sri Metho Dakshina Murti Devta Arpanamastu.

**Shri Metho Dakshinamurthy Yantra**

