

## Lalitha Sahasranama Samputeekarana

This is a special method of reciting **Lalitha Sahasranamam** which is used to resolve certain issues in our life like not getting job, not getting marriage, not getting children and suffering from chronic illness etc.

To do this Lalitha Sahasranamam needs to be recited in a special way by putting a specific line from Lalitha Sahasranamam before and after each line of Lalitha Sahasranamam.

Totally there are 365 lines in Lalitha Sahasranamam, we are giving a sample of recitation which is used for relief from knee pain the same method needs to be used for all the different lines which are described in next page.

### Example:

#### Samputeekarana for Knee pain: MaaNikya makutaakaaraa jaanudvaya virajithaa (2<sup>nd</sup> line of 17<sup>th</sup> sloka in Lalitha Sahasranamam)

māṇikya-mukuṭākāra-jānudvaya-virājita (17-2)

māṇikya-mukuṭākāra-jānudvaya-virājita (17-2)

Oṃ śrīmātā śrīmahārājñī śrīmat-siṃhāsaneśvarī (1-1)

māṇikya-mukuṭākāra-jānudvaya-virājita (17-2)

māṇikya-mukuṭākāra-jānudvaya-virājita (17-2)

māṇikya-mukuṭākāra-jānudvaya-virājita (17-2)

.....

māṇikya-mukuṭākāra-jānudvaya-virājita (17-2)

.....

cidagni-kuṇḍa-sambhūtā devakārya-samudyatā (1-2)

māṇikya-mukuṭākāra-jānudvaya-virājita (17-2)

māṇikya-mukuṭākāra-jānudvaya-virājita (17-2)

ābāla-gopa-viditā sarvānullaṅghya-śāsanā (182-1)

māṇikya-mukuṭākāra-jānudvaya-virājita (17-2)

māṇikya-mukuṭākāra-jānudvaya-virājita (17-2)

udyadbhānu-sahasrābhā caturbāhu-samanvitā (2-1)

māṇikya-mukuṭākāra-jānudvaya-virājita (17-2)

māṇikya-mukuṭākāra-jānudvaya-virājita (17-2)

śrīcakrarāja-nilayā śrīmat-tripurasundarī (182-2)

.....

māṇikya-mukuṭākāra-jānudvaya-virājita (17-2)

.....

māṇikya-mukuṭākāra-jānudvaya-virājita (17-2)

māṇikya-mukuṭākāra-jānudvaya-virājita (17-2)

kāmeśa-jñāta-saubhāgya-mārdavoru-dvayānvitā (17-1)

śrīśivā śiva-śaktyaikya-rūpiṇī lalitāmbikā (183-1)

māṇikya-mukuṭākāra-jānudvaya-virājita (17-2)

māṇikya-mukuṭākāra-jānudvaya-virājita (17-2)



Area of Life	Mantra	Line Number
Balancing of Spirituality and Mundane life	aṣṭamī candra vibhrāja dalīkasthala śobhitā	5-1
For Attractive speech	karpūravīti kāmoda samākara dīgantarā	10-2
For Good musical voice	nijasallāpa mādhyura vinirbhar-tsita kacchapī	11-1
For girls getting marriage	kāmeśabaddha māṅgalya sūtraśobhita kantharā	12-2
Winning husband's love with your feminine character	kāmeśvara premaratna maṇi pratipaṇastanī	14-1
	śivakāmeśvarāṅkasthā, śivā, svādhīna vallabhā	22-2
Reducing Knee pain	Manikya makutakara janudvaya virajita	17-2
Reducing Pain in calf muscle	indragopa parikṣipta smara tūṅābha jaṅghikā	18-1
For graceful walk and internal beauty	marālī mandagamanā, mahālāvanya śevadhiḥ	20-2
For inner and external beauty	sarvāruṇā navadyāṅgī sarvābharaṇa bhūṣitā	21-1
For fulfilment of reasonable desires	cintāmaṇi gṛhāntasthā, pañcabrahmāsanasthitā	22-2
Chakra awakening	mahāpadmāṭavī saṃsthā, kadamba vanavāsini	23-1
	kuḷāmṛtaika rasikā, kuḷasaṅketa pālīnī	36-2
	kuḷāṅganā, kuḷāntasthā, kauḷinī, kuḷayoginī	37-1
	akuḷā, samayāntasthā, samayācāra tatparā	37-2
Removal of inner enemies	devarṣi gaṇasaṅghāta stūyamānātma vaibhavā	24-1
	bhaṇḍaputra vadhodyukta bālāvikrama nanditā	29-1
For live energy	aśvārūḍhādhiṣṭhitāśva koṭikoṭi bhirāvṛtā	25-2
For effective planning	geyacakra rathārūḍha mantriṇī parisevitā	26-2
	mantriṇyambā viracita viśaṅga vadhatōṣitā	29-2
For tackling impotency and depression	viśukra prāṇaharaṇa vārāhī vīryananditā	30-1
For conceiving children	kāmeśvara mukhāloka kalpita śrī gaṇeśvarā	30-2
Removal of black magic	mahāgaṇeśa nirbhinna vighnayantra praharṣitā	31-1
For auspicious fame	brahmopendra mahendrādi devasaṃstuta vaibhavā /	33-2
	rājarājārcitā, rāññī, ramyā, rājīvalocanā /	71-1
	puṇyakīrtiḥ, puṇyalabhyā, puṇyaśravaṇa kīrtanā	111-1
Removal of negative energy in and out	duṣṭadūrā, durācāra śamanī, doṣavarjitā	51-1
All round auspiciousness	sarvaśaktimayī, sarvamaṅgalā, sadgatipradā	52-1
For Job and business	māheśvarī, mahādevī, mahālakṣmī, rmṛḍapriyā	53-2
For oneness with world	rakṣākarī, rākṣasaghnī, rāmā, ramaṅalampaṭā	72-2
For detachment	tāpatrayāgni santapta samāhlādana candrikā /	79-1
	saṃsārapaṅka nirmagna samuddharaṇa paṇḍitā	164-1



For inner peace	<b>svātmānandalavībhūta brahmādyānanda santatiḥ</b>	80-2
For removal of frigidity in women	<b>śṛṅgāra rasasampūrṇā, jayā, jālandharasthitā</b>	82-2
For Gynic problem	<b>nityaklinnā, nirupamā, nirvāṇa sukhadāyini</b>	85-1
Communication and managerial skills	<b>śivadūtī, śivārādhyā, śivamūrti, śśivaṅkarī</b>	88-2
Good thoughts and enjoying peace	<b>śāntiḥ, svastimatī, kānti, rrandinī, vighnanāśinī</b>	94-2
For Skin decease	<b>Paayasaanna Priya thwaksthaa pasuloka bhayankaree</b>	99-1
For Blood deceases	<b>daṃṣṭrojvalā, kṣamālādhidharā, rudhira saṃsthitā</b>	100-2
For muscular problems	<b>raktavarṇā, māṃsaniṣṭhā, guḍāna prītamānasā</b>	103-1
For intellectual ability or handling autism	<b>medoniṣṭhā, madhuprītā, bandinyādi samanvitā</b>	105-1
For removing back pain	<b>mūlādhārāmbujārūḍhā pañca-vaktrā'sthi-saṃsthitā</b>	106-1
For bone marrow problems	<b>majjāsaṃsthā, haṃsavaṭī mukhyaśakti samanvitā</b>	108-1
For Sperm count	<b>sarvāyudhadharā, śukla saṃsthitā, sarvatomukhī</b>	109-2
Food allergy	<b>sarvaudana prītacittā, yākinymbā svarūpiṇī</b>	110-1
Self-analysis	<b>vimarśarūpiṇī, vidyā, viyadādi jagatprasūḥ</b>	112-1
For Contentment	<b>nityatrptā, bhaktanidhi, rniyantrī, nikhileśvarī</b>	115-1
Removal of depression	<b>hṛdayasthā, raviprakhyā, trikoṇāntara dīpikā</b>	120-1
Focus in meditation	<b>dhyānagamyā, aparicchedyā, ṅṅānadā, ṅṅānavigrahā</b>	127-2
For achieving internal independency by coming out of external dependency	<b>sarvopādhi vinirmuktā, sadāśiva pativrata</b>	138-1
Terminal illness	<b>prāṇeśvarī, prāṇadātrī, pañcāsat-pīṭharūpiṇī</b>	156-1

