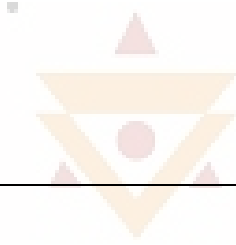


1. Suddha Sakthi SambuDhyantha Maala

Note: Please follow the below legend for ease of pronunciation:

- *S as in 'Sree Rama'*
- *s as in 'Seeta'*
- *Sh as in Shalini*
- *N as in Ganapati*
- *Ph as in Phalam, Phenomenon*
- *t as in Tomato*
- *T as in ViTTal*
- *th as in Tarun*
- *Th as in Thomas*
- *da as Andaman*
- *Da as in Devi*
- *Dha as in Dhanam*
- *O as in over*
- *oo as in fruit*
- *ee as in feel*
- *E as in yesterday*
- *Ai as in ice*



Aum Asya Sree Suddha Sakthi sambuDhyantha maala mahaa mantrasya
 upasthEnDriya aDhisTaayi varunaaditya Rishihi
 gayathree chanDaha
 saathvika kakaara peeTasThitha
 Siva KamESwaraanka nilayaa
 KamESwari lalitha mahaa bhatarikaa DEvata
 aim beejam, kleem Sakthihi souh keelakam
 khadga siddhou japE viniyOgaha

Karanyaasa:

Hraam AnguShTaabhyaam namaha – wipe your thumb with your index finger from bottom to top

Hreem Tarjaneebhyaam namaha - wipe your index finger with your thumb from bottom to top

Hroom Madhyamaabhyaam namaha - wipe your middle finger with the thumb from bottom to top

Hraim Anaamikaabhyaam namaha - wipe your ring finger with the thumb from bottom to top

Hroum KanishTikaabhyaam namaha - wipe your little finger with the thumb from bottom to top

Hraha Karathalakara prushTaabhyaam namaha - pass your hands one over the other touching your palms and the back of your hands.

Anganyaasa

Hraam HruDayaaya namah – touch your heart with your right hand

Hreem Sirase swaahaa – touch the top of your head with your right hand

Hroom Sikhayai vashat – touch the back of your head with right hand

Hraim Kavachaaya hum – cover yourself with both hands as if you are protecting yourself from the cold.

Hroum nEthra thrayaaya voushat - touch your three eyes with your index, middle and ring finger. The index finger touches the right eye, the middle finger touches the centre, the index touches the right and the ring touches the left eye.

Hraha Asthraaya phat Bhoor bhuva suvar om ithi digbanDhaha - When you are saying that, move your right hand around your head in a circular fashion. When you say Phat you clap and snap your fingers in the directions East, South, West and North

Dhyaanam:

thaaDruSam khadgamaapnOthi yEna hastha sthitEnavai
aShTaaDaSa mahaaDveepa samraadbhokthaa bhavishyathi II

PanchOpachaara Pooja:

Lam: Prithvi thathvaathmikam gandham parikalpayaami namah

Ham: Aakaasa thathvaathmikam pushpam parikalpayaami namah

Yam: Vaayu thathvathmikam dhoopam parikalpayami namah

Ram: Vahni thathvaathmikam deepam parikalpayaami namah

Sam: Sarva thathvaathmakaan sarvopachaaraan parikalpayaami namah

Aim Hreem Sreem OM **Namasthripura sunDari**
 Aim Hreem Sreem OM **HruDaya DEvi**
 Aim Hreem Sreem OM **SirODEvi**
 Aim Hreem Sreem OM **SikhaaDEvi**
 Aim Hreem Sreem OM **Kavacha DEvi**
 Aim Hreem Sreem OM **NEthraDEvi**
 Aim Hreem Sreem OM **Asthra DEvi**
 Aim Hreem Sreem OM **KaamESwari**
 Aim Hreem Sreem OM **Bhagamaalini**
 Aim Hreem Sreem OM **NityaklinnE**
 Aim Hreem Sreem OM **BhErundE**
 Aim Hreem Sreem OM **Vahni vaasini**
 Aim Hreem Sreem OM **MahaavajrESwari**
 Aim Hreem Sreem OM **SivaDoothi**
 Aim Hreem Sreem OM **thvarithE**
 Aim Hreem Sreem OM **kuLasunDari**
 Aim Hreem Sreem OM **nityE**
 Aim Hreem Sreem OM **neelapathaakE**
 Aim Hreem Sreem OM **vijayE**
 Aim Hreem Sreem OM **sarvamangaLE**
 Aim Hreem Sreem OM **Jwalaamaalini**
 Aim Hreem Sreem OM **chitrE**
 Aim Hreem Sreem OM **mahaa nityE**
 Aim Hreem Sreem OM **paramESwara paramESwari**
 Aim Hreem Sreem OM **mitrESamayi**
 Aim Hreem Sreem OM **ShashTeeSamayi**
 Aim Hreem Sreem OM **uddeeSamayi**
 Aim Hreem Sreem OM **charyaanaathamayi**
 Aim Hreem Sreem OM **IOpaamudhraamayi**



Aim Hreem Sreem OM **agasthyamayi**
 Aim Hreem Sreem OM **kaalataapanamayi**
 Aim Hreem Sreem OM **Dharmaachaaryamayi**
 Aim Hreem Sreem OM **muktha kESeesvaramayi**
 Aim Hreem Sreem OM **DeepakaLaanathamayi**
 Aim Hreem Sreem OM **vishnuDEvamayi**
 Aim Hreem Sreem OM **prabhaakara DEvamayi**
 Aim Hreem Sreem OM **tejODEvamayi**
 Aim Hreem Sreem OM **manOja DEvamayi**
 Aim Hreem Sreem OM **kalyaana DEvamayi**
 Aim Hreem Sreem OM **ratnaDEvamayi**
 Aim Hreem Sreem OM **vaasuDEvamayi**
 Aim Hreem Sreem OM **Sree raamaananDamayi**
 Aim Hreem Sreem OM **aNimaasiDDhE**
 Aim Hreem Sreem OM **laghimaasiDDhE**
 Aim Hreem Sreem OM **garimaasiDDhE**
 Aim Hreem Sreem OM **mahimaasiDDhE**
 Aim Hreem Sreem OM **EeSithvasiDDhE**
 Aim Hreem Sreem OM **vaSithvasiDDhE**
 Aim Hreem Sreem OM **praakaamyasiDDhE**
 Aim Hreem Sreem OM **bhukthisiDDhE**
 Aim Hreem Sreem OM **lcchaa siDDhE**
 Aim Hreem Sreem OM **praapthi siDDhE**
 Aim Hreem Sreem OM **Sarva kaamasiddhE**
 Aim Hreem Sreem OM **braahmi**
 Aim Hreem Sreem OM **maahEswari**
 Aim Hreem Sreem OM **koumaari**
 Aim Hreem Sreem OM **vaiShnavi**
 Aim Hreem Sreem OM **vaaraahi**



Aim Hreem Sreem OM **maahEnDhri**
 Aim Hreem Sreem OM **chaamundee**
 Aim Hreem Sreem OM **mahaalakshmi**
 Aim Hreem Sreem OM **sarvasankshObhiNi**
 Aim Hreem Sreem OM **sarva viDraaviNi**
 Aim Hreem Sreem OM **sarvaakarShiNi**
 Aim Hreem Sreem OM **sarva vaSankari**
 Aim Hreem Sreem OM **sarvOnmaaDini**
 Aim Hreem Sreem OM **sarva mahaankuSE**
 Aim Hreem Sreem OM **sarvakhEchari**
 Aim Hreem Sreem OM **sarva beejE**
 Aim Hreem Sreem OM **Sarva yOnE**
 Aim Hreem Sreem OM **Sarva thrikhandE**
 Aim Hreem Sreem OM **thrailOkya mOhana chakraswaamini**
 Aim Hreem Sreem OM **prakatayOgini**
 Aim Hreem Sreem OM **kaamaakarShiNi**
 Aim Hreem Sreem OM **buDhyaa karShiNi**
 Aim Hreem Sreem OM **ahamkaaraakarShiNi**
 Aim Hreem Sreem OM **SabDaa karShiNi**
 Aim Hreem Sreem OM **sparSaakarShiNi**
 Aim Hreem Sreem OM **roopaakarShiNi**
 Aim Hreem Sreem OM **rasaakarshiNi**
 Aim Hreem Sreem OM **ganDhaakarShiNi**
 Aim Hreem Sreem OM **chitthaakarShiNi**
 Aim Hreem Sreem OM **DhairyaakarShiNi**
 Aim Hreem Sreem OM **smrithyaakarShiNi**
 Aim Hreem Sreem OM **namaakarShiNi**
 Aim Hreem Sreem OM **beejaakarShiNi**
 Aim Hreem Sreem OM **aathmaakarShiNi**



Aim Hreem Sreem OM **amrithaakarShiNi**
 Aim Hreem Sreem OM **SareeraakarShiNi**
 Aim Hreem Sreem OM **SarvaaSaa paripooraka chakraswaamini**
 Aim Hreem Sreem OM **gupthayOgini**
 Aim Hreem Sreem OM **anangakusumE**
 Aim Hreem Sreem OM **anangamEkhalE**
 Aim Hreem Sreem OM **anangamaDanE**
 Aim Hreem Sreem OM **anangamaDanaathurE**
 Aim Hreem Sreem OM **anangarEkhe**
 Aim Hreem Sreem OM **anangavEgini**
 Aim Hreem Sreem OM **anangaankuSE**
 Aim Hreem Sreem OM **anagamaalini**
 Aim Hreem Sreem OM **sarva sankshObhaNa chakraswaamini**
 Aim Hreem Sreem OM **gupthathara yOgini**
 Aim Hreem Sreem OM **sarvasankshObhiNi**
 Aim Hreem Sreem OM **sarvaviDraaviNi**
 Aim Hreem Sreem OM **sarvaakarshiNi**
 Aim Hreem Sreem OM **sarvaahlaaDini**
 Aim Hreem Sreem OM **sarva sammOhini**
 Aim Hreem Sreem OM **sarvasthambhini**
 Aim Hreem Sreem OM **sarva jhrubhiNi**
 Aim Hreem Sreem OM **sarva vaSankari**
 Aim Hreem Sreem OM **sarva ranjani**
 Aim Hreem Sreem OM **sarvOnmaaDini**
 Aim Hreem Sreem OM **sarvaarthasaaDhini**
 Aim Hreem Sreem OM **sarvasampatthipooriNi**
 Aim Hreem Sreem OM **sarvamanthramayi**
 Aim Hreem Sreem OM **sarva DvanDva kshayamkari**
 Aim Hreem Sreem OM **sarva soubhaagya Daayaka chakraswaamini**

Aim Hreem Sreem OM **sampraDaaya yOgini**
 Aim Hreem Sreem OM **sarva siDDhipraDE**
 Aim Hreem Sreem OM **sarva sampathpraDE**
 Aim Hreem Sreem OM **sarva priyankari**
 Aim Hreem Sreem OM **sarva mangaLakaariNi**
 Aim Hreem Sreem OM **sarvakaamapraDE**
 Aim Hreem Sreem OM **sarvaDuhkha vimOchini**
 Aim Hreem Sreem OM **sarva mruthyupraSamani**
 Aim Hreem Sreem OM **sarva vighnanivaariNi**
 Aim Hreem Sreem OM **sarvaanga sunDari**
 Aim Hreem Sreem OM **sarva soubhaagya Daayini**
 Aim Hreem Sreem OM **sarvaartha saaDhaka chakraswaamini**
 Aim Hreem Sreem OM **kuLotheerNayOgini**
 Aim Hreem Sreem OM **sarvajnE**
 Aim Hreem Sreem OM **sarvaSakthE**
 Aim Hreem Sreem OM **sarva aiSwaryapraDE**
 Aim Hreem Sreem OM **sarvajnaanamayi**
 Aim Hreem Sreem OM **sarvavyaaDhi vinaaSini**
 Aim Hreem Sreem OM **sarvaaDhaara swaroopE**
 Aim Hreem Sreem OM **sarvapaapaharE**
 Aim Hreem Sreem OM **sarvaananDamayi**
 Aim Hreem Sreem OM **sarva rakshaaswaroopiNi**
 Aim Hreem Sreem OM **sarvEpsitha phalapraDE**
 Aim Hreem Sreem OM **sarvarakshaakara chakraswaamini**
 Aim Hreem Sreem OM **nigarbhayOgini**
 Aim Hreem Sreem OM **vaSini**
 Aim Hreem Sreem OM **kaamESwari**
 Aim Hreem Sreem OM **MODini**
 Aim Hreem Sreem OM **vimaLE**

Aim Hreem Sreem OM **aruNE**

Aim Hreem Sreem OM **jayini**

Aim Hreem Sreem OM **sarvESwari**

Aim Hreem Sreem OM **kouLini**

Aim Hreem Sreem OM **sarvarOgahara chakraswaamini**

Aim Hreem Sreem OM **rahasya yOgini**

Aim Hreem Sreem OM **baaNini**

Aim Hreem Sreem OM **chaapini**

Aim Hreem Sreem OM **paaSini**

Aim Hreem Sreem OM **ankuSini**

Aim Hreem Sreem OM **mahaakaamESwari**

Aim Hreem Sreem OM **mahaavajrESwari**

Aim Hreem Sreem OM **mahaabhagamaalini**

Aim Hreem Sreem OM **mahaa SreesunDari**

Aim Hreem Sreem OM **SarvasiDDhipraDa chakraswaamini**

Aim Hreem Sreem OM **athirahasya yOgini**

Aim Hreem Sreem OM **Sree Sree mahaa bhattachariKE sarvaanandamaya chakraswamini**

Aim Hreem Sreem OM **paraapara rahasyayOgini**

Aim Hreem Sreem OM **thripurE**

Aim Hreem Sreem OM **thripurESE**

Aim Hreem Sreem OM **thripurasunDari**

Aim Hreem Sreem OM **thripuravaasini**

Aim Hreem Sreem OM **thripuraaSree**

Aim Hreem Sreem OM **thripuramaalini**

Aim Hreem Sreem OM **thripuraasiDDhE**

Aim Hreem Sreem OM **thripuraamba**

Aim Hreem Sreem OM **mahaa thripurasunDari**

Aim Hreem Sreem OM **mahaa mahESwari**

Aim Hreem Sreem OM **mahaa maharaajni**

Aim Hreem Sreem OM **mahaa mahaaSakthE**

Aim Hreem Sreem OM **mahaa mahaa gupthE**

Aim Hreem Sreem OM **mahaa mahaajnapthE**

Aim Hreem Sreem OM **mahaa mahaananDE**

Aim Hreem Sreem OM **mahaa mahaaspanDE**

Aim Hreem Sreem OM **mahaa mahaaSayE**

Aim Hreem Sreem OM **mahaa mahaa Sree chakra nagara saamraajni**

namasthE! namasthE! namasthE! namaha

*AnEka mayaakrutha SuDDha Sakthi sambuDhyantha maala mantra paaraayaNa
japEna*

Bhagavati saatwika Ka kaara peeTasthitha

Siva kamEswaraanka nilayaa

KamESwaree Lalitha bhattaarika

supreetha suprasanna varaDa bhavathu



2.SuDDha Sakthi NamOntha Maala

Asya Sree Suddha Sakthi namOntha maala mahaa manthrasya

payyinDri aDhiShTayi mitraDithya rushihi

uShNik chanDaha

bhogaDa Ekaara bhattaaraka peeTasThitha

Ekaveera kaamESvaraanka nilayaa

E-ka-laa lalitha mahaa bhattaarika DEvatha

aim beejam, kleem Sakthihi, souh keelakam

PaaDukaa - siDDhou viniyOgaha

Karanyaasa:

Hraam AnguShTaabhyaam namaha-wipe your thumb with your index finger from bottom to top

Hreem tharjaneebhyaam namaha - wipe your index finger with your thumb from bottom to top

Hroom Madhyamaabhyaam namaha - wipe your middle finger with the thumb from bottom to top

Hraim Anaamikaabhyaam namaha - wipe your ring finger with the thumb from bottom to top

Hroum KanishTikaabhyaam namaha - wipe your little finger with the thumb from bottom to top

Hraha Karathalakara prushTaabhyaam namaha - pass your hands one over the other touching your palms and the back of your hands.

Anganyaasa

Hraam HruDayaaya namah – touch your heart with your right hand

Hreem Sirase swaahaa – touch the top of your head with your right hand

Hroom Sikhayai vashat – touch the back of your head with right hand

Hraim Kavachaaya hum – cover yourself with both hands as if you are protecting yourself from cold.

Hroum nEthra thrayaaya voushat - touch your three eyes with your index, middle and ring finger. The index finger touches the right eye, the middle finger touches the centre, the index touches the right and the ring touches the left eye.

Hraha Asthraaya phat Bhoor bhuva suvar om ithi digbanDhaha - When you are saying that, move your right hand around your head in a circular fashion. When you say Phat you clap and snap your fingers in the directions East, South, West and North

Dhyaanam

*thaaDruSam paaDukaa yugmamaapnOthi thava bhakthimaan
yaDaakramaNa maathreNa kShaNaa thribhavana kramaha*

PanchOpachaara Pooja

Lam: Prithvi thathvaathmikam gandham parikalpayaami namah

Ham: Aakaasa thathvaathmikam pushpam parikalpayaami namah

Yam: Vaayu thathvathmikam dhoopam parikalpayami namah

Ram: Vahni thathvaathmikam deepam parikalpayaami namah

Sam: Sarva thathvaathmakaan sarvopachaaraan parikalpayaami namah

Aim Hreem Sreem OM **thripura SunDarayai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **hruDaya DEvyai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **Siro DEvyai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **Sikhaa DEvyai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **kavacha DEvyai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **nEthra DEvyai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **asthra DEvyai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **kaamESwaryai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **bhagamaalinyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **nithyaklinnaayai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **bhErundaayai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **vahni vaasinyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **mahaa vajrESwaryai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **Siva Doothayai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **thwarithaayai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **kulasunDariyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **nithyaayai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **neelapathaakaayai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **Vijayaayai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **sarva mangalaayai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **jwaalaa maalinyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **chithraayai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **mahaa nithyaayai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **parmESwara paramESwaryai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **mithrESamayyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **ShashTee** Samayyai PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **uddeeSamayyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **charyaanathamayyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **IOpaamudramayyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **agasthyamayyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **kaalathaapana mayyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **Dharmaachaara mayyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **mukthakESeeSvara** mayyai PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **DeepakaLanaatha** mayyai PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **viShnuDeva** mayyai PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **prabhaakaraDEva** mayyai PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **thejODEva mayyai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **manOJaDEva mayyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **kalyaaNaDEva mayyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **vasuDEva mayyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **RatnaDeeva mayyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **Sree raamaananDa** mayyai PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **aNimaa siDDhyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **laghimaa siDDhyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **mahimaa siDDhyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **eeSithva siDDhyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **vaSithva siDDhyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **praakaamya siDDhyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **bhukthi siDDhyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **iccha siDDhyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **praapthi siDDhyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **sarvakaama siddhyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **braahmyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **maahESwaryai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **koumaaryai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **vaiShnavyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **vaarahyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **maahendhryai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **chaamundaayai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **mahaalakshmyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **sarva sankhShObhiNyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **sarva viDraviNyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **sarvaakarShiNyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **sarva vaSankaryai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **sarvOnmaaDinyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **sarva mahaankuSaayai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **sarva khEcharyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **sarva beejayai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **sarvayOnyai PaaDukaam** Poojayami Namaha
 Aim Hreem Sreem OM **sarva thrikhandayai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **thriloKya mOhana chakraswaaminyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **prakatayOginyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **kaamaakarShiNyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **buDhyaakarShiNyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **ahamkaaraakarShiNyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **SabDaakarShiNyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **SparSaakarShiNyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **roopaakarShiNyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **rasaakarShiNyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **ganDhaakarShiNyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **chitthaakarShiNyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **DhairyaakarShiNyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **smrithyaakarShiNyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **naamaakarShiNyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **beejaakarShiNyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **aathmaakarShiNyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **amrithaakarShiNyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **SareerakarShiNyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **sarvaaSaa paripooraka chakraswaaminyai** PaaDukaam Poojayami
 Namahaa
 Aim Hreem Sreem OM **guptha yOginyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **ananga kusumaayai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **ananga mEkhalaayai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **ananga maDanaayai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **ananga maDanaathuraayai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **ananga rEkhaayai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **ananga vEginyai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **anangaankusaayai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **anangamaalinyai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **sarva sankShObhaNa chakraswaaminyai** PaaDukaam Poojayami
Namaha

Aim Hreem Sreem OM **gupthatharayOginyai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **sarvasankShObhiNyai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **sarva viDraviNyai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **sarvaakarShinyai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **sarvahlaDinyai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **sarva sammOhinyai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **sarva sthambhinyai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **sarva jhrumbhiNyai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **sarva vaSankaryai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **sarva ranjinyai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **sarvOnmaadinyai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **sarvaartha saDhinyai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **sarva sampatthipooriNyai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **sarva manthramayyai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **sarva DvanDvakshayyankaryai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **sarva soubhaagyaDaayaka chakra swaaminyai** PaaDukaam Poojayami
Namaha

Aim Hreem Sreem OM **sampraDaaya yOginyai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **sarva siDDhipraDaayai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **sarva sampathpraDaayai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **sarva priyankaryai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **sarva mangaLakaariNyai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **sarva kaamapraDaayai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **sarvaDukhavimOchinyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **sarva mruthyupraSaminyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **sarva vighnanivaariNyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **sarvaanga sunDaryai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **sarva soubhaagyaDaayinyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **sarvaarthasaDhaka chakra swaaminyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **kuLotheerNa yOginyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **sarvajnyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **sarva Sakthyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **sarva aiSwarya** praDaayai PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **sarva jnaanamayyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **sarva vyaaDhi vinaaSinyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **sarvaaDhaara swaroopayyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **sarva paapaharaayai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **sarva ananDamayyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **sarva rakshaswaroopiNyyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **sarvEpsithaphalapraDaayyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **sarva rakshaakara chakraswaaminyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **nigarbha yOginyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **vaSinyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **kaamESwaryai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **mODinyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **vimalaayai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **aruNaayai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **jayinyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **sarvESwaryai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **KauLinyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **sarva rOghara chakra swaaminyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **rahasya yOginyai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **baaNinyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **chaapinyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **paaSinyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **ankuSinyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **mahaa kaamESwaryai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **mahaa vajrESwaryai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **mahaa bhagamalinyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **mahas Sree sunDaryai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **sarva siddhipraDha chakraswaaminyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **athirahasya yOginyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **Sree Sree mahaabhattarikayai PaaDukaam** Poojayami Namaha
 Aim Hreem Sreem OM **sarva ananDamaya chakraswaaminyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **paraapara rahsya yOginyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **thripuraayai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **thripureSyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **thripurasunDaryai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **thripuravaasinyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **thripuraaSriyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **thripura maalinyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **thripura siDDhaayai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **thripuraambaayai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **mahaa thripurasunDaryai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **mahaa mahESwaryai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **mahaa mahaa raajnyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **mahaa mahaa Sakthyai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **mahaa mahaa gupthaayai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **mahaa mahaa jnapthaayai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **mahaa mahaa nanDaayai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **mahaa mahaa spanDhaayai** PaaDukaam Poojayami Namaha

Aim Hreem Sreem OM **mahaa mahaa Sayaayai** PaaDukaam Poojayami Namaha
 Aim Hreem Sreem OM **mahaa mahaa Sree chakra nagara saamraajnyai** paaDukaam
 pookayami namaha **namasthE! namasthE! namasthE! PaaDukaam Poojayami Namaha**

anEka mayaakruta SuDDha Sakthi NamOntha maalaa mantra paarayaNa

japEna bhagavatee bhogaDa Ekaara lalithaa bhattaarika peTasThitha

Ekaveera kaamEshwaraanka nilayaa

E ka laa mahaa Bhattaarika

supreethaa suprasannaa varadaa bhavatu.



3.Suddha Sakthi swaahaantha Maala

*asya Sree SuDDha Sakthi swaahaantha maala mantrasya
 paaDeenDriyaa DhiShTaayi DhaathraaDitya ruShihi
 anuShtup chanDaha
 mokShada eekaarabhataraka peeTasthitha
 eeSwaara kaamESwaaranka nilayaa
 eeSwaree kaamESwaree lalitha mahaa bhataarika DEvathaa
 aim beejam, kleem Sakthihi, Souh keelakam anjana siddhou viniyOgaha*

Karanyaasa:

Hraam AnguShTaabhyaam namaha – wipe your thumb with your index finger from bottom to top

Hreem Tarjaneebhyaam namaha - wipe your index finger with your thumb from bottom to top

Hroom Madhyamaabhyaam namaha - wipe your middle finger with the thumb from bottom to top

Hraim Anaamikaabhyaam namaha - wipe your ring finger with the thumb from bottom to top

Hroum KanishTikaabhyaam namaha - wipe your little finger with the thumb from bottom to top

Hraha Karathalakara prushTaabhyaam namaha - pass your hands one over the other touching your palms and the back of your hands.

Anganyasa

Hraam HruDayaaya namah – touch your heart with your right hand

Hreem Sirase swaahaa – touch the top of your head with your right hand

Hroom Sikhayai vashat – touch the back of your head with right hand

Hraim Kavachaaya hum – cover yourself with both hands as if you are protecting yourself from the cold.

Hroum nEthra thrayaaya voushat - touch your three eyes with your index, middle and ring finger. The index finger touches the right eye, the middle finger touches the centre, the index touches the right and the ring touches the left eye.

Hraha Asthraaya phat Bhoor bhuva suvar om ithi digbanDhaha - When you are saying that, move your right hand around your head in a circular fashion. When you say Phat you clap and snap your fingers in the directions East, South, West and North

Dhyaanam

siDDhaanjanam samaa saaDya thEnaanjanitha IOchanaha

niDhim paSyathi sarvathra, bhaktha sthEna samruDDhimaan !!

PanchOpchaara Pooja

Lam: Prithvi thathvaathmikam gandham parikalpayaami namah

Ham: Aakaasa thathvaathmikam pushpam parikalpayaami namah

Yam: Vaayu thathvathmikam dhoopam parikalpayami namah

Ram: Vahni thathvaathmikam deepam parikalpayaami namah

Sam: Sarva thathvaathmakaan sarvopachaaraan parikalpayaami namah

Aim Hreem Sreem OM **namasthripura SunDarayai** swaahaa

Aim Hreem Sreem OM **hruDaya DEvyai** swaahaa

Aim Hreem Sreem OM **Siro DEvyai** swaaha

Aim Hreem Sreem OM **Sikhaa DEvyai** swaaha

Aim Hreem Sreem OM **kavacha DEvyai** swaaha

Aim Hreem Sreem OM **nEthra DEvyai** swaaha

Aim Hreem Sreem OM **asthra DEvyai** swaaha

Aim Hreem Sreem OM **kaamESwaryai** swaaha

Aim Hreem Sreem OM **bhagamaalinyai** swaaha

Aim Hreem Sreem OM **nithya klinnaayai** swaaha

Aim Hreem Sreem OM **bhErundaayai** swaaha

Aim Hreem Sreem OM **vahni vaasinyai** swaaha

Aim Hreem Sreem OM **mahaa vajrESwaryai** swaaha

Aim Hreem Sreem OM **Siva Doothyai** swaaha

Aim Hreem Sreem OM **thwarithaayai** swaaha

Aim Hreem Sreem OM **KulasunDaryai** swaaha

Aim Hreem Sreem OM **nithyaayai** swaaha
 Aim Hreem Sreem OM **neela pathaakaayai** swaaha
 Aim Hreem Sreem OM **vijayaayai** swaaha
 Aim Hreem Sreem OM **sarva mangaLaayai** swaaha
 Aim Hreem Sreem OM **jwaalaamaalinyai** swaaha
 Aim Hreem Sreem OM **chithraayai** swaaha
 Aim Hreem Sreem OM **mahaa nithyaayai** swaaha
 Aim Hreem Sreem OM **ParmESwara paramESwaryai** swaaha
 Aim Hreem Sreem OM **mithrESamayyai** swaaha
 Aim Hreem Sreem OM **ShaShTeeSamayyai** swaaha
 Aim Hreem Sreem OM **uddeeSamayyai** swaaha
 Aim Hreem Sreem OM **charyaanathamayyai** swaaha
 Aim Hreem Sreem OM **LOpaamuDramayyai** swaaha
 Aim Hreem Sreem OM **agasthyamayyai** swaaha
 Aim Hreem Sreem OM **kaalathaapana mayyai** swaaha
 Aim Hreem Sreem OM **Dharmaachaara mayyai** swaaha
 Aim Hreem Sreem OM **mukthakESeeSwara mayyai** swaaha
 Aim Hreem Sreem OM **DeepakaLanaatha mayyai** swaaha
 Aim Hreem Sreem OM **viShnuDEva mayyai** swaaha
 Aim Hreem Sreem OM **PrabhaakaraDEva mayyai** swaaha
 Aim Hreem Sreem OM **thejODEva mayyai** swaaha
 Aim Hreem Sreem OM **ManOjaDeeva mayyai** swaaha
 Aim Hreem Sreem OM **KalyaaNaDEva mayyai** swaaha
 Aim Hreem Sreem OM **vaasuDEva mayyai** swaaha
 Aim Hreem Sreem OM **rathnaDEva mayyai** swaaha
 Aim Hreem Sreem OM **Sree raamaananda mayyai** swaaha
 Aim Hreem Sreem OM **aNimaa siDDhyai** swaaha
 Aim Hreem Sreem OM **Laghimaa siDDhyai** swaaha
 Aim Hreem Sreem OM **mahimaa siDDhyai** swaaha
 Aim Hreem Sreem OM **eeSithva siDDhayai** swaaha
 Aim Hreem Sreem OM **vaSithva siDDhayai** swaaha
 Aim Hreem Sreem OM **praakaamya siDDhyai** swaaha

Aim Hreem Sreem OM **bhukthi siDDhyai** swaaha
 Aim Hreem Sreem OM **iccha siDDhyai** swaaha
 Aim Hreem Sreem OM **praapthi siDDhyai** swaaha
 Aim Hreem Sreem OM **Sarvakaama siDDhyai** swaaha
 Aim Hreem Sreem OM **braahmyai** swaaha
 Aim Hreem Sreem OM **maahESwaryai** swaaha
 Aim Hreem Sreem OM **Koumaaryai** swaaha
 Aim Hreem Sreem OM **vaiShnavyai** swaaha
 Aim Hreem Sreem OM **vaarahyai** swaaha
 Aim Hreem Sreem OM **maahEnDryai** swaaha
 Aim Hreem Sreem OM **chaamundaayai** swaaha
 Aim Hreem Sreem OM **MahaalakShmyai** swaaha
 Aim Hreem Sreem OM **sarva sankhShObhiNyai** swaaha
 Aim Hreem Sreem OM **sarva viDraviNyai** swaaha
 Aim Hreem Sreem OM **sarvaakarshiNyai** swaaha
 Aim Hreem Sreem OM **sarva vaSankaryai** swaaha
 Aim Hreem Sreem OM **sarvOnmaaDinyai** swaaha
 Aim Hreem Sreem OM **sarva mahaankuSaayai** swaaha
 Aim Hreem Sreem OM **sarva khEcharyai** swaaha
 Aim Hreem Sreem OM **sarva beejaayai** swaaha
 Aim Hreem Sreem OM **sarvayOnyai** swaaha
 Aim Hreem Sreem OM **sarvathrikhandayai** swaaha
 Aim Hreem Sreem OM **thrailOkya mOhana chakraswaaminyai** swaaha
 Aim Hreem Sreem OM **prakatayOginyai** swaaha
 Aim Hreem Sreem OM **KaamaakarShaNyai** swaaha
 Aim Hreem Sreem OM **buDDhyaakarShaNyai** swaaha
 Aim Hreem Sreem OM **ahamkaraakarShaNyai** swaaha
 Aim Hreem Sreem OM **SabDaakarShaNyai** swaaha
 Aim Hreem Sreem OM **sparSaakarShaNyai** swaaha
 Aim Hreem Sreem OM **roopaakarShaNyai** swaaha
 Aim Hreem Sreem OM **rasaakarShaNyai** swaaha
 Aim Hreem Sreem OM **ganDhaakarShaNyai** swaaha

Aim Hreem Sreem OM **chitthaakarShaNyai** swaaha
 Aim Hreem Sreem OM **DhairyaakarShaNyai** swaaha
 Aim Hreem Sreem OM **smrithyaakarShaNyai** swaaha
 Aim Hreem Sreem OM **naamaakarShaNyai** swaaha
 Aim Hreem Sreem OM **beejaakarShaNyai** swaaha
 Aim Hreem Sreem OM **aathmaakarShaNyai** swaaha
 Aim Hreem Sreem OM **amrithaakarShaNyai** swaaha
 Aim Hreem Sreem OM **SareerakarShaNyai** swaaha
 Aim Hreem Sreem OM **sarvaaSaaparipooraka chakraswaminyai** swaahaa
 Aim Hreem Sreem OM **guptha yOginyai** swaaha
 Aim Hreem Sreem OM **anangakusumaayai** swaaha
 Aim Hreem Sreem OM **anangamEkhalaayai** swaaha
 Aim Hreem Sreem OM **anangamaDanaayai** swaaha
 Aim Hreem Sreem OM **ananga maDanaathuraayai** swaaha
 Aim Hreem Sreem OM **ananga rEkhaayai** swaaha
 Aim Hreem Sreem OM **ananga vEginyai** swaaha
 Aim Hreem Sreem OM **anangaankuSaayai** swaaha
 Aim Hreem Sreem OM **anangamaalinyai** swaaha
 Aim Hreem Sreem OM **sarva sankShObhaNachakraswaminyai** swaaha
 Aim Hreem Sreem OM **gupthatharayOginyai** swaaha
 Aim Hreem Sreem OM **sarvasankShObhiNyai** swaaha
 Aim Hreem Sreem OM **sarva viDraviNyai** swaaha
 Aim Hreem Sreem OM **sarvaakarShinyai** swaaha
 Aim Hreem Sreem OM **sarvaahlaDinyai** swaaha
 Aim Hreem Sreem OM **sarva sammOhinyai** swaaha
 Aim Hreem Sreem OM **sarva sthambhinyai** swaaha
 Aim Hreem Sreem OM **sarva jhrumbhiNyai** swaaha
 Aim Hreem Sreem OM **sarva vaSankaryai** swaaha
 Aim Hreem Sreem OM **sarva ranjinyai** swaaha
 Aim Hreem Sreem OM **sarvOnmaaDinyai** swaaha
 Aim Hreem Sreem OM **sarvaarthasaDhikaayai** swaaha
 Aim Hreem Sreem OM **sarva sampatthipooriNyai** swaaha

Aim Hreem Sreem OM **sarva manthramayyai** swaaha
 Aim Hreem Sreem OM **sarva DvanDva kShayyankaryai** swaaha
 Aim Hreem Sreem OM **sarva soubhaagya Daayaka chakra swaaminyai** swaaha
 Aim Hreem Sreem OM **sampraDaaya yOginyai** swaaha
 Aim Hreem Sreem OM **sarva siDDhipraDaayai** swaaha
 Aim Hreem Sreem OM **sarva sampathpraDaayai** swaaha
 Aim Hreem Sreem OM **sarva priyankaryai** swaaha
 Aim Hreem Sreem OM **sarva mangaLakaariNyai** swaaha
 Aim Hreem Sreem OM **sarva kaamapraDaayai** swaaha
 Aim Hreem Sreem OM **sarvaDukhavimOchinyai** swaaha
 Aim Hreem Sreem OM **sarva mruthyu praSaminyai** swaaha
 Aim Hreem Sreem OM **sarva vighna nivaariNyai** swaaha
 Aim Hreem Sreem OM **sarvaanga sunDaryai** swaaha
 Aim Hreem Sreem OM **sarva soubhaagyaDaayinyai** swaaha
 Aim Hreem Sreem OM **sarvaartha saaDhaka chakra swaaminyai** swaaha
 Aim Hreem Sreem OM **kuLOtheerNa yOginyai** swaaha
 Aim Hreem Sreem OM **sarvajnyai** swaaha
 Aim Hreem Sreem OM **sarva Sakthyai** swaaha
 Aim Hreem Sreem OM **sarvaiSvarya praDaayai** swaaha
 Aim Hreem Sreem OM **sarva jnaanamayyai** swaaha
 Aim Hreem Sreem OM **sarva vyaaDhi vinaaSinyai** swaaha
 Aim Hreem Sreem OM **sarvaaDhaara swaroopayyai** swaaha
 Aim Hreem Sreem OM **sarva paapaharaayai** swaaha
 Aim Hreem Sreem OM **sarva ananDamayyai** swaaha
 Aim Hreem Sreem OM **sarva rakshaswaroopiNyyai** swaaha
 Aim Hreem Sreem OM **sarvEpsitha phalapraDaayyai** swaaha
 Aim Hreem Sreem OM **sarva rakShaakara chakraswaminyai** swaaha
 Aim Hreem Sreem OM **nigarbha yOginyai** swaaha
 Aim Hreem Sreem OM **vaSinyai** swaaha
 Aim Hreem Sreem OM **kaamESwaryai** swaaha
 Aim Hreem Sreem OM **mODinyai** swaaha
 Aim Hreem Sreem OM **vimalaayai** swaaha

Aim Hreem Sreem OM **aruNaayai** swaaha
 Aim Hreem Sreem OM **jayinyai** swaaha
 Aim Hreem Sreem OM **sarvESvaryai** swaaha
 Aim Hreem Sreem OM **KauLinyai** swaaha
 Aim Hreem Sreem OM **sarva rOgahara chakra swaaminyai** swaaha
 Aim Hreem Sreem OM **rahasya yOginyai** swaaha
 Aim Hreem Sreem OM **baaNinyai** swaaha
 Aim Hreem Sreem OM **chaapinyai** swaaha
 Aim Hreem Sreem OM **paaSinyai** swaaha
 Aim Hreem Sreem OM **ankuSinyai** swaaha
 Aim Hreem Sreem OM **mahaa kaamESwaryai** swaaha
 Aim Hreem Sreem OM **mahaa vajrESwaryai** swaaha
 Aim Hreem Sreem OM **mahaa bhagamaalinyai** swaaha
 Aim Hreem Sreem OM **mahaa Sree sunDaryai** swaaha
 Aim Hreem Sreem OM **sarva siDDhipraDha chakraswaaminyai** swaaha
 Aim Hreem Sreem OM **athirahasya yOginyai** swaaha
 Aim Hreem Sreem OM **Sree Sree mahaabhattarikayai** swaaha
 Aim Hreem Sreem OM **sarvaananDamayi chakraswaaminyai** swaaha
 Aim Hreem Sreem OM **paraapara rahasya yOginyai** swaaha
 Aim Hreem Sreem OM **thripuraayai** swaaha
 Aim Hreem Sreem OM **thripurESyai** swaaha
 Aim Hreem Sreem OM **thripurasunDaryai** swaaha
 Aim Hreem Sreem OM **thripura vaasinyai** swaaha
 Aim Hreem Sreem OM **thripuraa Sriyai** swaaha
 Aim Hreem Sreem OM **thripura maalinyai** swaaha
 Aim Hreem Sreem OM **thripura siDDhaayai** swaaha
 Aim Hreem Sreem OM **thripuraambaayai** swaaha
 Aim Hreem Sreem OM **mahaa thripurasunDaryai** swaaha
 Aim Hreem Sreem OM **maha mahESwaryai** swaaha
 Aim Hreem Sreem OM **maha mahaa raajnyai** swaaha
 Aim Hreem Sreem OM **maha mahaa Sakthyai** swaaha
 Aim Hreem Sreem OM **maha maha gupthaayai** swaaha

Aim Hreem Sreem OM **maha maha jnaphayai** swaaha

Aim Hreem Sreem OM **maha maha nanDaayai** swaaha

Aim Hreem Sreem OM **maha maha spanDaayai** swaaha

Aim Hreem Sreem OM **maha maha Sayaayai** swaaha

Aim Hreem Sreem OM **maha maha Sri Chakra Nagara saamraajnyai** namasthe! namasthe!

namasthe! swaaha

*anEka mayaakrutha SuDDha Sakthi swaahaantha maala manthra
paarayaNa japEna bhagavathi mOkShaDa ee kaara bhattaaraka
peeTasThitha eeSwara kaamEshwaraanka nilayaa
eeSwari kaamEswaree lalithaa parabhattaarikaa
supreethaa suprasannaa varaDaa bhavathu.*



4.Suddha Sakthi tharpaNaantha maala

asya Sri Suddha Sakthi tharpaNaantha maala mahaa manthrasya

paaNEndriyaa DhiShTaayee aryamaaDithya ruShihi

bruhathee cchanDaha

saathvika lakaara bhataaraka peeTasThitha

lalitha kaamESwaraanka nilayaa lalithaa lalithaa mahaa bhataarika DEvathaa.

aim Beejam, Kleem Sakthihi, souh keelakam

balasiddhou viniyOgaha

Karanyaasa:

Hraam AnguShTaabhyaam namaha – wipe your thumb with your index finger from bottom to top

Hreem tharjaneebhyaam namaha - wipe your index finger with your thumb from bottom to top

Hroom Madhyamaabhyaam namaha - wipe your middle finger with the thumb from bottom to top

Hraim Anaamikaabhyaam namaha - wipe your ring finger with the thumb from bottom to top

Hroum KanishTikaabhyaam namaha - wipe your little finger with the thumb from bottom to top

Hraha Karathalakra prushTaabhyaam namaha - pass your hands one over the other touching your palms and the back of your hands.

Anganyaasa

Hraam Hrudayaaya namah – touch your heart with your right hand

Hreem Sirase swaaha – touch the top of your head with your right hand

Hroom Sikhayai vashat – touch the back of your head with right hand

Hraim Kavachaaya hum – cover yourself with both hands as if you are protecting yourself from the cold

Hroum Nethra thrayaaya voushat - touch your three eyes with your index, middle and ring finger. The index finger touches the right eye, the middle finger touches the centre, the index touches the right and the ring touches the left eye

Hraha Asthraaya phat Bhoor bhuva suvah om iti digbandha When you are saying that, move your right hand around your head in a circular fashion. When you Phat you clap and snap your fingers in the directions East, South, West and North

Dhyaanam

*bilaDwaara mapaavruthya paathaLa thalayOginaha
veekShyathEbhyO labDha siDDhi sthava bhakthaha sukhee bhavEth !!*

PanchOpachara Pooja

Lam: Prithvi thathvaathmikam gandham parikalpayaami namah

Ham: Aakaasa thathvaathmikam pushpam parikalpayaami namah

Yam: Vaayu thathvathmikam dhoopam parikalpayami namah

Ram: Vahni thathvaathmikam deepam parikalpayaami namah

Sam: Sarva thathvaathmakaan sarvopacharaan parikalpayaami namah

Aim Hreem Sreem OM **namasthripurasunDareem** tharpayaami namaha

Aim Hreem Sreem OM **hrudayaDEveem** tharpayaami namaha

Aim Hreem Sreem OM **SirODEveem** tharpayami namaha

Aim Hreem Sreem OM **SikhaaDEveem** tharpayaami namaha

Aim Hreem Sreem OM **kavachaDEveem** tharpayaami namaha

Aim Hreem Sreem OM **nEthraDEveem** tharpayaami namaha

Aim Hreem Sreem OM **asthraDEveem** tharpayaami namaha

Aim Hreem Sreem OM **kaamESwareem** tharpayaami namaha

Aim Hreem Sreem OM **bhagamaalineem** tharpayaami namaha

Aim Hreem Sreem OM **nithyaklinnaam** tharpayaami namaha

Aim Hreem Sreem OM **bhErundaam** tharpayaami namaha

Aim Hreem Sreem OM **vahni vaasineem** tharpayaami namaha

Aim Hreem Sreem OM **mahaa vajrESwareem** tharpayaami namaha

Aim Hreem Sreem OM **SivaDoothem** tharpayaami namaha

Aim Hreem Sreem OM **thwarithaam** tharpayaami namaha

Aim Hreem Sreem OM **kuLasunDareem** tharpayaami namaha

Aim Hreem Sreem OM **nithyaam** tharpayaami namaha

Aim Hreem Sreem OM **neelapathaakaam** tharpayaami namaha

Aim Hreem Sreem OM **vijayaam** tharpayaami namaha

Aim Hreem Sreem OM **sarvamangaLaam** tharpayaami namaha

Aim Hreem Sreem OM **jwaalaamaalineem** tharpayaami namaha

Aim Hreem Sreem OM **chithraam** tharpayaami namaha
 Aim Hreem Sreem OM **mahaanithyaam** tharpayaami namaha
 Aim Hreem Sreem OM **paramESwara paramESwareem** tharpayaami namaha
 Aim Hreem Sreem OM **mithrESamayeem** tharpayaami namaha
 Aim Hreem Sreem OM **ShashTeeSamayeem** tharpayaami namaha
 Aim Hreem Sreem OM **uddeeSamayeem** tharpayaami namaha
 Aim Hreem Sreem OM **charyaa naathamayeem** tharpayaami namaha
 Aim Hreem Sreem OM **IOPaa muDramayeem** tharpayaami namaha
 Aim Hreem Sreem OM **agasthyamayeem** tharpayaami namaha
 Aim Hreem Sreem OM **kaalathaapana mayeem** tharpayaami namaha
 Aim Hreem Sreem OM **Dharmaachaara mayeem** tharpayaami namaha
 Aim Hreem Sreem OM **mukthakESeeSvara mayeem** tharpayaami namaha
 Aim Hreem Sreem OM **deepakaLaanaatha mayeem** tharpayaami namaha
 Aim Hreem Sreem OM **vishnuDEva mayeem** tharpayaami namaha
 Aim Hreem Sreem OM **prabhaakaraDEva mayeem** tharpayaami namaha
 Aim Hreem Sreem OM **thEjODEva mayeemm** tharpayaami namaha
 Aim Hreem Sreem OM **manOjaDEva mayeem** tharpayaami namaha
 Aim Hreem Sreem OM **kalyaaNaDEva mayeem** tharpayaami namaha
 Aim Hreem Sreem OM **rathnaDEva mayeem** tharpayaami namaha
 Aim Hreem Sreem OM **vaasuDEva mayeem** tharpayaami namaha
 Aim Hreem Sreem OM **Sree raamaananDamayeem** tharpayaami namaha
 Aim Hreem Sreem OM **aNimaa siDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **laghimaa siDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **garimaa siDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **mahimaa siDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **eeSithva siDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **vaSithva siDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **praakaamya siDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **bhukthi siDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **icchaa siDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **praapthi siDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **sarvakaama siDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **braahmeem** tharpayaami namaha
 Aim Hreem Sreem OM **maahESwareem** tharpayaami namaha
 Aim Hreem Sreem OM **koumaareem** tharpayaami namaha
 Aim Hreem Sreem OM **vaiShnaveem** tharpayaami namaha
 Aim Hreem Sreem OM **vaaraaheem** tharpayaami namaha
 Aim Hreem Sreem OM **maahEnDreem** tharpayaami namaha
 Aim Hreem Sreem OM **chaamundaam** tharpayaami namaha
 Aim Hreem Sreem OM **mahaalakShmeem** tharpayaami namaha
 Aim Hreem Sreem OM **sarva sankShobhiNeem** tharpayaami namaha
 Aim Hreem Sreem OM **sarva viDraviNeem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaakarShiNeem** tharpayaami namaha
 Aim Hreem Sreem OM **sarva vaSankareem** tharpayaami namaha

Aim Hreem Sreem OM **sarvOnmaaDineem** tharpayaami namaha
 Aim Hreem Sreem OM **sarva mahaankuSaam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva khEchareem** tharpayaami namaha
 Aim Hreem Sreem OM **sarva beejaam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvayOneem** tharpayaami namaha
 Aim Hreem Sreem OM **sarva thrikhandaam** tharpayaami namaha
 Aim Hreem Sreem OM **thrailOkya mOhana chakraswaamineem** tharpayaami namaha
 Aim Hreem Sreem OM **prakata yOgineem** tharpayaami namaha
 Aim Hreem Sreem OM **kaamaakarShaNeem** tharpayaami namaha
 Aim Hreem Sreem OM **buDDhyaakarshaNeem** tharpayaami namaha
 Aim Hreem Sreem OM **ahamkaarakarshaNeem** tharpayaami namaha
 Aim Hreem Sreem OM **sabDaakarShaNeem** tharpayaami namaha
 Aim Hreem Sreem OM **sparSaakarShaNeem** tharpayaami namaha
 Aim Hreem Sreem OM **roopaakarShaNeem** tharpayaami namaha
 Aim Hreem Sreem OM **rasaakarShaNeem** tharpayaami namaha
 Aim Hreem Sreem OM **ganDhaakarShaNeem** tharpayaami namaha
 Aim Hreem Sreem OM **cchitthaakarShaNeem** tharpayaami namaha
 Aim Hreem Sreem OM **DhairyaakarShaNeem** tharpayaami namaha
 Aim Hreem Sreem OM **smrithyaakarShaNeem** tharpayaami namaha
 Aim Hreem Sreem OM **naamaakarShaNeem** tharpayaami namaha
 Aim Hreem Sreem OM **beejaakarShaNeem** tharpayaami namaha
 Aim Hreem Sreem OM **aathmaakarShaNeem** tharpayaami namaha
 Aim Hreem Sreem OM **amruthaakarShaNeem** tharpayaami namaha
 Aim Hreem Sreem OM **SareeraakarShaNeem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaSaapari pooraka chakraswaamineem** tharpayaami namaha
 Aim Hreem Sreem OM **guptha yOgineem** tharpayaami namaha
 Aim Hreem Sreem OM **ananga kusumaam** tharpayaami namaha
 Aim Hreem Sreem OM **ananga mEkhalaam** tharpayaami namaha
 Aim Hreem Sreem OM **ananga maDanaam** tharpayaami namaha
 Aim Hreem Sreem OM **ananga maDanaathuraam** tharpayaami namaha
 Aim Hreem Sreem OM **anangarEkhaam** tharpayaami namaha
 Aim Hreem Sreem OM **ananga vEgineem** tharpayaami namaha
 Aim Hreem Sreem OM **anangaankuSaam** tharpayaami namaha
 Aim Hreem Sreem OM **ananga maalineem** tharpayaami namaha
 Aim Hreem Sreem OM **sarva sankShObhaNa chakraswamineem** tharpayaami namaha
 Aim Hreem Sreem OM **gupthathara yOgineem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvasankShObiNeem** tharpayaami namaha
 Aim Hreem Sreem OM **sarva viDraaviNeem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaakarShiNeem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaahlaaDineem** tharpayaami namaha
 Aim Hreem Sreem OM **sarva sammOhineem** tharpayaami namaha
 Aim Hreem Sreem OM **sarva sthambhineem** tharpayaami namaha
 Aim Hreem Sreem OM **sarva jhrumbhiNeem** tharpayaami namaha
 Aim Hreem Sreem OM **sarva vaSankareem** tharpayaami namaha

Aim Hreem Sreem OM **sarva ranjaneem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvOnmaaDineem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaarthasaaDhineem** tharpayaami namaha
 Aim Hreem Sreem OM **sarva sampatthi pooraNeem** tharpayaami namaha
 Aim Hreem Sreem OM **sarva manthra mayeem** tharpayaami namaha
 Aim Hreem Sreem OM **sarva DwanDwa kShyayankareem** tharpayaami namaha
 Aim Hreem Sreem OM **sarva soubhagyaDaayaka chakra swaamineem** tharpayaami namaha
 Aim Hreem Sreem OM **sampraDaaya yOgineem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvasiDDhipraDaam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva sampathpraaDaam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva priyankareem** tharpayaami namaha
 Aim Hreem Sreem OM **sarva mangaLakaariNeem** tharpayaami namaha
 Aim Hreem Sreem OM **sarva kaamapraDaam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva Dukkha vimOchineem** tharpayaami namaha
 Aim Hreem Sreem OM **sarva mruthyu praSamaneem** tharpayaami namaha
 Aim Hreem Sreem OM **sarva vighnanivaariNeem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaangasunDareem** tharpayaami namaha
 Aim Hreem Sreem OM **sarva soubhaagya Daayineem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaartha saaDhaka chakraswaamineem** tharpayaami namaha
 Aim Hreem Sreem OM **kuLOttheerNa yOgineem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvajnaam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva Sakthim** tharpayaami namaha
 Aim Hreem Sreem OM **sarva aiSwaryapraDaam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvajnaana mayeem** tharpayaami namaha
 Aim Hreem Sreem OM **sarva vyaaDhi vinaaSineem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaaDhaara swarooapaam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva paapaharaam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaananDamayeem** tharpayaami namaha
 Aim Hreem Sreem OM **sarva rakSha swaroopiNeem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvEpsitha phalapraDaam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva rakShaakara chakraswaamineem** tharpayaami namaha
 Aim Hreem Sreem OM **nigarbha yOgineem** tharpayaami namaha
 Aim Hreem Sreem OM **vaSineem** tharpayaami namaha
 Aim Hreem Sreem OM **kaamESwareem** tharpayaami namaha
 Aim Hreem Sreem OM **mODineem** tharpayaami namaha
 Aim Hreem Sreem OM **vimalaam** tharpayaami namaha
 Aim Hreem Sreem OM **aruNaam** tharpayaami namaha
 Aim Hreem Sreem OM **jayineem** tharpayaami namaha
 Aim Hreem Sreem OM **sarveSwareem** tharpayaami namaha
 Aim Hreem Sreem OM **kouLineem** tharpayaami namaha
 Aim Hreem Sreem OM **sarva rOgahaara chakraswaamineem** tharpayaami namaha
 Aim Hreem Sreem OM **rahasya yOgineem** tharpayaami namaha
 Aim Hreem Sreem OM **baaNineem** tharpayaami namaha
 Aim Hreem Sreem OM **chaapineem** tharpayaami namaha

Aim Hreem Sreem OM **paaSineem** tharpayaami namaha
 Aim Hreem Sreem OM **ankuSineem** tharpayaami namaha
 Aim Hreem Sreem OM **mahaakaamESwareem** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa vajrESwareem** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa bhagamaalineem** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa Sree sunDareem** tharpayaami namaha
Aim Hreem Sreem OM mahaa Sree sunDaryai sarvasiDDhi praDa chakraswaamineem
 tharpayaami namaha
 Aim Hreem Sreem OM **athirahasya yOgineem** tharpayaami namaha
 Aim Hreem Sreem OM **Sree Sree mahaabhataarikaam sarvaananDamaya** chakraswaamineem
 tharpayaami namaha
 Aim Hreem Sreem OM **paraapara rahasya yOgineem** tharpayaami namaha
 Aim Hreem Sreem OM **thripuraam** tharpayaami namaha
 Aim Hreem Sreem OM **thripurESEem** tharpayaami namaha
 Aim Hreem Sreem OM **thripurasunDareem** tharpayaami namaha
 Aim Hreem Sreem OM **thripuravaasineem** tharpayaami namaha
 Aim Hreem Sreem OM **thripuraaSriyam** tharpayaami namaha
 Aim Hreem Sreem OM **thripuramaalineem** tharpayaami namaha
 Aim Hreem Sreem OM **thripurasiDDhaam** tharpayaami namaha
 Aim Hreem Sreem OM **thripuraambaam** tharpayaami namaha
 Aim Hreem Sreem OM **mahathripura sunDareem** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahESwareem** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa raajneem** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa Sakthim** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa gupthaam** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa jnyaapthim** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa nanDaam** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa spanDaam** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa Sayaam** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa Sree chakra Nagara saamraajneem** tharpayaami namaha
namasthe! namasthe! namasthe! namaha

anEka mayaakrutha SuDDha Sakthi tharpaNaantha maala manthra paarayana japEna

bhagavathee saathvika lakaara Bhattaaraka peeTasThitha

lalithaa kaamESwaraanka nilayaa lalithaa Bhattaarikaa

supreethaa suprasanna varaDaa bhavathu.

5. SuDDha Sakthi Jayaantha Maala

asya Sree SuDDha Sakthi jayaantha maala mahaa manthrasya

vaaginDriyaa DhiShTaayee

amSumaDaaDithya rishihi

pankthiSchandah

Saathwika hreemkaara bhataraka peeTasThitha

hrudaya kaamEswaraanka nilayaa

hrullekhaa lalithaa mahaa bhataarika DEvathaa

aim beejam, kleem Sakthihi, souh keelakam

vaaksiDDhou viniyOgaha

Karanyaasa:

Hraam AnguShTaabhyaam namaha – wipe your thumb with your index finger from bottom to top

Hreem tharjaneebhyaam namaha - wipe your index finger with your thumb from bottom to top

Hroom Madhyamaabhyaam namaha - wipe your middle finger with the thumb from bottom to top

Hraim Anaamikaabhyaam namaha - wipe your ring finger with the thumb from bottom to top

Hroum KanishTikaabhyaam namaha - wipe your little finger with the thumb from bottom to top

Hraha Karathalakara prushTaabhyaam namaha - pass your hands one over the other touching your palms and the back of your hands.

Anganyaasa

Hraam Hrudayaaya namah – touch your heart with your right hand

Hreem Sirase swaaha – touch the top of your head with your right hand

Hroom Sikhayai vashat – touch the back of your head with right hand

Hraim Kavachaaya hum – cover yourself with both hands as if you are protecting yourself from the cold

Hroum Nethra thrayaaya voushat - touch your three eyes with your index, middle and ring finger. The index finger touches the right eye, the middle finger touches the centre, the index touches the right and the ring touches the left eye.

Hraha Asthraaya phat Bhoor bhuva suvar om ithi digbanDhaha - When you are saying that, move your right hand around your head in a circular fashion. When you say Phat you clap and snap your fingers in the directions East, South, West and North.

Dhyaanam:

*vaaksiDDhir viviDhaa prOkthaa Saapaanugraha kaariNee I
mahaakavithwa roopaacha bhakthaasthEna dwayaaspaDaha II*

PanchOpachaara Poojaa

Lam: Prithvi thathvaathmikam gandham parikalpayaami namah

Ham: Aakaasa thathvaathmikam pushpam parikalpayaami namah

Yam: Vaayu thathvaathmikam dhoopam parikalpayaami namah

Ram: Vahni thathvaathmikam deepam parikalpayaami namah

Sam: Sarva thathvaathmakaan sarvopachaaraan parikalpayaami namah

Aim Hreem Sreem OM **Namasthripura sunDari** Jaya Jaya

Aim Hreem Sreem OM **hruDaya DEvi** Jaya Jaya

Aim Hreem Sreem OM **SirODEvi** Jaya Jaya

Aim Hreem Sreem OM **SikhaaDEvi** Jaya Jaya

Aim Hreem Sreem OM **kavacha DEvi** Jaya Jaya

Aim Hreem Sreem OM **nEthraDEvi** Jaya Jaya

Aim Hreem Sreem OM **asthra DEvi** Jaya Jaya

Aim Hreem Sreem OM **kaamESwari** Jaya Jaya

Aim Hreem Sreem OM **bhagamaalini** Jaya Jaya

Aim Hreem Sreem OM **nithyaklinnE** Jaya Jaya

Aim Hreem Sreem OM **bhErundE** Jaya Jaya

Aim Hreem Sreem OM **vahni vaasini** Jaya Jaya

Aim Hreem Sreem OM **mahaavajrESwari** Jaya Jaya

Aim Hreem Sreem OM **SivaDoothi** Jaya Jaya

Aim Hreem Sreem OM **thvarithE** Jaya Jaya

Aim Hreem Sreem OM **kuLasunDari** Jaya Jaya
 Aim Hreem Sreem OM **nithyE** Jaya Jaya
 Aim Hreem Sreem OM **neelapathaakE**
 Aim Hreem Sreem OM **vijayE** Jaya Jaya
 Aim Hreem Sreem OM **sarvamangaLE** Jaya Jaya
 Aim Hreem Sreem OM **jwaalaamaalini** Jaya Jaya
 Aim Hreem Sreem OM **chithrE** Jaya Jaya
 Aim Hreem Sreem OM **mahaanithyE** Jaya Jaya
 Aim Hreem Sreem OM **paramESwara paramESwari** Jaya Jaya
 Aim Hreem Sreem OM **mithrESamayi** Jaya Jaya
 Aim Hreem Sreem OM **ShashTeeSamayi** Jaya Jaya
 Aim Hreem Sreem OM **uddeeSamayi** Jaya Jaya
 Aim Hreem Sreem OM **charyaanaathamayi** Jaya Jaya
 Aim Hreem Sreem OM **IOpaamuDraamayi** Jaya Jaya
 Aim Hreem Sreem OM **agasthyamayi** Jaya Jaya
 Aim Hreem Sreem OM **kaalathaapanamayi** Jaya Jaya
 Aim Hreem Sreem OM **Dharmaachaaryamayi** Jaya Jaya
 Aim Hreem Sreem OM **mukthakESeesvaramayi** jaya jaya
 Aim Hreem Sreem OM **DeepakaLaanathamayi** Jaya Jaya
 Aim Hreem Sreem OM **vishnuDEvamayi** Jaya Jaya
 Aim Hreem Sreem OM **prabhaakara DEvamayi** Jaya Jaya
 Aim Hreem Sreem OM **thEjODEvamayi** Jaya Jaya
 Aim Hreem Sreem OM **manOja DEvamayi** Jaya Jaya
 Aim Hreem Sreem OM **kalyaaNa DEvamayi** Jaya Jaya
 Aim Hreem Sreem OM **rathnaDEvamayi** Jaya Jaya
 Aim Hreem Sreem OM **vaasuDEvamayi** Jaya Jaya
 Aim Hreem Sreem OM **Sree raamaananDamayi** Jaya Jaya
 Aim Hreem Sreem OM **aNimaasiDDhE** Jaya Jaya
 Aim Hreem Sreem OM **laghimaasiDDhE** Jaya Jaya

Aim Hreem Sreem OM **garimaasiDDhE** Jaya Jaya
 Aim Hreem Sreem OM **mahimaasiDDhE** Jaya Jaya
 Aim Hreem Sreem OM **eeSithvasiDDhE** Jaya Jaya
 Aim Hreem Sreem OM **vaSithvasiDDhE** Jaya Jaya
 Aim Hreem Sreem OM **praakaamyasiDDhE** Jaya Jaya
 Aim Hreem Sreem OM **bhukthisiDDhE** Jaya Jaya
 Aim Hreem Sreem OM **icchaa siDDhE** Jaya Jaya
 Aim Hreem Sreem OM **praapthi siDDhE** Jaya Jaya
 Aim Hreem Sreem OM **Sarva kaamasiDDhE** Jaya Jaya
 Aim Hreem Sreem OM **braahmi** Jaya Jaya
 Aim Hreem Sreem OM **maahEswari** Jaya Jaya
 Aim Hreem Sreem OM **koumaari** Jaya Jaya
 Aim Hreem Sreem OM **vaiShnavi** Jaya Jaya
 Aim Hreem Sreem OM **vaaraahi** Jaya Jaya
 Aim Hreem Sreem OM **maahEnDhri** Jaya Jaya
 Aim Hreem Sreem OM **chaamundee** Jaya Jaya
 Aim Hreem Sreem OM **mahaalakshmi** Jaya Jaya
 Aim Hreem Sreem OM **sarvasankshObhiNi** Jaya Jaya
 Aim Hreem Sreem OM **sarva viDraaviNi** Jaya Jaya
 Aim Hreem Sreem OM **sarvaakarShiNi** Jaya Jaya
 Aim Hreem Sreem OM **sarva vaSankari** Jaya Jaya
 Aim Hreem Sreem OM **sarvOnmaaDini** Jaya Jaya
 Aim Hreem Sreem OM **sarva mahaankuSE** Jaya Jaya
 Aim Hreem Sreem OM **sarvakhEchari** Jaya Jaya
 Aim Hreem Sreem OM **sarva beejE** Jaya Jaya
 Aim Hreem Sreem OM **sarvayOnE** Jaya Jaya
 Aim Hreem Sreem OM **sarva thrikhandE**
 Aim Hreem Sreem OM **thrailOkya mOhana chakraswaamini** Jaya Jaya
 Aim Hreem Sreem OM **prakatayOgini** Jaya Jaya

Aim Hreem Sreem OM **kaamaakarShiNi** Jaya Jaya
 Aim Hreem Sreem OM **buDhyaa karShiNi** Jaya Jaya
 Aim Hreem Sreem OM **ahamkaaraakarShiNi** Jaya Jaya
 Aim Hreem Sreem OM **SabDaa karShiNi** Jaya Jaya
 Aim Hreem Sreem OM **sparSaakarShiNi** Jaya Jaya
 Aim Hreem Sreem OM **roopaakarShiNi** Jaya Jaya
 Aim Hreem Sreem OM **rasaakarshiNi** Jaya Jaya
 Aim Hreem Sreem OM **ganDhaakarShiNi** Jaya Jaya
 Aim Hreem Sreem OM **chitthaakarShiNi** Jaya Jaya
 Aim Hreem Sreem OM **DhairyaakarShiNi** Jaya Jaya
 Aim Hreem Sreem OM **smrithyaakarShiNi** Jaya Jaya
 Aim Hreem Sreem OM **namaakarShiNi** Jaya Jaya
 Aim Hreem Sreem OM **beejaakarShiNi** Jaya Jaya
 Aim Hreem Sreem OM **aathmaakarShiNi** Jaya Jaya
 Aim Hreem Sreem OM **amrithaakarShiNi** Jaya Jaya
 Aim Hreem Sreem OM **SareeraakarShiNi** Jaya Jaya
 Aim Hreem Sreem OM **SarvaaSaa paripooraka chakraswaamini** Jaya Jaya
 Aim Hreem Sreem OM **gupthayOgini** Jaya Jaya
 Aim Hreem Sreem OM **anangakusumE** Jaya Jaya
 Aim Hreem Sreem OM **anangamEkhalE** Jaya Jaya
 Aim Hreem Sreem OM **anangamaDanE** Jaya Jaya
 Aim Hreem Sreem OM **anangamaDanaathurE** Jaya Jaya
 Aim Hreem Sreem OM **anangarEkhe** Jaya Jaya
 Aim Hreem Sreem OM **anangavEgini** Jaya Jaya
 Aim Hreem Sreem OM **anangaankuSE** Jaya Jaya
 Aim Hreem Sreem OM **anagamaalini** Jaya Jaya
 Aim Hreem Sreem OM **sarva sankshObhaNa chakraswaamini** Jaya Jaya
 Aim Hreem Sreem OM **gupthathara yOgini** Jaya Jaya
 Aim Hreem Sreem OM **sarvasankshObhiNi** Jaya Jaya

Aim Hreem Sreem OM **sarvaviDraaviNi** Jaya Jaya
 Aim Hreem Sreem OM **sarvaakarshiNi** Jaya Jaya
 Aim Hreem Sreem OM **sarvaahlaaDini** Jaya Jaya
 Aim Hreem Sreem OM **sarva sammOhini** Jaya Jaya
 Aim Hreem Sreem OM **sarvasthambhini** Jaya Jaya
 Aim Hreem Sreem OM **sarva jhrumbhiNi** Jaya Jaya
 Aim Hreem Sreem OM **sarva vaSankari** Jaya Jaya
 Aim Hreem Sreem OM **sarva ranjani** Jaya Jaya
 Aim Hreem Sreem OM **sarvOnmaaDini** Jaya Jaya
 Aim Hreem Sreem OM **sarvaarthasaaDhini** Jaya Jaya
 Aim Hreem Sreem OM **sarvasampatthipooriNi** Jaya Jaya
 Aim Hreem Sreem OM **sarvamanthramayi** Jaya Jaya
 Aim Hreem Sreem OM **sarva DvanDva kshayamkari** Jaya Jaya
 Aim Hreem Sreem OM **sarva soubhaagya Daayaka chakraswaamini** Jaya Jaya
 Aim Hreem Sreem OM **sampraDaaya yOgini** Jaya Jaya
 Aim Hreem Sreem OM **sarva siDDhipraDE** Jaya Jaya
 Aim Hreem Sreem OM **sarva sampathpraDE** Jaya Jaya
 Aim Hreem Sreem OM **sarva priyankari** Jaya Jaya
 Aim Hreem Sreem OM **sarva mangaLakaariNi** Jaya Jaya
 Aim Hreem Sreem OM **sarvakaamapraDE** Jaya Jaya
 Aim Hreem Sreem OM **sarvaDuKkha vimOchini** Jaya Jaya
 Aim Hreem Sreem OM **sarva mruthyupraSamani** Jaya Jaya
 Aim Hreem Sreem OM **sarvavighnanivaariNi** Jaya Jaya
 Aim Hreem Sreem OM **sarvaanga sunDari** Jaya Jaya
 Aim Hreem Sreem OM **sarva soubhaagya Daayini** Jaya Jaya
 Aim Hreem Sreem OM **sarvaartha saaDhaka chakraswaamini** Jaya Jaya
 Aim Hreem Sreem OM **kuLotheerNayOgini** Jaya Jaya
 Aim Hreem Sreem OM **sarvajnE** Jaya Jaya
 Aim Hreem Sreem OM **sarvaSakthE** Jaya Jaya

Aim Hreem Sreem OM **sarva aiSwaryapraDE** Jaya Jaya
 Aim Hreem Sreem OM **sarvajnaanamayi** Jaya Jaya
 Aim Hreem Sreem OM **sarvavyaaDhi vinaaSini** Jaya Jaya
 Aim Hreem Sreem OM **sarvaaDhaara swaroopE** Jaya Jaya
 Aim Hreem Sreem OM **sarvapaapaharE** Jaya Jaya
 Aim Hreem Sreem OM **sarvaananDamayi** Jaya Jaya
 Aim Hreem Sreem OM **sarvarakshaaswaroopiNi** Jaya Jaya
 Aim Hreem Sreem OM **sarvEpsitha phalapraDE** Jaya Jaya
 Aim Hreem Sreem OM **sarvarakshaakara chakraswaamini** Jaya Jaya
 Aim Hreem Sreem OM **nigarbhayOgini** Jaya Jaya
 Aim Hreem Sreem OM **vaSini** Jaya Jaya
 Aim Hreem Sreem OM **kaamESwari** Jaya Jaya
 Aim Hreem Sreem OM **mODini** Jaya Jaya
 Aim Hreem Sreem OM **vimalE** Jaya Jaya
 Aim Hreem Sreem OM **aruNE** Jaya Jaya
 Aim Hreem Sreem OM **jayini** Jaya Jaya
 Aim Hreem Sreem OM **sarvESwari** Jaya Jaya
 Aim Hreem Sreem OM **kouLini** Jaya Jaya
 Aim Hreem Sreem OM **sarvarOgahara chakraswaamini** Jaya Jaya
 Aim Hreem Sreem OM **rahasya yOgini** Jaya Jaya
 Aim Hreem Sreem OM **baaNini** Jaya Jaya
 Aim Hreem Sreem OM **chaapini** Jaya Jaya
 Aim Hreem Sreem OM **paaSini** Jaya Jaya
 Aim Hreem Sreem OM **ankuSini** Jaya Jaya
 Aim Hreem Sreem OM **mahaakaamESwari** Jaya Jaya
 Aim Hreem Sreem OM **mahaavajrESwari** Jaya Jaya
 Aim Hreem Sreem OM **mahaabhagamaalini**
 Aim Hreem Sreem OM **mahaaSreesunDari**
 Aim Hreem Sreem OM **SarvasiDDhipraDa chakraswaamini** Jaya Jaya



Aim Hreem Sreem OM **athirahasya yOgini** Jaya Jaya

Aim Hreem Sreem OM **Sree Sree mahaa bhattacharika sarvaanandamaya chakraswamini** Jaya
Jaya

Aim Hreem Sreem OM **paraapara rahasyayOgini** Jaya Jaya

Aim Hreem Sreem OM **thripurE** Jaya Jaya

Aim Hreem Sreem OM **thripurESee** Jaya Jaya

Aim Hreem Sreem OM **thripurasunDari** Jaya Jaya

Aim Hreem Sreem OM **thripuravaasini** Jaya Jaya

Aim Hreem Sreem OM **thripuraaSree** Jaya Jaya

Aim Hreem Sreem OM **thripuramaalini** Jaya Jaya

Aim Hreem Sreem OM **thripuraasiDDhE** Jaya Jaya

Aim Hreem Sreem OM **thripuraamba** Jaya Jaya

Aim Hreem Sreem OM **mahaa thripurasunDari** Jaya Jaya

Aim Hreem Sreem OM **mahaa mahESwari** Jaya Jaya

Aim Hreem Sreem OM **mahaa maharaajni** Jaya Jaya

Aim Hreem Sreem OM **mahaa mahaaSakthE** Jaya Jaya

Aim Hreem Sreem OM **mahaa mahaa gupthE** Jaya Jaya

Aim Hreem Sreem OM **mahaa mahaajnapthE** Jaya Jaya

Aim Hreem Sreem OM **mahaa mahaananDE** Jaya Jaya

Aim Hreem Sreem OM **mahaa mahaaspanDE** Jaya Jaya

Aim Hreem Sreem OM **mahaa mahaaSayE** Jaya Jaya

Aim Hreem Sreem OM **mahaa mahaa Sree chakra nagara saamraajni** Jaya Jaya

namasthE! namasthE! namasthE! namaha

aneka mayaakrutha Suddha Sakthi jayaantha maalaa mantra paaraayana japEna

bhagavati saathwika hreemkaara bhattacharika peeTasThitha

hrudaya kaamEswaraanka nilayaa

hrullekhaa lalithaa mahaa bhattacharika

supreethaa suprasannaa varadaa bhavatu

6. SuDDha Siva sambuDDhyantha Maalaa

*Asya Sree SuDDha Siva sambuDDhyantha maalaa mahaa manthrasya,
ghraaNEndriyaa DhisTaayee
bhagaaDithya Rishihi thrishtup chandaha
bhOgaDa hakaara bhattaaraka peeTasThitha
halinee lalithaa mandithaanka
halika kaamESwara mahaabhattaarakO DEvatha
aim-beejam, kleem-Sakthihi, souh-keelakam
DEhaSuDDhou viniyOgaha*

Karanyaasa:

Hraam AnguShTaabhyaam namaha – wipe your thumb with your index finger from bottom to top

Hreem tharjaneebhyaam namaha - wipe your index finger with your thumb from bottom to top

Hroom Madhyamaabhyaam namaha - wipe your middle finger with the thumb from bottom to top

Hraim Anaamikaabhyaam namaha - wipe your ring finger with the thumb from bottom to top

Hroum KanishTTikaabhyaam namaha - wipe your little finger with the thumb from bottom to top

Hraha KarathaLakara prushTaabhyaam namaha - pass your hands one over the other touching your palms and the back of your hands.

Anganyaasa

Hraam Hrudayaaya namah – touch your heart with your right hand

Hreem Sirase swaaha – touch the top of your head with your right hand

Hroom Sikhayai vashat – touch the back of your head with right hand

Hraim Kavachaaya hum – cover yourself with both hands as if you are protecting yourself from the cold

Hroum Nethra thrayaaya voushat - touch your three eyes with your index, middle and ring finger. The index finger touches the right eye, the middle finger touches the centre, the index touches the right and the ring touches the left eye

Hraha Asthraaya phat Bhoor bhuva suvar om ithi digbanDhaha - When you are saying that, move your right hand around your head in a circular fashion. When you say Phat you clap and snap your fingers in the directions East, South, West and North.

Dhyaanam:

*thathaa siDhyathi thE bhakthO yaCchareerasya paarvathi
thaptha kaanchana gowrasya kaDaapi kwaapi nakshayaha | |*

PanchOpachaara Pooja:

Lam: Prithvi thathvaatmikaam ganDham parikalpayaami namah

Ham: Aakaasa thathvaatmikaam puShpam parikalpayaami namah

Yam: Vayu thathvaatmikaam dhoopam parikalpayaami namah

Ram: Vahni thathvaatmikaam deepam parikalpayaami namah

Sam: Sarva thathvaatmikaam sarvOpachaaraan parikalpayaami namah

Aim Hreem Sreem OM namashripura sunDara

Aim Hreem Sreem OM hrudayaDEva

Aim Hreem Sreem OM SirODEva

Aim Hreem Sreem OM SikhaaDEva

Aim Hreem Sreem OM kavachaDEva

Aim Hreem Sreem OM nEthraDEva

Aim Hreem Sreem OM asthraDEva

Aim Hreem Sreem OM kaamESwara

Aim Hreem Sreem OM bhagamaalin

Aim Hreem Sreem OM nithyaklinna

Aim Hreem Sreem OM bhErunda

Aim Hreem Sreem OM vahnivaasin

Aim Hreem Sreem OM mahaavajrESwara

Aim Hreem Sreem OM SivaDootha
Aim Hreem Sreem OM thwaritha
Aim Hreem Sreem OM kulasundara
Aim Hreem Sreem OM nithya
Aim Hreem Sreem OM Neelapathaaka
Aim Hreem Sreem OM vijaya
Aim Hreem Sreem OM sarvamangaLa
Aim Hreem Sreem OM jwaalaamaalin
Aim Hreem Sreem OM chitra
Aim Hreem Sreem OM mahaanithya
Aim Hreem Sreem OM paramESwara paramESwara
Aim Hreem Sreem OM mithreSamaya
Aim Hreem Sreem OM ShaShTTeeSamaya
Aim Hreem Sreem OM uddeeSamaya
Aim Hreem Sreem OM charyaanaathamaya
Aim Hreem Sreem OM agasthyamaya
Aim Hreem Sreem OM kaalathaapanamaya
Aim Hreem Sreem OM Dharmaachaaramaya
Aim Hreem Sreem OM mukthakESeeSwaramaya
Aim Hreem Sreem OM deepakalaanaathamaya
Aim Hreem Sreem OM viShnuDEvamaya
Aim Hreem Sreem OM thEjODEvamaya
Aim Hreem Sreem OM manOjaDEvamaya
Aim Hreem Sreem OM kalyaaNaDEvamaya
Aim Hreem Sreem OM rathnaDEvamaya
Aim Hreem Sreem OM vaasuDEvamaya
Aim Hreem Sreem OM Sree raamaananDamaya



Aim Hreem Sreem OM aNimaasiDDhE
 Aim Hreem Sreem OM laghimaasiDDhE
 Aim Hreem Sreem OM garimaasiDDhE
 Aim Hreem Sreem OM mahimaasiDDhE
 Aim Hreem Sreem OM eeSithwasiDDhE
 Aim Hreem Sreem OM vaSithwasiDDhE
 Aim Hreem Sreem OM praakaamyasiDDhE
 Aim Hreem Sreem OM bhukthisiDDhE
 Aim Hreem Sreem OM icchasiDDhE
 Aim Hreem Sreem OM prapthisiDDhE
 Aim Hreem Sreem OM sarvakaamasiDDhE
 Aim Hreem Sreem OM braahma
 Aim Hreem Sreem OM mahESwara
 Aim Hreem Sreem OM koumaara
 Aim Hreem Sreem OM vaiShNava
 Aim Hreem Sreem OM vaaraaha
 Aim Hreem Sreem OM mahEnDra
 Aim Hreem Sreem OM chaamunda
 Aim Hreem Sreem OM mahaalakshmee
 Aim Hreem Sreem OM sarvasankshObhin
 Aim Hreem Sreem OM sarvaviDraavin
 Aim Hreem Sreem OM sarvaakarshiN
 Aim Hreem Sreem OM sarvavasankara
 Aim Hreem Sreem OM sarvOnmaaDin
 Aim Hreem Sreem OM sarvamahaankuSa
 Aim Hreem Sreem OM sarvakhechara
 Aim Hreem Sreem OM sarvabeeja



Aim Hreem Sreem OM sarvayOnE
Aim Hreem Sreem OM sarvathrikhanda
Aim Hreem Sreem OM thrailOkya mOhana chakraswaamin
Aim Hreem Sreem OM prakatayOgin
Aim Hreem Sreem OM kaamaakarshaNa
Aim Hreem Sreem OM buDDhyaakarshaNa
Aim Hreem Sreem OM ahamkaaraakarshaNa
Aim Hreem Sreem OM SabDaakarshaNa
Aim Hreem Sreem OM sparsaakarshaNa
Aim Hreem Sreem OM roopaakarshaNa
Aim Hreem Sreem OM ganDhaakarshaNa
Aim Hreem Sreem OM chitthaakarshaNa
Aim Hreem Sreem OM DhairyaakarshaNa
Aim Hreem Sreem OM smruthyaakarshaNa
Aim Hreem Sreem OM namaakarshana
Aim Hreem Sreem OM beejaakarshaNa
Aim Hreem Sreem OM athmaakarshaNa
Aim Hreem Sreem OM amruthaakarshaNa
Aim Hreem Sreem OM SareeraakarshaNa
Aim Hreem Sreem OM sarvaaSaa paripooraka chakraswaamin
Aim Hreem Sreem OM gupthayOgin
Aim Hreem Sreem OM anangakusuma
Aim Hreem Sreem OM ananga mEkhala
Aim Hreem Sreem OM anangamaDana
Aim Hreem Sreem OM anangamaDanaathura
Aim Hreem Sreem OM anangarEkha
Aim Hreem Sreem OM ananga vEgin



Aim Hreem Sreem OM anangaankuSa
 Aim Hreem Sreem OM anangamaalin
 Aim Hreem Sreem OM sarva sankShobhaNa chakraswaamin
 Aim Hreem Sreem OM gupthatharayOgin
 Aim Hreem Sreem OM sarvasankShObhin
 Aim Hreem Sreem OM sarvaviDraavin
 Aim Hreem Sreem OM sarvaakarShin
 Aim Hreem Sreem OM sarvaahlaaDin
 Aim Hreem Sreem OM sarvasammOhin
 Aim Hreem Sreem OM sarvasthambhin
 Aim Hreem Sreem OM sarvajhrumbhin
 Aim Hreem Sreem OM sarva vaSankara
 Aim Hreem Sreem OM sarvaranjan
 Aim Hreem Sreem OM sarvOnmaaDin
 Aim Hreem Sreem OM sarvaarThaasaaDhin
 Aim Hreem Sreem OM sarvasampatthipooraNa
 Aim Hreem Sreem OM sarvamanthramaya
 Aim Hreem Sreem OM sarva DvanDva kShayankara
 Aim Hreem Sreem OM sarva soubhagya Daayaka chakraSwaamin
 Aim Hreem Sreem OM sampraDaaya yOgin
 Aim Hreem Sreem OM sarvasiDDhipraDa
 Aim Hreem Sreem OM sarvasampathpraDa
 Aim Hreem Sreem OM sarvapriyankara
 Aim Hreem Sreem OM sarvamangaLakaarin
 Aim Hreem Sreem OM sarvakaamapraDa
 Aim Hreem Sreem OM sarvaDuhkha vimOchin
 Aim Hreem Sreem OM sarvamruthyupraSamana



Aim Hreem Sreem OM sarvavighna nivaarin
 Aim Hreem Sreem OM sarvaanga sunDara
 Aim Hreem Sreem OM sarvasoubhaagyaDaayin
 Aim Hreem Sreem OM sarvaarTha saaDhaka chakraswaamin
 Aim Hreem Sreem OM kuLotheerNa yOgin
 Aim Hreem Sreem OM sarvajna
 Aim Hreem Sreem OM sarvaSakthE
 Aim Hreem Sreem OM sarvaiSwaryaprada
 Aim Hreem Sreem OM sarvajnaanamaya
 Aim Hreem Sreem OM sarva vyaaDhi vinaasin
 Aim Hreem Sreem OM sarvaa Dhaara swaroopa
 Aim Hreem Sreem OM sarva paapahara
 Aim Hreem Sreem OM sarvaanandamaya
 Aim Hreem Sreem OM sarva rakshaa swaroopin
 Aim Hreem Sreem OM sarvEpsitha phalaprada
 Aim Hreem Sreem OM sarvarakshaakara chakraSwaamin
 Aim Hreem Sreem OM nigarbhaYOgin
 Aim Hreem Sreem OM vaSin
 Aim Hreem Sreem OM kaamESwara
 Aim Hreem Sreem OM mODin
 Aim Hreem Sreem OM vimala
 Aim Hreem Sreem OM aruNa
 Aim Hreem Sreem OM jayin
 Aim Hreem Sreem OM sarvESwara
 Aim Hreem Sreem OM kouLin
 Aim Hreem Sreem OM sarvarOgahara chakraSwamin
 Aim Hreem Sreem OM rahasya yOgin

Aim Hreem Sreem OM baaNin

Aim Hreem Sreem OM chaapin

Aim Hreem Sreem OM paaSin

Aim Hreem Sreem OM ankuSin

Aim Hreem Sreem OM mahaakaamESwara

Aim Hreem Sreem OM mahaavajrESwara

Aim Hreem Sreem OM mahaa bhagamaalin

Aim Hreem Sreem OM mahaa SreesunDara

Aim Hreem Sreem OM sarvasiDDhiprada ChakraSwaamin

Aim Hreem Sreem OM Athi rahasya yOgin

Aim Hreem Sreem OM Sree Sree mahaabhattacharaka Sarvaa nandamaya chakraSwaamin

Aim Hreem Sreem OM paraapara rahasya yOgin

Aim Hreem Sreem OM thripura

Aim Hreem Sreem OM thripurESa

Aim Hreem Sreem OM thripurasunDara

Aim Hreem Sreem OM thripuravaasin

Aim Hreem Sreem OM thripuraasreeh

Aim Hreem Sreem OM thripura maalin

Aim Hreem Sreem OM thripuraa siDDha

Aim Hreem Sreem OM thripuraamba

Aim Hreem Sreem OM mahaa thripura sunDara

Aim Hreem Sreem OM mahaa mahESwara

Aim Hreem Sreem OM mahaa mahaa raja

Aim Hreem Sreem OM mahaa mahaa SakthE

Aim Hreem Sreem OM mahaa mahaa guptha

Aim Hreem Sreem OM mahaa mahaa jnapthE

Aim Hreem Sreem OM mahaa mahaa nanDa



Aim Hreem Sreem OM mahaa mahaa spanDa

Aim Hreem Sreem OM mahaa mahaa Saya

Aim Hreem Sreem OM mahaa mahaa Sree chakranagara samraat *namasthe! namasthe!*
namasthe! namahaa

anEka mayaakrutha SuDDha siva sambuDDhyantha maalaa manthra paaraayaNa
japEna bhagavaan – bhogaDa hakaara bhattaraka peeTa sThitha
halinee lalithaa mandithaanka
halika kaamESwara mahaa bhattarakODEvaha
supreethaha suprasanna varaDO bhavathu



7.SuDDha Siva NamOntha Maala

Asya Sree SuDDha Siva namOntha maala mahaa mantrasya

jihvEndriya aDhiShTaayi

inDraaDitya rishihi

jagathee chandaha

bhogaDa sakaara bhattaraka peeTasThitha

Saraswathee Lalithaa mandithaanka

sarvajna kaamESvara mahaa bhattarakO DEvathaa

aim-beejam, kleem-Sakthihi, souh-keelakam

loha siDDhou viniyOgaha

Karanyaasa:

Hraam AnguShTaabhyaam namaha – wipe your thumb with your index finger from bottom to top

Hreem tharjaneebhyaam namaha - wipe your index finger with your thumb from bottom to top

Hroom Madhyamaabhyaam namaha - wipe your middle finger with the thumb from bottom to top

Hraim Anaamikaabhyaam namaha - wipe your ring finger with the thumb from bottom to top

Hroum KanishTTikaabhyaam namaha - wipe your little finger with the thumb from bottom to top

Hraha Karathalakara prushTTaabhyaam namaha - pass your hands one over the other touching your palms and the back of your hands.

Anganyaasa

Hraam Hrudayaaya namah – touch your heart with your right hand

Hreem Sirase swaaha – touch the top of your head with your right hand

Hroom Sikhayai vashat – touch the back of your head with right hand

Hraim Kavachaaya hum – cover yourself with both hands as if you are protecting yourself from the cold.

Hroum NEthra thrayaaya voushat - touch your three eyes with your index, middle and ring finger. The index finger touches the right eye, the middle finger touches the centre, the index touches the right and the ring touches the left eye.

Hraha Asthraaya phat Bhoor bhuva suvar om ithi digbanDhaha - When you are saying that, move your right hand around your head in a circular fashion. When you say Phat you clap and snap your fingers in the directions East, South, West and North.

Dhyaanam:

*thvaD bhaktha hastha sparSena lohO pyaShTa viDhaha SivE
Kaanchanee bhaavamaapnOthi yaDhaa syaacchiva thulyathaa ||*

PanchOpachaara Pooja:

- Lam:** Prithvi thathvaatmikaam ganDham parikalpayaami namah
- Ham:** Aakaasa thathvaatmikaam puShpam parikalpayaami namah
- Yam:** Vayu thathvaatmikaam dhoopam parikalpayaami namah
- Ram:** Vahni thathvaatmikaam Deepam parikalpayaami namah
- Sam:** Sarva thathvaatmikaam sarvOpachaaraan parikalpayaami namah

Aim hreem Sreem Om **namastripura sunDaraaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **hruDaya DEvaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **Siro DEvaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **Sikhaa DEvaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **Kavacha DEvaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **nEthra DEvaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **asthra DEvaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **kaamESvaraaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **bhagamaalinE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **nithyaklinnaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **bhErundaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **vahnivaasinE** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **mahaa vajrESvaraaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **SivaDoothaaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **thvarithaaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **kuLasunDaraaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **nithyaaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **neelapataakaaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **vijayaaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **sarva mangaLaaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **jvaalaa maalinE** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **chithraaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **mahaanithyaaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **paramESvara paramESvaraaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **mithrESamayaaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **ShashTeeSamayaaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **uddeeSamayaaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **charyanaaThamayaaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **IOpaamuDraamayaaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **agasthyamayaaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **kaalathaapana mayaaya** namaha Sri paDukaam pujayaami namah
 Aim Hreem Sreem OM **Dharmaachara mayaaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **mukthakESeeSvaraaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **DeepakaLaanaaTha mayaaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **viShnuDEva mayaaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **prabhaakara DEvamayaaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **thEjODEvamayaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **manOjaDEvamayaaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **kalyaaNa DEvamayaaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **rathna Deva mayaaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **vaasuDEvamayaaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **Sri ramaananDamayaaya** namaha Sri paDukaam pujayaami namah
 Aim Hreem Sreem OM **aNimaa siDDhayE** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **Laghimaa siDDhayE** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **garimaa siddhayE** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **mahimaa siDDhayE** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **eeSithva siDDhayE** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **vaSithva siDDhayE** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **praakaamya siDDhayE** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **bhukthi siDDhayE** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **iccha siDDhayE** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **praapthi siDDhayE** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **sarva-kaama siDDhayE** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **brahmaaya namaha** Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **maahESvaraaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **koumaaraaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **vaiShnavaaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **vaaraahaaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **mahEnDraaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **chaamundaaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **mahaalakshmyai** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **sarva sankShobhiNE** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **sarva viDraaviNE** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **sarvaakarShiNE** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **sarva vaSankaraaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **sarvOnmaaDinE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarva mahaankuSaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarva khEcharaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarva beejaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarva yOnayE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarva thrikhandayE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **thrailOkya mOhana chakra swaminE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **prakata yOginE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **kaamaakarShaNaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **buDDhyaakarShaNaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **ahamkaaraakarshaNaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **SabDaakarshaNaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sparShaakarshaNaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **roopaakarshaNaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **rasaakarshaNaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **ganDhaakarshaNaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **chitthaakarshaNaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **DhairyaakarshaNaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **smruthyaakarshaNaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **naamaakarshaNaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **beejaakarshaNaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **aathmaakarshaNaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **amruthaakarshaNaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **SareeraakarshaNaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarvaaSaa paripooraka chakra swaminE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **guptha yOginE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **anangakusumaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **anangamEkhalaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **anangamaDanaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **anangamaDanaathuraaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **anangarekhaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **anangavEgine** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **anangaankuSaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **anangamaaline** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarvasankShObhaNa chakra swaminE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **gupthathara yoginE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarva sankShObhiNE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarva viDraaviNE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarvaakarShiNE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarvaahlaadinE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarva sammOhinE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarva sthambhiNE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarva jhrumbhiNE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarva vaSankaraaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarvaranjanaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarvOnmaadinE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarvaarThasaaDhinE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarvasampatthi** pooraNaaya namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarvamanthramayaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarva DvanDva kShayamkaraaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarva soubhaagya Daayaka chakra swaminE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sampraDaaya yOginE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarva siddhipraDaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarva sampathpraDaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarva priyankaraaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarva mangalakaariNe** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarva kaamapraDaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarva Duhkha vimOchane** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarva mruthyupraSamanaaya** namaha Sri paaDukaam Poojayaami
namaha

Aim Hreem Sreem OM **sarva vighna nivaariNE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarvaanga sunDaraaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarva soubhaagya DaayinE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarvaartha saadhaka** chakra swamine namaha Sri paaDukaam
Poojayaami namaha

Aim Hreem Sreem OM **kuLottheerNa yOginE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarvajnaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarvaSakthayE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarva aiSvarya pradaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarvajnaanamayaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarvavyaaDhi vinaaSinE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarvaaDhaara svaroopaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarva paapaharaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarvaananda mayaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarvarakShaa svaroopiNE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarvEpsithaphalapraDaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarvarakShaakara chakra swaminE** namaha Sri paaDukaam Poojayaami
namaha

Aim Hreem Sreem OM **nigarbha yOginE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **vaSinE namaha** Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **kaamESwaraaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **mODine** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **vimalaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **aruNaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **jayinE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarvESwaraaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **kouLinE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarvarOgahara chakra swaminE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **rahasya yoginE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **baaNinE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **chaapinE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **paaSinE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **ankuSinE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **mahaa kaamESvaraaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **mahaa vajrESvaraaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **mahaa bhagamaalinE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **mahaa Sree sunDaraaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **sarva siDDhi praDa chakra swaminE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **athirahasya yOginE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **Sree Sree mahaa bhattacharakaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **SarvaananDamaya chakra swaminE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **Paraapara rahasya yOginE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **thripuraaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **thripurESaaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **thripura sunDaraaya** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **thripura vaasinE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **thripuraaSriyE** namaha Sri paaDukaam Poojayaami namaha

Aim Hreem Sreem OM **thripura maalinE** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **thripuraa siDDhaye** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **thripuraambaaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **mahaa thripura sunDaraaya** namaha Sri paaDukaam Poojayaami
 namaha
 Aim Hreem Sreem OM **mahaa mahESvaraaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **mahaa maharaajaaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **mahaa mahaaSakthayE** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **mahaa mahaaagupthayE** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **mahaa mahaaajnaphayE** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **mahaa mahaanandaaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa spanDaaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa Sayaaya** namaha Sri paaDukaam Poojayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa Sree chakra nagara saamraajnaaya** namaha Sri
 paaDukaam poojayaami namaha **namasthe! namasthe! namasthe!**

anEka mayaakrutha SuDDha Siva namOntha maalaa paaraayaNa japEna
bhagavaan bhogaDa sakaara bhattaraka peeTasThitha
sarasvathee lalithaa mandithaanka
sarvajna kaamESvaree lalithaa mahaa bhattaarakO DEvatha
supreethaha suprasanno varaDO bhavathu

8. SuDDha-Siva-svaahaantha maalaa

Asya Sri SuDDha Siva svaahaantha maalaa mahaa manthrasya

chakShur indriyaaDhiSTaayee vivasvaDaaDithya riShihi

athijagathee cchanDaha

thaamasa kakaara bhataaraka peeTasThitha

kamalaa lalithaa mandithaanka

kaalamarDhana kaamESvara mahaa bhataarakO DEvathaa

aim- beejam, Kleem-Sakthihi, souh-keelakam

aNimaaDiaShtaiSvarya siDDhou viniyOgaha

Karanyaasa:

Hraam AnguShTTaabhyaam namaha – wipe your thumb with your index finger from bottom to top

Hreem tharjaneebhyaam namaha - wipe your index finger with your thumb from bottom to top

Hroom Madhyamaabhyaam namaha - wipe your middle finger with the thumb from bottom to top

Hraim Anaamikaabhyaam namaha - wipe your ring finger with the thumb from bottom to top

Hroum KanishTTikaabhyaam namaha - wipe your little finger with the thumb from bottom to top

Hraha Karathalakara prushTTaabhyaam namaha - pass your hands one over the other touching your palms and the back of your hands.

Anganyaasa

Hraam HruDayaaya namah – touch your heart with your right hand

Hreem Sirase swaahaa – touch the top of your head with your right hand

Hroom Sikhayai vashat – touch the back of your head with right hand

Hraim Kavachaaya hum – cover yourself with both hands as if you are protecting yourself from the cold.

Hroum nEthra thrayaaya voushat - touch your three eyes with your index, middle and ring finger. The index finger touches the right eye, the middle finger touches the centre, the index touches the right and the ring touches the left eye.

Hraha Asthraaya phat Bhoor bhuva suvar om ithi digbanDhaha - When you are saying that, move your right hand around your head in a circular fashion. When you say Phat you clap and snap your fingers in the directions East, South, West and North.

Dhyaanam:

*yE ShtaaNuthva mahathvaaDhyaah svEcchaa maathra prakalpithaha
Thava bhaktha SareeraaNam thesurnaisargikaa guNaah II*

PanchOpachaara Pooja:

Lam: Prithvi thathvaatmikaam ganDham parikalpayaami namah
Ham: Aakaasa thathvaatmikaam puShpam parikalpayaami namah
Yam: Vayu thathvaatmikaam dhoopam parikalpayaami namah
Ram: Vahni thathvaatmikaam Deepam parikalpayaami namah
Sam: Sarva thathvaatmikaam sarvOpachaaraan parikalpayaami namah

Aim hreem Sreem OM **namasthripura** sunDaraaya svaahaa

Aim Hreem Sreem OM **hruDaya DEvaaya** svaahaa

Aim Hreem Sreem OM **Siro DEvaaya** svaahaa

Aim Hreem Sreem OM **Sikhaa DEvaaya** svaahaa

Aim Hreem Sreem OM **kavacha DEvaaya** svaahaa

Aim Hreem Sreem OM **nEthra DEvaaya** svaahaa

Aim Hreem Sreem OM **asthra DEvaaya** svaahaa

Aim Hreem Sreem OM **kaamESvaraaya** svaahaa

Aim Hreem Sreem OM **bhagamaalinE** svaahaa

Aim Hreem Sreem OM **nithyaklinnaaya** svaahaa

Aim Hreem Sreem OM **bhErundaaya** svaahaa

Aim Hreem Sreem OM **vahnivaasinE** svaahaa

Aim Hreem Sreem OM **mahaa vajrESvaraaya** svaahaa

Aim Hreem Sreem OM **SivaDoothaaya** svaahaa

Aim Hreem Sreem OM **thvarithaaya** svaahaa

Aim Hreem Sreem OM **kulasunDaraaya** svaahaa

Aim Hreem Sreem OM **nithyaaya** svaahaa

Aim Hreem Sreem OM **neelapathaakaaya** svaahaa

Aim Hreem Sreem OM **vijayaaya** svaahaa
 Aim Hreem Sreem OM **sarva mangaLaaya** svaahaa
 Aim Hreem Sreem OM **jvaala maalinE** svaahaa
 Aim Hreem Sreem OM **chithraaya** svaahaa
 Aim Hreem Sreem OM **mahaa nithyaaya** svaahaa
 Aim Hreem Sreem OM **paramESvara paramESvaraaya** svaahaa
 Aim Hreem Sreem OM **mitrESamayaaya** svaahaa
 Aim Hreem Sreem OM **ShashTeeSamayaaya** svaahaa
 Aim Hreem Sreem OM **uddeeSamayaaya** svaahaa
 Aim Hreem Sreem OM **charyanaaThamayaaya** svaahaa
 Aim Hreem Sreem OM **IOpaamuDraamayaaya** svaahaa
 Aim Hreem Sreem OM **agasthyamayaaya** svaahaa
 Aim Hreem Sreem OM **kaalathaapanamayaaya** svaahaa
 Aim Hreem Sreem OM **Dharmaacharamayaaya** svaahaa
 Aim Hreem Sreem OM **mukthakESeeSvaraaya** svaahaa
 Aim Hreem Sreem OM **Deepa kalaanaaTha mayaaya** svaahaa
 Aim Hreem Sreem OM **vishnu DEva mayaaya** svaahaa
 Aim Hreem Sreem OM **prabhaakara DEva** mayaaya svaahaa
 Aim Hreem Sreem OM **thejODEva** mayaaya svaahaa
 Aim Hreem Sreem OM **manOjaDEva** mayaaya svaahaa
 Aim Hreem Sreem OM **kalyaaNa DEva** mayaaya svaahaa
 Aim Hreem Sreem OM **rathna DEva**-mayaaya svaahaa
 Aim Hreem Sreem OM **vaasuDEva**-mayaaya svaahaa
 Aim Hreem Sreem OM **Sri raama ananDamayaaya** svaahaa
 Aim Hreem Sreem OM **aNimaa siDDhayE** svaahaa
 Aim Hreem Sreem OM **laghimaa siDDhayE** svaahaa
 Aim Hreem Sreem OM **garimaa siddhayE** svaahaa
 Aim Hreem Sreem OM **mahimaa siDDhayE** svaahaa
 Aim Hreem Sreem OM **eeSithva siDDhayE** svaahaa

Aim Hreem Sreem OM **vaSithva siDDhayE** svaahaa
 Aim Hreem Sreem OM **praakamya siDDhayE** svaahaa
 Aim Hreem Sreem OM **bhukthi siDDhayE** svaahaa
 Aim Hreem Sreem OM **icchaa siDDhayE** svaahaa
 Aim Hreem Sreem OM **praapthi siDDhayE** svaahaa
 Aim Hreem Sreem OM **sarvakaama siDDhayE** svaahaa
 Aim Hreem Sreem OM **braahmaaya** svaahaa
 Aim Hreem Sreem OM **maahESvaraaya** svaahaa
 Aim Hreem Sreem OM **koumaaraaya** svaahaa
 Aim Hreem Sreem OM **vaiShnavaaya** svaahaa
 Aim Hreem Sreem OM **vaaraahaaya** svaahaa
 Aim Hreem Sreem OM **mahEndraaya** svaahaa
 Aim Hreem Sreem OM **chaamundaaya** svaahaa
 Aim Hreem Sreem OM **mahalakshmyai** svaahaa
 Aim Hreem Sreem OM **sarva sankShObhiNE** svaahaa
 Aim Hreem Sreem OM **sarvaviDraaviNE** svaahaa
 Aim Hreem Sreem OM **sarvaakarShiNE** svaahaa
 Aim Hreem Sreem OM **sarvavaSankaraaya** svaahaa
 Aim Hreem Sreem OM **sarvOnmaaDinE** svaahaa
 Aim Hreem Sreem OM **sarva mahaankuSaaya** svaahaa
 Aim Hreem Sreem OM **sarva khEcharaaya** svaahaa
 Aim Hreem Sreem OM **sarva beejaaya** svaahaa
 Aim Hreem Sreem OM **sarva yOnayE** svaahaa
 Aim Hreem Sreem OM **sarva thrikhandayE** svaahaa
 Aim Hreem Sreem OM **thrailOkya mOhana chakra swaminE** svaahaa
 Aim Hreem Sreem OM **prakata yOginE** svaahaa
 Aim Hreem Sreem OM **kaamaakarShaNaaaya** svaahaa
 Aim Hreem Sreem OM **buDDhyaakarShaNaaaya** svaahaa
 Aim Hreem Sreem OM **ahamkaaraakarShaNaaaya** svaahaa

Aim Hreem Sreem OM **SabDaakarShaNaya** svaahaa
 Aim Hreem Sreem OM **sparSaakarShaNaya** svaahaa
 Aim Hreem Sreem OM **roopaakarShaNaya** svaahaa
 Aim Hreem Sreem OM **rasaakarShaNaya** svaahaa
 Aim Hreem Sreem OM **ganDhaakarShaNaya** svaahaa
 Aim Hreem Sreem OM **chitthaakarShaNaya** svaahaa
 Aim Hreem Sreem OM **DhairyaakarShaNaya** svaahaa
 Aim Hreem Sreem OM **smruthyaakarShaNaya** svaahaa
 Aim Hreem Sreem OM **naamaakarShaNaya** svaahaa
 Aim Hreem Sreem OM **beejaakarShaNaya** svaahaa
 Aim Hreem Sreem OM **aathmaakarShaNaya** svaahaa
 Aim Hreem Sreem OM **amruthaakarShaNaya** svaahaa
 Aim Hreem Sreem OM **SareeraakarShaNaya** svaahaa
 Aim Hreem Sreem OM **sarvaaSaa paripooraka chakra swaminE** svaahaa
 Aim Hreem Sreem OM **guptha yOginE** svaahaa
 Aim Hreem Sreem OM **ananga kusumaaya** svaahaa
 Aim Hreem Sreem OM **ananga mEkhalaaya** svaahaa
 Aim Hreem Sreem OM **anangamaDanaaya** svaahaa
 Aim Hreem Sreem OM **ananga maDanaathuraaya** svaahaa
 Aim Hreem Sreem OM **anangarEkhaaya** svaahaa
 Aim Hreem Sreem OM **anangavEginE** svaahaa
 Aim Hreem Sreem OM **anangaankuSaaya** svaahaa
 Aim Hreem Sreem OM **anangamaalinE** svaahaa
 Aim Hreem Sreem OM **sarva sankShObhaNa chakra swaminE** svaahaa
 Aim Hreem Sreem OM **gupthathara yoginE** svaahaa
 Aim Hreem Sreem OM **sarvasankShObhiNE** svaahaa
 Aim Hreem Sreem OM **sarvaviDraaviNE** svaahaa
 Aim Hreem Sreem OM **sarvaakarShiNE** svaahaa
 Aim Hreem Sreem OM **sarvaahlaadinE** svaahaa

Aim Hreem Sreem OM **sarvasammOhinE** svaahaa
 Aim Hreem Sreem OM **sarvasthambhinE** svaahaa
 Aim Hreem Sreem OM **sarvajhrumbhiNE** svaahaa
 Aim Hreem Sreem OM **sarvavaSankaraaya** svaahaa
 Aim Hreem Sreem OM **Sarvaranjanaaya** svaahaa
 Aim Hreem Sreem OM **SarvOnmaaDinE** svaahaa
 Aim Hreem Sreem OM **sarvaarthasaaDhinE** svaahaa
 Aim Hreem Sreem OM **sarvasampatthi** pooraNaaaya svaahaa
 Aim Hreem Sreem OM **sarvamanthra** mayaaya svaahaa
 Aim Hreem Sreem OM **sarva DvanDva kShayamkaraaya** svaahaa
 Aim Hreem Sreem OM **sarva soubhaagya Daayaka chakra swaaminE** svaahaa
 Aim Hreem Sreem OM **sampraDaaya yOginE** svaahaa
 Aim Hreem Sreem OM **sarva siDDhipraDaaya** svaahaa
 Aim Hreem Sreem OM **sarva sampath praDaaya** svaahaa
 Aim Hreem Sreem OM **sarva priyankaraaya** svaahaa
 Aim Hreem Sreem OM **sarva mangaLakaariNe** svaahaa
 Aim Hreem Sreem OM **sarva kaamapraDaaya** svaahaa
 Aim Hreem Sreem OM **sarva Dukkha vimOchanE** svaahaa
 Aim Hreem Sreem OM **sarva mruthyu praSamanaaya** svaahaa
 Aim Hreem Sreem OM **sarva vighnanivaariNe** svaahaa
 Aim Hreem Sreem OM **sarvaanga sunDaraaya** svaahaa
 Aim Hreem Sreem OM **sarva soubhagya Daayinee** svaaha
 Aim Hreem Sreem OM **sarvaarTha saadhaka chakra swaaminE** svaahaa
 Aim Hreem Sreem OM **kuLOttheerNa yOginE** svaahaa
 Aim Hreem Sreem OM **sarvajnaaya** svaahaa
 Aim Hreem Sreem OM **sarvaSakthayE** svaahaa
 Aim Hreem Sreem OM **sarva aiSwarya praDaaya** svaahaa
 Aim Hreem Sreem OM **sarva jnaana mayaaya** svaahaa
 Aim Hreem Sreem OM **sarva vyaaDhi vinaaSine** svaahaa

Aim Hreem Sreem OM **sarvaadhaara svaroopaaaya** svaahaa
 Aim Hreem Sreem OM **sarva paapaharaaya** svaahaa
 Aim Hreem Sreem OM **sarvaananDa mayaaya** svaahaa
 Aim Hreem Sreem OM **sarvarakShaa svaroopiNe** svaahaa
 Aim Hreem Sreem OM **sarvEpsitha phalapradE** svaahaa
 Aim Hreem Sreem OM **sarva rakShaakara chakra swaaminE** svaahaa
 Aim Hreem Sreem OM **nigarbha yOginE** svaahaa
 Aim Hreem Sreem OM **vaSinE** svaahaa
 Aim Hreem Sreem OM **kaamESvaraaya** svaahaa
 Aim Hreem Sreem OM **mODinE** svaaha
 Aim Hreem Sreem OM **vimalaaya** svaahaa
 Aim Hreem Sreem OM **aruNaaya** svaahaa
 Aim Hreem Sreem OM **jayinE** svaahaa
 Aim Hreem Sreem OM **sarvESvaraaya** svaahaa
 Aim Hreem Sreem OM **kouLinE** svaahaa
 Aim Hreem Sreem OM **sarva rOgahara chakra swaaminE** svaahaa
 Aim Hreem Sreem OM **rahasya yOginE** svaahaa
 Aim Hreem Sreem OM **baaNinE** svaahaa
 Aim Hreem Sreem OM **chaapinE** svaahaa
 Aim Hreem Sreem OM **paaSinE** svaahaa
 Aim Hreem Sreem OM **ankuSinE** svaahaa
 Aim Hreem Sreem OM **mahaa kaamESvaraaya** svaahaa
 Aim Hreem Sreem OM **mahaa vajrESvaraaya** svaahaa
 Aim Hreem Sreem OM **mahaa bhagamaalinE** svaahaa
 Aim Hreem Sreem OM **mahaa Sree sunDaraaya** svaahaa
 Aim Hreem Sreem OM **sarva siDDhi praDa chakra swaaminE** svaahaa
 Aim Hreem Sreem OM **athi rahasya yOginE** svaahaa
 Aim Hreem Sreem OM **Sree Sree mahaa bhattacharakaaya** svaahaa
 Aim Hreem Sreem OM **SarvaananDamaya chakra swaaminE** svaahaa

Aim Hreem Sreem OM **Paraapara rahasya yOginE** svaahaa
 Aim Hreem Sreem OM **thripuraaya** svaahaa
 Aim Hreem Sreem OM **thripurESaaya** svaahaa
 Aim Hreem Sreem OM **thripura sunDaraaya** svaahaa
 Aim Hreem Sreem OM **thripura vaasinE** svaahaa
 Aim Hreem Sreem OM **thripuraaSrayE** svaahaa
 Aim Hreem Sreem OM **thripura maalinE** svaahaa
 Aim Hreem Sreem OM **thripuraa siDDhayE** svaahaa
 Aim Hreem Sreem OM **thripuraambaaya** svaaha
 Aim Hreem Sreem OM **mahaa thripura sunDaraaya** svaaha
 Aim Hreem Sreem OM **mahaa mahESvaraaya** svaaha
 Aim Hreem Sreem OM **mahaa maharaajaaya** svaaha
 Aim Hreem Sreem OM **mahaa mahaa SakthayE** svaaha
 Aim Hreem Sreem OM **mahaa mahaa gupthayE** svaaha
 Aim Hreem Sreem OM **mahaa mahaa jnaphayE** svaaha
 Aim Hreem Sreem OM **mahaa mahaananDaaya** svaaha
 Aim Hreem Sreem OM **mahaa mahaa spanDaaya** svaaha
 Aim Hreem Sreem OM **mahaa mahaa Sayaaya** svaaha
 Aim Hreem Sreem OM **mahaa mahaa Sree chakra nagara samrajnaaya** svaahaa namasthE!
 namasthE! namasthE! namo namah!

*Aneka mayaakrutha SuDDha Siva svaahaantha maalaa mantra paaraayaNa japEna
 bhagavaan thaamasa kakaara bhattaaraka peeTasThitha
 kamalaa lalithaa mandithaanka
 kaalamarDhana kaamESvara mahaa bhattaarakO DEvaha
 supreethaha suprasanno varado bhavathu II*

9.Suddha Siva tharpaNaantha maala

Asya Sri Suddha Siva tharpaNaantha maala mahaa manthrasya

thwaginDriyaa DhiShTaayee poosha aDitya riShihi

Sakwaree chanDaha

mokshaDa hakara bhataaraka peeTasThitha

hara vallabhaa lalithaa manditaanka

haranaatha kaamESwara mahaa bhataarakO DEvathaa

aim beejam, kleem- Saktihi, souh keelakam

sarva vaSyaa siddhou viniyOgaha

Karanyaasa:

Hraam AnguShThaabhyaam namaha – wipe your thumb with your index finger from bottom to top

Hreem tharjaneebhyaam namaha - wipe your index finger with your thumb from bottom to top

Hroom Madhyamaabhyaam namaha - wipe your middle finger with the thumb from bottom to top

Hraim Anaamikaabhyaam namaha - wipe your ring finger with the thumb from bottom to top

Hroum KanishTTikaabhyaam namaha - wipe your little finger with the thumb from bottom to top

Hraha Karathalakara prushTTaabhyaam namaha - pass your hands one over the other touching your palms and the

Anganyaasa

Hraam Hrudayaaya namah – touch your heart with your right hand

Hreem Sirase swaaha – touch the top of your head with your right hand

Hroom Sikhayai vashat – touch the back of your head with right hand

Hraim Kavachaaya hum – cover yourself with both hands as if you are protecting yourself from the cold.

Hroum NEthra thrayaaya voushat - touch your three eyes with your index, middle and ring finger. The index finger touches the right eye, the middle finger touches the centre, the index touches the right and the ring touches the left eye.

Hraha Asthraaya phat Bhoor bhuva suvar om ithi digbanDhaha - When you are saying that, move your right hand around your head in a circular fashion. When you say Phat you clap and snap your fingers in the directions East, South, West and North.

Dhyaanam

*SareeramarDham praaNaanScha nivEDya nijabhrruthyavath
thava Bhakthaan niShEevanthE vaSee bhoothaa nrupaDayaha*

PanchOpara Pooja

Lam: Prithvi thathvaatmikaam ganDham parikalpayaami namah

Ham: Aakaasa thathvaatmikaam puShpam parikalpayaami namah

Yam: Vayu thathvaatmikaam dhoopam parikalpayaami namah

Ram: Vahni thathvaatmikaam Deepam parikalpayaami namah

Sam: Sarva thathvaatmikaam sarvOpachaaraan parikalpayaami namah

Aim Hreem Sreem OM **namasthripurasunDaram** tharpayaami namaha

Aim Hreem Sreem OM **hriDayaDEvam** tharpayaami namaha

Aim Hreem Sreem OM **SirODEvam** tharpayaami namaha

Aim Hreem Sreem OM **SikhaaDEvam** tharpayaami namaha

Aim Hreem Sreem OM **kavachaDEvam** tharpayaami namaha

Aim Hreem Sreem OM **nEthraDEvam** tharpayaami namaha

Aim Hreem Sreem OM **asthraDEvam** tharpayaami namaha

Aim Hreem Sreem OM **kaamESwaram** tharpayaami namaha
 Aim Hreem Sreem OM **bhagamaalinam** tharpayaami namaha
 Aim Hreem Sreem OM **nityaklinnam** tharpayaami namaha
 Aim Hreem Sreem OM **bhErundam** tharpayaami namaha
 Aim Hreem Sreem OM **vahni vaasinam** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa vajrESwaram** tharpayaami namaha
 Aim Hreem Sreem OM **SivaDootham** tharpayaami namaha
 Aim Hreem Sreem OM **thwaritham** tharpayaami namaha
 Aim Hreem Sreem OM **kuLasunDaram** tharpayaami namaha
 Aim Hreem Sreem OM **nityam** tharpayaami namaha
 Aim Hreem Sreem OM **neelapathaakam** tharpayaami namaha
 Aim Hreem Sreem OM **vijayam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvamangaLam** tharpayaami namaha
 Aim Hreem Sreem OM **jwaalaamaalinam** tharpayaami namaha
 Aim Hreem Sreem OM **chithram** tharpayaami namaha
 Aim Hreem Sreem OM **mahaanithyam** tharpayaami namaha
 Aim Hreem Sreem OM **paramESwara paramESwaram** tharpayaami namaha
 Aim Hreem Sreem OM **mithrESamayam** tharpayaami namaha
 Aim Hreem Sreem OM **ShaShTeeSamayam** tharpayaami namaha
 Aim Hreem Sreem OM **uddeeSamayam** tharpayaami namaha
 Aim Hreem Sreem OM **charyaa naathamayam** tharpayaami namaha
 Aim Hreem Sreem OM **IOpaa muDraamayam** tharpayaami namaha
 Aim Hreem Sreem OM **agasthyamayam tharpayaami namaha**
 Aim Hreem Sreem OM **kaalathaapana mayam** tharpayaami namaha
 Aim Hreem Sreem OM **Dharmaachaara mayam** tharpayaami namaha
 Aim Hreem Sreem OM **mukthakESeeSvara mayam** tharpayaami namaha
 Aim Hreem Sreem OM **DeepakaLaanaaTha mayam** tharpayaami namaha
 Aim Hreem Sreem OM **viShnuDEva mayam** tharpayaami namaha
 Aim Hreem Sreem OM **prabhaakaraDEva mayam** tharpayaami namaha

Aim Hreem Sreem OM **thEjODEva mayam** tharpayaami namaha
 Aim Hreem Sreem OM **manOjaDEva mayam** tharpayaami namaha
 Aim Hreem Sreem OM **kalyaaNaDEva mayam** tharpayaami namaha
 Aim Hreem Sreem OM **rathnaDEva mayam** tharpayaami namaha
 Aim Hreem Sreem OM **vaasuDEva mayam** tharpayaami namaha
 Aim Hreem Sreem OM **Sree raamaanDamayam** tharpayaami namaha
 Aim Hreem Sreem OM **aNimaa siDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **laghimaa siDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **garimaa siDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **mahimaa siDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **eeSithva siDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **vaSithva siDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **praakaamya siDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **bhukthi siDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **icchaa siDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **praapthi siDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **sarvakaama siDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **braahmam** tharpayaami namaha
 Aim Hreem Sreem OM **maahESwaram** tharpayaami namaha
 Aim Hreem Sreem OM **koumaaram** tharpayaami namaha
 Aim Hreem Sreem OM **vaiShnavam** tharpayaami namaha
 Aim Hreem Sreem OM **vaaraaham** tharpayaami namaha
 Aim Hreem Sreem OM **maahEnDram** tharpayaami namaha
 Aim Hreem Sreem OM **chaamundam** tharpayaami namaha
 Aim Hreem Sreem OM **mahaalakShmeem** tharpayaami namaha
 Aim Hreem Sreem OM **sarva sankShObhiNam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva viDraaviNam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaakarShiNam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva vaSankaram** tharpayaami namaha

Aim Hreem Sreem OM **sarvOnmaaDinam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva mahaankuSam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva khEcharam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva beejam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva yOnim** tharpayaami namaha
 Aim Hreem Sreem OM **sarva thrikhandam** tharpayaami namaha
 Aim Hreem Sreem OM **thrailOkya mOhana chakra swaminam** tharpayaami namaha
 Aim Hreem Sreem OM **prakata yOginam** tharpayaami namaha
 Aim Hreem Sreem OM **kaamaakarShaNam** tharpayaami namaha
 Aim Hreem Sreem OM **buDDhyaakarShaNam** tharpayaami namaha
 Aim Hreem Sreem OM **AhamkaarakarShaNam** tharpayaami namaha
 Aim Hreem Sreem OM **SabDaakarShaNam** tharpayaami namaha
 Aim Hreem Sreem OM **sparSaakarShaNam** tharpayaami namaha
 Aim Hreem Sreem OM **roopaakarShaNam** tharpayaami namaha
 Aim Hreem Sreem OM **rasaakarShaNam** tharpayaami namaha
 Aim Hreem Sreem OM **ganDhaakarShaNam** tharpayaami namaha
 Aim Hreem Sreem OM **cchitthaakarShaNam** tharpayaami namaha
 Aim Hreem Sreem OM **DhairyaakarShaNam** tharpayaami namaha
 Aim Hreem Sreem OM **smrithyaakarShaNam** tharpayaami namaha
 Aim Hreem Sreem OM **naamaakarShaNam** tharpayaami namaha
 Aim Hreem Sreem OM **beejaakarShaNam** tharpayaami namaha
 Aim Hreem Sreem OM **aathmaakarShaNam** tharpayaami namaha
 Aim Hreem Sreem OM **amruthaakarShaNam** tharpayaami namaha
 Aim Hreem Sreem OM **SareeraakarShaNam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaaSaapari pooraka chakra swaminam** tharpayaami namaha
 Aim Hreem Sreem OM **guptha yOginam** tharpayaami namaha
 Aim Hreem Sreem OM **ananga kusumam** tharpayaami namaha
 Aim Hreem Sreem OM **anangamEkhalam** tharpayaami namaha
 Aim Hreem Sreem OM **anangamaDanam** tharpayaami namaha

Aim Hreem Sreem OM **anangamaDanaathuram** tharpayaami namaha
 Aim Hreem Sreem OM **anangarekham** tharpayaami namaha
 Aim Hreem Sreem OM **anangavEginam** tharpayaami namaha
 Aim Hreem Sreem OM **anangaankuSam** tharpayaami namaha
 Aim Hreem Sreem OM **anangamaalinam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva sankShObhaNa chakraswaaminam** tharpayaami namaha
 Aim Hreem Sreem OM **gupthathara yOginam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvasankShObhiNam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva viDraaviNam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaakarShiNam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaahlaaDinam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva sammOhanam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva sthambhinam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva jhrumbhiNam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva vaSankaram** tharpayaami namaha
 Aim Hreem Sreem OM **sarva ranjanam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvOnmaaDinam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaartha saaDhinam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva sampatthi pooraNam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva manthra mayam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva DwanDwa kShyayankaram** tharpayaami namaha
 Aim Hreem Sreem OM **sarva soubhagyaDaayaka chakra swaaminam** tharpayaami namaha
 Aim Hreem Sreem OM **sampraDaaya yOginam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvasiDDhipraDam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva sampathpraDam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva priyankaram** tharpayaami namaha
 Aim Hreem Sreem OM **sarva mangaLa kaariNam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva kaama praDam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva Dukkha vimOchinam** tharpayaami namaha

Aim Hreem Sreem OM **sarva mruthyu praSamanam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva vighna nivaariNam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaanga sunDaram** tharpayaami namaha
 Aim Hreem Sreem OM **sarva soubhaagya Daayinam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaartha saadhaka chakra swaaminam** tharpayaami namaha
 Aim Hreem Sreem OM **kuLOttheerNa yOginam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvajnam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva Sakthim** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaaiSwaryapraDam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvajnaana mayam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva vyaaDhi vinaaSinam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaaDhaara swaroopam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva paapaharam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaananDamayam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva rakSha swaroopiNam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvEpsitha phalapraDam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva rakShaakara chakra swaaminam** tharpayaami namaha
 Aim Hreem Sreem OM **nigarbha yOginam** tharpayaami namaha
 Aim Hreem Sreem OM **vaSinam** tharpayaami namaha
 Aim Hreem Sreem OM **kaamESwaram** tharpayaami namaha
 Aim Hreem Sreem OM **mODinam** tharpayaami namaha
 Aim Hreem Sreem OM **vimalam** tharpayaami namaha
 Aim Hreem Sreem OM **aruNam** tharpayaami namaha
 Aim Hreem Sreem OM **jayinam** tharpayaami namaha
 Aim Hreem Sreem OM **sarveSwaram** tharpayaami namaha
 Aim Hreem Sreem OM **kouLinam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvarOgahara chakra swaaminam** tharpayaami namaha
 Aim Hreem Sreem OM **rahasya yOginam** tharpayaami namaha
 Aim Hreem Sreem OM **baaNinam** tharpayaami namaha

Aim Hreem Sreem OM **chaapinam** tharpayaami namaha
 Aim Hreem Sreem OM **paaSinam** tharpayaami namaha
 Aim Hreem Sreem OM **ankuSinam** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa kaamESwaram** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa vajrESwaram** tharpayaami namaha
 Aim Hreem Sreem OM mahaa **bhagamaalinam** tharpayaami namaha
 Aim Hreem Sreem OM mahaa **Sree sunDaram** tharpayaami namaha
 Aim Hreem Sreem OM **sarvasiDDhi praDa chakraswaaminam** tharpayaami namaha
 Aim Hreem Sreem OM **athirahasya yOginam** tharpayaami namaha
 Aim Hreem Sreem OM **Sree Sree mahaabhattarakam sarvaananDamaya Chakra swaaminam** tharpayaami namaha
 Aim Hreem Sreem OM **paraapara rahasya yOginam** tharpayaami namaha
 Aim Hreem Sreem OM **thripuram** tharpayaami namaha
 Aim Hreem Sreem OM **thripurESam** tharpayaami namaha
 Aim Hreem Sreem OM **thripurasunDaram** tharpayaami namaha
 Aim Hreem Sreem OM **thripuravaasinam** tharpayaami namaha
 Aim Hreem Sreem OM **thripuraaSriyam** tharpayaami namaha
 Aim Hreem Sreem OM **thripuramaalinam** tharpayaami namaha
 Aim Hreem Sreem OM **thripuraa siDDham** tharpayaami namaha
 Aim Hreem Sreem OM **thripuraambam** tharpayaami namaha
 Aim Hreem Sreem OM **mahaathripura sunDaram** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahESwaram** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa raajam** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa Sakthim** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa guptham** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa jnyaaptham** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa nanDam** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa spanDam** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa Sayam** tharpayaami namaha

Aim Hreem Sreem OM **mahaa mahaa Sree chakra nagara samraajam**
namasthe! namasthe! namasthe! tharpayami **namaha**

anEka mayaakrutha Suddha Siva tharpaNaantha maala manthra paaraayaNa japEna
bhagavaan mOkShaDa hakaara bhataaraka peeTasThitha hara vallabhaa
lalithaa mandithaanka haranaatha kaamESwara mahaa bhataarakO DEvaha
supreethaha suprasanna varaDaa bhavathu



10 – SuDDha Siva jayaantha maala

ashya Sree SuDDha Siva jayaantha maala mahaa manthrasya,

SrOtheendriyaa DhisTayee savithraaDitya rushihi

athiSakwaree chanDaha

thaamasa lakaara bhattaraka peeTasthitha

lakshmee lalithaamandithaanka

lalajjivhaa kaamEswara mahaabhataarakO DEvathaa.

aim beejam, kleem Sakthi, souh keelakam

sarvaakarshaNa siDDhou viniyOgahaa

Karanyaasa:

Hraam AnguShTTaabhyaam namaha – wipe your thumb with your index finger from bottom to top

Hreem Tarjaneebhyaam namaha - wipe your index finger with your thumb from bottom to top

Hroom Madhyamaabhyaam namaha - wipe your middle finger with the thumb from bottom to top

Hraim Anaamikaabhyaam namaha - wipe your ring finger with the thumb from bottom to top

Hroum KanishTTikaabhyaam namaha - wipe your little finger with the thumb from bottom to top

Hraha Karathalakara prushTTaabhyaam namaha - pass your hands one over the other touching your palms and the back of your hands.

Anganyaasa

Hraam HruDayaaya namah – touch your heart with your right hand

Hreem Sirase swaahaa – touch the top of your head with your right hand

Hroom Sikhayai vashat – touch the back of your head with right hand

Hraim Kavachaaya hum – cover yourself with both hands as if you are protecting yourself from the cold.

Hroum nEthra thrayaaya voushat - touch your three eyes with your index, middle and ring finger. The index finger touches the right eye, the middle finger touches the centre, the index touches the right and the ring touches the left eye.

Hraha Asthraaya phat Bhoor bhuva suvar om ithi digbanDhaha - When you are saying that, move your right hand around your head in a circular fashion. When you say Phat you clap and snap your fingers in the directions East, South, West and North.

Dhyaanam

***IOhpraakaara sanguptaa nigadairyamthritha api
thvaDbhaktaihee krushya maaNaashcha samaayaanthyeva yOShithaha ||***

PanchOpachaara pooja

- Lam:** Prithvi thathvaatmikaam ganDham parikalpayaami namah
Ham: Aakaasa thathvaatmikaam puShpam parikalpayaami namah
Yam: Vayu thathvaatmikaam dhoopam parikalpayaami namah
Ram: Vahni thathvaatmikaam Deepam parikalpayaami namah
Sam: Sarva thathvaatmikaam sarvOpachaaraan parikalpayaami namah

Aim Hreem Sreem OM **namasthripura sunDara** Jaya Jaya

Aim Hreem Sreem OM **hrudayaDEva** Jaya Jaya

Aim Hreem Sreem OM **SirODEva** Jaya Jaya

Aim Hreem Sreem OM **SikhaaDEva** Jaya Jaya

Aim Hreem Sreem OM **kavachaDEva** Jaya Jaya

Aim Hreem Sreem OM **nEthraDEva** Jaya Jaya

Aim Hreem Sreem OM **asthraDEva** Jaya Jaya

Aim Hreem Sreem OM **kaamESwara** Jaya Jaya

Aim Hreem Sreem OM **bhagamaalin** Jaya Jaya

Aim Hreem Sreem OM **nithyaklinna** Jaya Jaya

Aim Hreem Sreem OM **bhErunda** Jaya Jaya

Aim Hreem Sreem OM **vahnivaasin** Jaya Jaya

Aim Hreem Sreem OM **mahaavajrESwara** Jaya Jaya

Aim Hreem Sreem OM **SivaDootha** Jaya Jaya

Aim Hreem Sreem OM **thwaritha** Jaya Jaya

Aim Hreem Sreem OM **kuLasundara** Jaya Jaya

Aim Hreem Sreem OM **nithya** Jaya Jaya
 Aim Hreem Sreem OM **neelapathaaka** Jaya Jaya
 Aim Hreem Sreem OM **vijaya** Jaya Jaya
 Aim Hreem Sreem OM **sarvamangaLa** Jaya Jaya
 Aim Hreem Sreem OM **jwaalaamaalin** Jaya Jaya
 Aim Hreem Sreem OM **chithra** Jaya Jaya
 Aim Hreem Sreem OM **mahaanithya** Jaya Jaya
 Aim Hreem Sreem OM **paramESwara paramESwara** Jaya Jaya
 Aim Hreem Sreem OM **mithrESamaya** Jaya Jaya
 Aim Hreem Sreem OM **ShaShTTeSamaya** Jaya Jaya
 Aim Hreem Sreem OM **uddeeSamaya** Jaya Jaya
 Aim Hreem Sreem OM **charyaanaathamaya** Jaya Jaya
 Aim Hreem Sreem OM **agasthyamaya** Jaya Jaya
 Aim Hreem Sreem OM **kaalathaapanamaya** Jaya Jaya
 Aim Hreem Sreem OM **Dharmaachaaramaya** Jaya Jaya
 Aim Hreem Sreem OM **mukthakESeeSwaramaya** Jaya Jaya
 Aim Hreem Sreem OM **Deepakalaanaathamaya** Jaya Jaya
 Aim Hreem Sreem OM **viShnuDEvamaya** Jaya Jaya
 Aim Hreem Sreem OM **thEjODEvamaya** Jaya Jaya
 Aim Hreem Sreem OM **manOjaDEvamaya** Jaya Jaya
 Aim Hreem Sreem OM **kalyaaNaDEvamaya** Jaya Jaya
 Aim Hreem Sreem OM **rathnaDEvamaya** Jaya Jaya
 Aim Hreem Sreem OM **vaasuDEvamaya** Jaya Jaya
 Aim Hreem Sreem OM **Sree raamaananDamaya** Jaya Jaya
 Aim Hreem Sreem OM **aNimaasiDDhE** Jaya Jaya
 Aim Hreem Sreem OM **laghimaasiDDhE** Jaya Jaya
 Aim Hreem Sreem OM **garimaasiDDhE** Jaya Jaya

Aim Hreem Sreem OM **mahimaasiDDhE** Jaya Jaya
 Aim Hreem Sreem OM **eeSithwasiDDhE** Jaya Jaya
 Aim Hreem Sreem OM **vaSithwasiDDhE** Jaya Jaya
 Aim Hreem Sreem OM **praakaamyasiDDhE** Jaya Jaya
 Aim Hreem Sreem OM **bhukthisiDDhey** Jaya Jaya
 Aim Hreem Sreem OM **icchasiDDhE** Jaya Jaya
 Aim Hreem Sreem OM **praapthisiDDhE** Jaya Jaya
 Aim Hreem Sreem OM **sarvakaamasiDDhE** Jaya Jaya
 Aim Hreem Sreem OM **braahma** Jaya Jaya
 Aim Hreem Sreem OM **mahESwara** Jaya Jaya
 Aim Hreem Sreem OM **koumaara** Jaya Jaya
 Aim Hreem Sreem OM **vaiShNava** Jaya Jaya
 Aim Hreem Sreem OM **vaaraaha** Jaya Jaya
 Aim Hreem Sreem OM **mahEnDra** Jaya Jaya
 Aim Hreem Sreem OM **chaamunda** Jaya Jaya
 Aim Hreem Sreem OM **mahaalakshmee** Jaya Jaya
 Aim Hreem Sreem OM **sarvasankshObhin** Jaya Jaya
 Aim Hreem Sreem OM **sarvaviDraavin** Jaya Jaya
 Aim Hreem Sreem OM **sarvaakarshiN** Jaya Jaya
 Aim Hreem Sreem OM **sarvavasankara** Jaya Jaya
 Aim Hreem Sreem OM **sarvOnmaaDin** Jaya Jaya
 Aim Hreem Sreem OM **sarvamahaankuSa** Jaya Jaya
 Aim Hreem Sreem OM **sarvakhEchara**
 Aim Hreem Sreem OM **sarvabeeja** Jaya Jaya
 Aim Hreem Sreem OM **sarvayOnE** Jaya Jaya
 Aim Hreem Sreem OM **sarvathrikhanda** Jaya Jaya
 Aim Hreem Sreem OM **thrailokya mOhana chakraswaamin** jaya jaya

Aim Hreem Sreem OM **prakatayOgin** Jaya Jaya
 Aim Hreem Sreem OM **kaamaakarshaNa** Jaya Jaya
 Aim Hreem Sreem OM **buDDhyaakarshaNa** Jaya Jaya
 Aim Hreem Sreem OM **ahamkaaraakarshaNa** Jaya Jaya
 Aim Hreem Sreem OM **SabDaakarshaNa** Jaya Jaya
 Aim Hreem Sreem OM **sparSaakarshaNa** Jaya Jaya
 Aim Hreem Sreem OM **roopaakarshaNa** Jaya Jaya
 Aim Hreem Sreem OM **ganDhaakarshaNa** Jaya Jaya
 Aim Hreem Sreem OM **chitthaakarshaNa** Jaya Jaya
 Aim Hreem Sreem OM **DhairyaakarshaNa** Jaya Jaya
 Aim Hreem Sreem OM **smruthyaakarshaNa** Jaya Jaya
 Aim Hreem Sreem OM **namaakarshana** Jaya Jaya
 Aim Hreem Sreem OM **beejaakarshaNa** Jaya Jaya
 Aim Hreem Sreem OM **athmaakarshaNa** Jaya Jaya
 Aim Hreem Sreem OM **amruthaakarshaNa** Jaya Jaya
 Aim Hreem Sreem OM **SareeraakarshaNa** Jaya Jaya
 Aim Hreem Sreem OM **sarvaaSaa paripooraka chakraswaamin** Jaya Jaya
 Aim Hreem Sreem OM **guptha yOgin** Jaya Jaya
 Aim Hreem Sreem OM **anangakusuma** Jaya Jaya
 Aim Hreem Sreem OM **anangamEkhala** Jaya Jaya
 Aim Hreem Sreem OM **anangamaDana** Jaya Jaya
 Aim Hreem Sreem OM **ananga maDanaathura** Jaya Jaya
 Aim Hreem Sreem OM **anangarEKha** Jaya Jaya
 Aim Hreem Sreem OM **anangavEgin** Jaya Jaya
 Aim Hreem Sreem OM **anangaankuSa** Jaya Jaya
 Aim Hreem Sreem OM **anangamaalin** Jaya Jaya
 Aim Hreem Sreem OM **sarva sankShObhaNa chakraswaamin** Jaya Jaya

Aim Hreem Sreem OM **gupthatharayOgin** jaya jaya
 Aim Hreem Sreem OM **sarvasankShObhin** Jaya Jaya
 Aim Hreem Sreem OM **sarvaviDraavin** Jaya Jaya
 Aim Hreem Sreem OM **sarvaakarShin** Jaya Jaya
 Aim Hreem Sreem OM **sarvaahlaaDin** Jaya Jaya
 Aim Hreem Sreem OM **sarvasammOhin** Jaya Jaya
 Aim Hreem Sreem OM **sarvasthambhin** Jaya Jaya
 Aim Hreem Sreem OM **sarvajhrumbhin** Jaya Jaya
 Aim Hreem Sreem OM **sarvavaSankara** Jaya Jaya
 Aim Hreem Sreem OM **sarvaranjan** Jaya Jaya
 Aim Hreem Sreem OM **sarvOnmaaDin** Jaya Jaya
 Aim Hreem Sreem OM **sarvaarThaasaaDhin** Jaya Jaya
 Aim Hreem Sreem OM **sarvasampatthi pooraN**a Jaya Jaya
 Aim Hreem Sreem OM **sarvamanthramaya** Jaya Jaya
 Aim Hreem Sreem OM **sarvaDvanDvakShayamkara** Jaya Jaya
 Aim Hreem Sreem OM **sarva soubhagya Daayaka chakraSwaamin** Jaya Jaya
 Aim Hreem Sreem OM **sampraDaaya yOgin** Jaya Jaya
 Aim Hreem Sreem OM **sarvasiDDhipraDa** Jaya Jaya
 Aim Hreem Sreem OM **sarvasampathpraDa** Jaya Jaya
 Aim Hreem Sreem OM **sarvapriyankara** Jaya Jaya
 Aim Hreem Sreem OM **sarvamangaLakaarin** Jaya Jaya
 Aim Hreem Sreem OM **sarvakaamapraDa** Jaya Jaya
 Aim Hreem Sreem OM **sarvaDuhkha vimOchin** Jaya Jaya
 Aim Hreem Sreem OM **sarvamruthyu praSamana** Jaya Jaya
 Aim Hreem Sreem OM **sarva vighna nivaarin** Jaya Jaya
 Aim Hreem Sreem OM **sarvangasunDara** Jaya Jaya
 Aim Hreem Sreem OM **sarva soubhaagya Daayin** Jaya Jaya

Aim Hreem Sreem OM **sarvaarTha saaDhaka chakraswaamin** Jaya Jaya

Aim Hreem Sreem OM **kuLotheerNa yogin** Jaya Jaya

Aim Hreem Sreem OM **sarvajna** Jaya Jaya

Aim Hreem Sreem OM **sarvaSakthE** Jaya Jaya

Aim Hreem Sreem OM **sarvaiSwaryapraDa** Jaya Jaya

Aim Hreem Sreem OM **sarvajnaanamaya** Jaya Jaya

Aim Hreem Sreem OM **sarva vyaaDhi vinaasin** Jaya Jaya

Aim Hreem Sreem OM **sarvaaDhaara swarootpa**

Aim Hreem Sreem OM **sarva paapahara** Jaya Jaya

Aim Hreem Sreem OM **sarvaananDamaya** Jaya Jaya

Aim Hreem Sreem OM **sarva rakshaa swarootpin** Jaya Jaya

Aim Hreem Sreem OM **sarvEpsitha phalapraDa** Jaya Jaya

Aim Hreem Sreem OM **sarvarakshaakara chakraSwaamin** Jaya Jaya

Aim Hreem Sreem OM **nigarbha YOgin** Jaya Jaya

Aim Hreem Sreem OM **vaSin** Jaya Jaya

Aim Hreem Sreem OM **kaamESwara** Jaya Jaya

Aim Hreem Sreem OM **mODin** Jaya Jaya

Aim Hreem Sreem OM **vimala** Jaya Jaya

Aim Hreem Sreem OM **aruNa** Jaya Jaya

Aim Hreem Sreem OM **jayin** Jaya Jaya

Aim Hreem Sreem OM **sarvESwara** jaya jaya

Aim Hreem Sreem OM **kouLin** Jaya Jaya

Aim Hreem Sreem OM **sarvarOgahara chakraSwaamin** Jaya Jaya

Aim Hreem Sreem OM **rahasya yOgin** Jaya Jaya

Aim Hreem Sreem OM **baaNin** Jaya Jaya

Aim Hreem Sreem OM **chaapin** Jaya Jaya

Aim Hreem Sreem OM **paaSin** Jaya Jaya

Aim Hreem Sreem OM **ankuSin** Jaya Jaya

Aim Hreem Sreem OM **mahaakaamESwara** Jaya Jaya

Aim Hreem Sreem OM **mahaavajrESwara** Jaya Jaya

Aim Hreem Sreem OM **mahaabhagamaalin** Jaya Jaya

Aim Hreem Sreem OM **mahaa SreesunDara** Jaya Jaya

Aim Hreem Sreem OM **sarvasiDDhipraDa chakraSwaamin**

Aim Hreem Sreem OM **athi rahasya yOgin** Jaya Jaya

Aim Hreem Sreem OM Sree **Sree mahaaBhattaaraka Sarvaa nandamaya chakraSwaamin**
Jaya Jaya

Aim Hreem Sreem OM **paraapara rahasya yOgin** jaya jaya

Aim Hreem Sreem OM **thripura** Jaya Jaya

Aim Hreem Sreem OM **thripurESa** Jaya Jaya

Aim Hreem Sreem OM **thripurasunDara** Jaya Jaya

Aim Hreem Sreem OM **thripuravaasin** Jaya Jaya

Aim Hreem Sreem OM **thripuraaSreeh** Jaya Jaya

Aim Hreem Sreem OM **thripura maalin** Jaya Jaya

Aim Hreem Sreem OM **thripuraa siDDha** Jaya Jaya

Aim Hreem Sreem OM **thripuraamba** Jaya Jaya

Aim Hreem Sreem OM **mahaathripura sunDara** Jaya Jaya

Aim Hreem Sreem OM **mahaa mahESwara** Jaya Jaya

Aim Hreem Sreem OM **mahaa mahaa raja** Jaya Jaya

Aim Hreem Sreem OM **mahaa mahaa SakthE** Jaya Jaya

Aim Hreem Sreem OM **mahaa mahaa guptha** Jaya Jaya

Aim Hreem Sreem OM **mahaa mahaa JnaphE** Jaya Jaya

Aim Hreem Sreem OM **mahaa mahaa nanDa** Jaya Jaya

Aim Hreem Sreem OM **mahaa mahaa spanda** Jaya Jaya

Aim Hreem Sreem OM **mahaa mahaa Saya** Jaya Jaya

Aim Hreem Sreem OM **mahaa mahaa sree chakranagara samraat** Jaya Jaya **namasthe!**
namasthe! namsthe! namO namahaa

anEka mayaakrutha Suddha Siva jayaanthamaalaa paaraayaNa japEna
bhagavaan thaamasa lakaara bhattaraka peeTasThitha
lakshmee lalithaa mandithaanka
lala jjivhaa kaameSwara mahaa BhattarakO DEvahaa
supreethahaa suprasanno varaDo bhavathu.



11. Suddha Sakthi Siva miThuna sambhuDDhyantha maala

asya Sri Suddha Sakthi Siva mithuna sambuDDhyantha maala mahaa manthrasya

ahamkaara thathvaa DhiShTTaayi rushihi

aShti cchanDaha

thaamaasa hreemkaara bhataaraka peeTTasThitha

hiranyaa lalithaa mahaa bhatarikaa

hruDayESwara kaamESwara mahaa bhataaraka miThunam DEvathaa

aim - beejam, kleem - Saktihi, souh – keelakam

sarva sammOhana siDDhou viniyOgaha

Karanyaasa:

Hraam AnguShtaabhyaam namaha – wipe your thumb with your index finger from bottom to top

Hreem Tarjaneebhyaam namaha - wipe your index finger with your thumb from bottom to top

Hroom Madhyamaabhyaam namaha - wipe your middle finger with the thumb from bottom to top

Hraim Anaamikaabhyaam namaha - wipe your ring finger with the thumb from bottom to top

Hroum KanishTTikaabhyaam namaha - wipe your little finger with the thumb from bottom to top

Hraha Karathalakara prushTTaabhyaam a - pass your hands one over the other touching your palms and the back of your hands.

Anganyaasa

Hraam HruDayaaya namaha – touch your heart with your right hand

Hreem Sirase swaahaa – touch the top of your head with your right hand

Hroom Sikhayai vashat – touch the back of your head with right hand

Hraim Kavachaaya hum – cover yourself with both hands as if you are protecting yourself from the cold.

Hroum nEthra thrayaaya voushat - touch your three eyes with your index, middle and ring finger. The index finger touches the right eye, the middle finger touches the centre, the index touches the right and the ring touches the left eye.

Hraha Asthraaya phat Bhoor bhava suvar om ithi digbanDhaha - When you are saying that, move your right hand around your head in a circular fashion. When you say Phat you clap and snap your fingers in the directions East, South, West and North.

Dhyaanam

*ambikE thava bhakthaanaamava IOkana maathrathaha
kruthyaa kruthya vimoodhaaha syuurnaraa naaaryo nrupaaDayaha*

PanchOpchaara Pooja

Aim Hreem Sreem OM **namasthripurasunDari**
 Aim Hreem Sreem OM **thripurasunDara**
 Aim Hreem Sreem OM **hruDayaDEvi**
 Aim Hreem Sreem OM **hruDayaDEva**
 Aim Hreem Sreem OM **SirODEvi**
 Aim Hreem Sreem OM **SirODEva**
 Aim Hreem Sreem OM **SikhaaDEvi**
 Aim Hreem Sreem OM **SikhaaDEva**
 Aim Hreem Sreem OM **kavachaDEvi**
 Aim Hreem Sreem OM **kavachaDEva**
 Aim Hreem Sreem OM **nEthraDEvi**
 Aim Hreem Sreem OM **nEthraDEva**
 Aim Hreem Sreem OM **asthraDEvi**
 Aim Hreem Sreem OM **asthraDEva**
 Aim Hreem Sreem OM **kaamESwari**
 Aim Hreem Sreem OM **kaamESwara**
 Aim Hreem Sreem OM **bhagamaalini**
 Aim Hreem Sreem OM **bhagamaalin**
 Aim Hreem Sreem OM **nithyaklinnE**
 Aim Hreem Sreem OM **nithyaklinna**
 Aim Hreem Sreem OM **bhErundE**
 Aim Hreem Sreem OM **bhErunda**
 Aim Hreem Sreem OM **vahnivaasini**
 Aim Hreem Sreem OM **vahnivaasin**
 Aim Hreem Sreem OM **mahaa vajrESwari**
 Aim Hreem Sreem OM **mahaa vajrESwara**
 Aim Hreem Sreem OM **SivaDoothi**
 Aim Hreem Sreem OM **SivaDootha**
 Aim Hreem Sreem OM **thwarithE**
 Aim Hreem Sreem OM **thwaritha**
 Aim Hreem Sreem OM **kulasunDari**
 Aim Hreem Sreem OM **kulasunDara**
 Aim Hreem Sreem OM **nithyE**



Aim Hreem Sreem OM **nithya**
 Aim Hreem Sreem OM **neelapathaakE**
 Aim Hreem Sreem OM **neelapathaaka**
 Aim Hreem Sreem OM **vijayE**
 Aim Hreem Sreem OM **vijaya**
 Aim Hreem Sreem OM **sarvamangaLE**
 Aim Hreem Sreem OM **sarvamangaLa**
 Aim Hreem Sreem OM **JwaalaamaalinE**
 Aim Hreem Sreem OM **jwaalaamaalin**
 Aim Hreem Sreem OM **chitrE**
 Aim Hreem Sreem OM **chithra**
 Aim Hreem Sreem OM **mahaanithye**
 Aim Hreem Sreem OM **mahaanithya**
 Aim Hreem Sreem OM **parameSwara - parameSwari**
 Aim Hreem Sreem OM **parameSwara - parameSwara**
 Aim Hreem Sreem OM **mithrESamayi**
 Aim Hreem Sreem OM **mithrESamaya**
 Aim Hreem Sreem OM **ShaShTTeeSamayi**
 Aim Hreem Sreem OM **ShaSTTeeSamaya**
 Aim Hreem Sreem OM **uddeeSamayi**
 Aim Hreem Sreem OM **uddeeSamaya**
 Aim Hreem Sreem OM **charyaanaathamayi**
 Aim Hreem Sreem OM **charyaanaathamaya**
 Aim Hreem Sreem OM **LOpaa muDraamayi**
 Aim Hreem Sreem OM **LOpaa muDraamaya**
 Aim Hreem Sreem OM **agasthyamayi**
 Aim Hreem Sreem OM **agasthyamaya**
 Aim Hreem Sreem OM **kaalathaapana mayi**
 Aim Hreem Sreem OM **kaalathaapana maya**
 Aim Hreem Sreem OM **Dharmaachaaramayi**
 Aim Hreem Sreem OM **Dharmaachaaramaya**
 Aim Hreem Sreem OM **mukthakESeeSvara mayi**
 Aim Hreem Sreem OM **mukthakESeeSvara maya**
 Aim Hreem Sreem OM **DeepakalaanaaTha mayi**
 Aim Hreem Sreem OM **DeepakalaanaaTha maya**
 Aim Hreem Sreem OM **viShnuDEva mayi**
 Aim Hreem Sreem OM **viShnuDEva maya**
 Aim Hreem Sreem OM **prabhaakaraDEva mayi**
 Aim Hreem Sreem OM **prabhaakaraDEva maya**
 Aim Hreem Sreem OM **thEjODEva mayi**
 Aim Hreem Sreem OM **thEjODEva maya**
 Aim Hreem Sreem OM **manOjaDEva mayi**
 Aim Hreem Sreem OM **manOjaDEva maya**
 Aim Hreem Sreem OM **kalyaaNaDEva mayi**

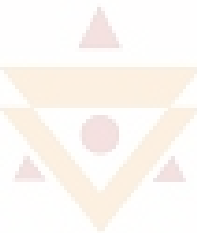


Aim Hreem Sreem OM **kalyaaNaDEva** maya
 Aim Hreem Sreem OM **rathnaDEva** mayi
 Aim Hreem Sreem OM **rathnaDEva** maya
 Aim Hreem Sreem OM **vaasuDEva** mayi
 Aim Hreem Sreem OM **vaasuDEva** maya
 Aim Hreem Sreem OM **Sree raamaananDa** mayi
 Aim Hreem Sreem OM **Sree raamaananDa** maya
 Aim Hreem Sreem OM **aNimaa siDDhE**
 Aim Hreem Sreem OM **aNimaa siDDha**
 Aim Hreem Sreem OM **laghimaa siDDhE**
 Aim Hreem Sreem OM **laghimaa siDDha**
 Aim Hreem Sreem OM **garimaa siDDhE**
 Aim Hreem Sreem OM **garimaa siDDha**
 Aim Hreem Sreem OM **mahimaa siDDhE**
 Aim Hreem Sreem OM **mahimaa siDDha**
 Aim Hreem Sreem OM **eeSithva siDDhE**
 Aim Hreem Sreem OM **eeSithva siDDha**
 Aim Hreem Sreem OM **vaSithva siDDhE**
 Aim Hreem Sreem OM **vaSithva siDDha**
 Aim Hreem Sreem OM **praakaamya siDDhE**
 Aim Hreem Sreem OM **praakaamya siDDha**
 Aim Hreem Sreem OM **bhukthi siDDhE**
 Aim Hreem Sreem OM **bhukthi siDDha**
 Aim Hreem Sreem OM **icchaa siDDhE**
 Aim Hreem Sreem OM **icchaa siDDha**
 Aim Hreem Sreem OM **praapthi siDDhE**
 Aim Hreem Sreem OM **praapthi siddha**
 Aim Hreem Sreem OM **sarvakaama SiddhE**
 Aim Hreem Sreem OM **sarvakaama Siddha**
 Aim Hreem Sreem OM **braahmi**
 Aim Hreem Sreem OM **brahma**
 Aim Hreem Sreem OM **maahESwari**
 Aim Hreem Sreem OM **mahESwara**
 Aim Hreem Sreem OM **koumaari**
 Aim Hreem Sreem OM **koumaara**
 Aim Hreem Sreem OM **vaiShnavi**
 Aim Hreem Sreem OM **vaiShnava**
 Aim Hreem Sreem OM **vaaraahi**
 Aim Hreem Sreem OM **vaaraaha**
 Aim Hreem Sreem OM **maahEnDri**
 Aim Hreem Sreem OM **mahEnDra**
 Aim Hreem Sreem OM **chaamundE**
 Aim Hreem Sreem OM **chaamundaa**
 Aim Hreem Sreem OM **mahaalakShmi**



Aim Hreem Sreem OM **mahaalakShmi**
 Aim Hreem Sreem OM **sarva sankShObhiNi**
 Aim Hreem Sreem OM **sarva sankShObhin**
 Aim Hreem Sreem OM **sarva viDraviNi**
 Aim Hreem Sreem OM **sarva viDraavin**
 Aim Hreem Sreem OM **sarvaakarShiNi**
 Aim Hreem Sreem OM **sarvaakarShin**
 Aim Hreem Sreem OM **sarva vaSankari**
 Aim Hreem Sreem OM **sarva vaSankara**
 Aim Hreem Sreem OM **sarvaranjani**
 Aim Hreem Sreem OM **sarvaranjana**
 Aim Hreem Sreem OM **sarvOnmaaDini**
 Aim Hreem Sreem OM **sarvOnmaaDin**
 Aim Hreem Sreem OM **sarva mahaankuSE**
 Aim Hreem Sreem OM **sarva mahaankuSa**
 Aim Hreem Sreem OM **sarva khEchari**
 Aim Hreem Sreem OM **sarva khEchara**
 Aim Hreem Sreem OM **sarva beejE**
 Aim Hreem Sreem OM **sarva beeja**
 Aim Hreem Sreem OM **sarva yOnE**
 Aim Hreem Sreem OM **sarvayOnE**
 Aim Hreem Sreem OM **sarva thrikhandE**
 Aim Hreem Sreem OM **sarva thrikanda**
 Aim Hreem Sreem OM **thrailOkya mOhana chakraswaamini**
 Aim Hreem Sreem OM **thrailOkhya mOhana chakra Swaamin**
 Aim Hreem Sreem OM **prakata yOgini**
 Aim Hreem Sreem OM **prakata yOgin**
 Aim Hreem Sreem OM **kaamaakarShaNi**
 Aim Hreem Sreem OM **kaamaakarShaNa**
 Aim Hreem Sreem OM **buDDhyakarshaNi**
 Aim Hreem Sreem OM **buDDhyakarshaNa**
 Aim Hreem Sreem OM **ahamkaraakarshaNi**
 Aim Hreem Sreem OM **ahamkaraakarshaNa**
 Aim Hreem Sreem OM **SabDaakarShaNi**
 Aim Hreem Sreem OM **ShabDaakarShaNa**
 Aim Hreem Sreem OM **sparSaakarShaNi**
 Aim Hreem Sreem OM **sparSaakarShaNa**
 Aim Hreem Sreem OM **roopaakarShaNi**
 Aim Hreem Sreem OM **roopaakarShaNa**
 Aim Hreem Sreem OM **rasaakarShaNi**
 Aim Hreem Sreem OM **rasaakarShaNa**
 Aim Hreem Sreem OM **ganDhaakarShaNi**
 Aim Hreem Sreem OM **ganDhaakarShaNa**
 Aim Hreem Sreem OM **cchitthaakarShaNi**

Aim Hreem Sreem OM **cchitthaakarShaNa**
 Aim Hreem Sreem OM **DhairyaakarShaNi**
 Aim Hreem Sreem OM **DhairyaakarShaNa**
 Aim Hreem Sreem OM **smrithyaakarShaNi**
 Aim Hreem Sreem OM **smrithyaakarShaNa**
 Aim Hreem Sreem OM **naamaakarShaNi**
 Aim Hreem Sreem OM **naamaakarShaNa**
 Aim Hreem Sreem OM **beejaakarShaNi**
 Aim Hreem Sreem OM **beejaakarShaNa**
 Aim Hreem Sreem OM **aathmaakarShaNi**
 Aim Hreem Sreem OM **aathmaakarShana**
 Aim Hreem Sreem OM **amruthaakarShaNi**
 Aim Hreem Sreem OM **amruthaakarShaNa**
 Aim Hreem Sreem OM **SareeraakarShaNi**
 Aim Hreem Sreem OM **SareeraakarShaNa**
 Aim Hreem Sreem OM **sarvaSaa paripooraka chakraswaamini**
 Aim Hreem Sreem OM **sarvaSaa paripooraka chakraswaamin**
 Aim Hreem Sreem OM **guptha yOgini**
 Aim Hreem Sreem OM **guptha yOgin**
 Aim Hreem Sreem OM **ananga kusumE**
 Aim Hreem Sreem OM **ananga kusumaa**
 Aim Hreem Sreem OM **ananga mEkhalE**
 Aim Hreem Sreem OM **ananga mEkhala**
 Aim Hreem Sreem OM **ananga maDanE**
 Aim Hreem Sreem OM **ananga maDana**
 Aim Hreem Sreem OM **ananga maDanaathurE**
 Aim Hreem Sreem OM **ananga maDanaathura**
 Aim Hreem Sreem OM **anangarEkhe**
 Aim Hreem Sreem OM **anangarEkha**
 Aim Hreem Sreem OM **ananga vEgini**
 Aim Hreem Sreem OM **ananga vEginE**
 Aim Hreem Sreem OM **anangaankuSE**
 Aim Hreem Sreem OM **anangaankuSa**
 Aim Hreem Sreem OM **ananga maalini**
 Aim Hreem Sreem OM **anangamaalin**
 Aim Hreem Sreem OM **sarva sankSObhaNa chakraswaamini**
 Aim Hreem Sreem OM **sarva sankSObhaNa chakraswaamin**
 Aim Hreem Sreem OM **gupthathara yOgini**
 Aim Hreem Sreem OM **gupthathara yOgin**
 Aim Hreem Sreem OM **sarvasankShObhiNi**
 Aim Hreem Sreem OM **sarvasankShObhin**
 Aim Hreem Sreem OM **sarva viDraaviNi**
 Aim Hreem Sreem OM **sarva viDraavin**
 Aim Hreem Sreem OM **sarvaakarShiNi**



Aim Hreem Sreem OM **sarvaakarShin**
 Aim Hreem Sreem OM **sarvaahlaaDini**
 Aim Hreem Sreem OM **sarvaahlaaDin**
 Aim Hreem Sreem OM **sarva sammOhini**
 Aim Hreem Sreem OM **sarva sammOhin**
 Aim Hreem Sreem OM **sarva sthambhini**
 Aim Hreem Sreem OM **sarva sthambhin**
 Aim Hreem Sreem OM **sarva jhrumbhiNi**
 Aim Hreem Sreem OM **sarva jhrumbhin**
 Aim Hreem Sreem OM **sarva vaSankari**
 Aim Hreem Sreem OM **sarva vaSankara**
 Aim Hreem Sreem OM **sarva ranjani**
 Aim Hreem Sreem OM **sarva ranjana**
 Aim Hreem Sreem OM **sarvOnmaaDini**
 Aim Hreem Sreem OM **sarvOnmaaDin**
 Aim Hreem Sreem OM **sarvaartha saaDhini**
 Aim Hreem Sreem OM **sarvaartha saaDhin**
 Aim Hreem Sreem OM **sarva sampatthi pooraNi**
 Aim Hreem Sreem OM **sarva sampatthi pooraNi**
 Aim Hreem Sreem OM **sarva manthramayi**
 Aim Hreem Sreem OM **sarva manthramaya**
 Aim Hreem Sreem OM **sarva dwandwakShyayamkari**
 Aim Hreem Sreem OM **sarva dwandwakShyayamkara**
 Aim Hreem Sreem OM **sarva soubhaagyaDaayaka chakra swaamini**
 Aim Hreem Sreem OM **sarva soubhagyaDaayaka chakra swaamin**
 Aim Hreem Sreem OM **sampradaaya yOGini**
 Aim Hreem Sreem OM **sampradaaya yOGin**
 Aim Hreem Sreem OM **sarvasiDDhipraDE**
 Aim Hreem Sreem OM **sarvasiDDhipraDa**
 Aim Hreem Sreem OM **sarva sampathpraDE**
 Aim Hreem Sreem OM **sarva sampathpraDa**
 Aim Hreem Sreem OM **sarva priyankari**
 Aim Hreem Sreem OM **sarva priyankara**
 Aim Hreem Sreem OM **sarvamangaLakaariNi**
 Aim Hreem Sreem OM **sarvamangaLakaarin**
 Aim Hreem Sreem OM **sarva kaama praDE**
 Aim Hreem Sreem OM **sarva kaama praDa**
 Aim Hreem Sreem OM **sarva Dukkha vimOchini**
 Aim Hreem Sreem OM **sarva Dukkha vimOchin**
 Aim Hreem Sreem OM **sarva mruthyupraSamani**
 Aim Hreem Sreem OM **sarva mruthyupraSamana**
 Aim Hreem Sreem OM **sarva vighnanivaariNi**
 Aim Hreem Sreem OM **sarva vighnanivaarin**
 Aim Hreem Sreem OM **sarvaangasunDari**

Aim Hreem Sreem OM **sarvaangasunDara**
 Aim Hreem Sreem OM **sarva soubhaagyaDaayini**
 Aim Hreem Sreem OM **sarva soubhaagyaDaayin**
 Aim Hreem Sreem OM **sarvarthasaaDhaka chakraswaamini**
 Aim Hreem Sreem OM **sarvartha saaDhaka chakraswaamin**
 Aim Hreem Sreem OM **kulOttheerNa yOgini**
 Aim Hreem Sreem OM **kulOttheerNa yOgin**
 Aim Hreem Sreem OM **sarvajne**
 Aim Hreem Sreem OM **sarvajna**
 Aim Hreem Sreem OM **sarvaSakthE**
 Aim Hreem Sreem OM **sarvaSaktha**
 Aim Hreem Sreem OM **sarvaiSwaryapraDE**
 Aim Hreem Sreem OM **sarvaiSwaryapraDa**
 Aim Hreem Sreem OM **sarvajnaana mayi**
 Aim Hreem Sreem OM **sarvajnaana maya**
 Aim Hreem Sreem OM **sarvavyaaDhi vinaaSini**
 Aim Hreem Sreem OM **sarvavyaaDhi vinaaSin**
 Aim Hreem Sreem OM **sarvaaDhaara swaroopE**
 Aim Hreem Sreem OM **sarvaaDhaara swaroopA**
 Aim Hreem Sreem OM **sarva paapaharE**
 Aim Hreem Sreem OM **sarva paapahara**
 Aim Hreem Sreem OM **sarva ananDamayi**
 Aim Hreem Sreem OM **sarva ananDamaya**
 Aim Hreem Sreem OM **sarva rakSha swaroopiNi**
 Aim Hreem Sreem OM **sarva rakSha swaroopin**
 Aim Hreem Sreem OM **sarvEpsitha phalapraDE**
 Aim Hreem Sreem OM **sarvEpsitha phalapraDa**
 Aim Hreem Sreem OM **sarva rakShaakara chakraswaamini**
 Aim Hreem Sreem OM **sarva rakShaakara chakraswaamin**
 Aim Hreem Sreem OM **nigarbha yOgini**
 Aim Hreem Sreem OM **nigarbha yOgin**
 Aim Hreem Sreem OM **vaSini**
 Aim Hreem Sreem OM **vaSin**
 Aim Hreem Sreem OM **kaamESwari**
 Aim Hreem Sreem OM **kaamESwara**
 Aim Hreem Sreem OM **mODini**
 Aim Hreem Sreem OM **mODin**
 Aim Hreem Sreem OM **vimalE**
 Aim Hreem Sreem OM **vimala**
 Aim Hreem Sreem OM **aruNE**
 Aim Hreem Sreem OM **aruNa**
 Aim Hreem Sreem OM **jayini**
 Aim Hreem Sreem OM **jayin**
 Aim Hreem Sreem OM **sarveSwari**

Aim Hreem Sreem OM **sarveSwara**
 Aim Hreem Sreem OM **kouliNi**
 Aim Hreem Sreem OM **koulin**
 Aim Hreem Sreem OM **sarvarOgahara chakraswaamini**
 Aim Hreem Sreem OM **sarvarOgahaara chakraswaamin**
 Aim Hreem Sreem OM **rahasya yOgini**
 Aim Hreem Sreem OM **rahasya yOgin**
 Aim Hreem Sreem OM **baaNini**
 Aim Hreem Sreem OM **baaNin**
 Aim Hreem Sreem OM **chaapini**
 Aim Hreem Sreem OM **chaapin**
 Aim Hreem Sreem OM **paaSini**
 Aim Hreem Sreem OM **paaSin**
 Aim Hreem Sreem OM **ankuSuni**
 Aim Hreem Sreem OM **ankuSin**
 Aim Hreem Sreem OM **mahaakaamESwari**
 Aim Hreem Sreem OM **mahaakaamESwara**
 Aim Hreem Sreem OM **mahaa vajrESwari**
 Aim Hreem Sreem OM **mahaa vajrESwara**
 Aim Hreem Sreem OM **mahaa bhagamaalini**
 Aim Hreem Sreem OM **mahaa bhagamaalin**
 Aim Hreem Sreem OM **mahaa Sree sunDari**
 Aim Hreem Sreem OM **mahaa Sree sunDara**
 Aim Hreem Sreem OM **sarvasiDDhi praDa chakraswaamini**
 Aim Hreem Sreem OM **sarvasiDDhi praDa chakraswaamin**
 Aim Hreem Sreem OM **athirahasya yOgini**
 Aim Hreem Sreem OM **athirahasya yOgin**
 Aim Hreem Sreem OM **Sree Sree mahaabhattachaariKE**
 Aim Hreem Sreem OM **Sree Sree mahaabhattachaarakA**
 Aim Hreem Sreem OM **sarvaanaanDamaya chakraswaamini**
 Aim Hreem Sreem OM **sarvaanaanDamaya chakraswaamin**
 Aim Hreem Sreem OM **paraapara rahasya yOgini**
 Aim Hreem Sreem OM **paraapara rahasya yOgin**
 Aim Hreem Sreem OM **thripurE**
 Aim Hreem Sreem OM **thripura**
 Aim Hreem Sreem OM **thripureESi**
 Aim Hreem Sreem OM **thripurESa**
 Aim Hreem Sreem OM **thripurasunDari**
 Aim Hreem Sreem OM **thripurasunDara**
 Aim Hreem Sreem OM **thripura vaasini**
 Aim Hreem Sreem OM **thripura vaasin**
 Aim Hreem Sreem OM **thripuraaSree**
 Aim Hreem Sreem OM **thripuraaSree**
 Aim Hreem Sreem OM **thripuramaalini**

Aim Hreem Sreem OM **thripuramaalin**
 Aim Hreem Sreem OM **thripuraasiDDhE**
 Aim Hreem Sreem OM **thripuraasiDDha**
 Aim Hreem Sreem OM **thripuraamba**
 Aim Hreem Sreem OM **thripuraamba**
 Aim Hreem Sreem OM **mahaathripura sunDari**
 Aim Hreem Sreem OM **mahaa thripura sunDara**
 Aim Hreem Sreem OM **mahaa mahESwari**
 Aim Hreem Sreem OM **mahaa mahESwara**
 Aim Hreem Sreem OM **mahaa mahaa raajnee**
 Aim Hreem Sreem OM **mahaa mahaa raaja**
 Aim Hreem Sreem OM **mahaa mahaa SakthE**
 Aim Hreem Sreem OM **mahaa mahaa Saktha**
 Aim Hreem Sreem OM **mahaa mahaa gupthE**
 Aim Hreem Sreem OM **mahaa mahaa guptha**
 Aim Hreem Sreem OM **mahaa mahaa jnyaphE**
 Aim Hreem Sreem OM **mahaa mahaa jnyaptha**
 Aim Hreem Sreem OM **mahaa mahaa nanDE**
 Aim Hreem Sreem OM **mahaa mahaa nanDa**
 Aim Hreem Sreem OM **mahaa mahaa spanDE**
 Aim Hreem Sreem OM **mahaa mahaa spanDa**
 Aim Hreem Sreem OM **mahaa mahaa SayE**
 Aim Hreem Sreem OM **mahaa mahaa Saya**
 Aim Hreem Sreem OM **mahaa mahaa Sree chakra Nagara saamraajni**
 Aim Hreem Sreem OM **mahaa mahaa Sree chakra nagara saamraat** namasthe! namasthe!
 namasthe! Namaha

anEka mayaakrutha Suddha Sakthi Siva mithuna sambuDDhyantha maalaa paarayana
japEna bhagavaan thaamasa hreemkaara bhattaaraka peeTTasthitha
lalithaa mahaa Bhattaarikaa
hrudayESwara kaamESwara mahaa bhattaaraka miThuna DEvathaa
supreethaa suprasanna varaDaa bhavathu.

12. Suddha Sakthi miThuna namOntha maala

*asya Sri Suddha Sakthi Siva mithuna sambuDDhyantha maalaa mahaa
manthrasya*

buddhi thatthvaa DhiShTTaayi rushihi

atyaShti cchanDaha

mokshaDa sakaara bhataaraka peeTTasThitha

sakala jananee lalithaa mahaa bhattarika

sakalESwara kaamESwara mahaa bhataaraka miThunam DEvathaa

aim - beejam, kleem - Saktihi, souh - keelakam

sarva sthambhana siDDhou viniyOgaha

Karanyaasa:

Hraam AnguShTaabhyaam namaha – wipe your thumb with your index finger from bottom to top

Hreem Tarjaneebhyaam namaha - wipe your index finger with your thumb from bottom to top

Hroom Madhyamaabhyaam namaha - wipe your middle finger with the thumb from bottom to top

Hraim Anaamikaabhyaam namaha - wipe your ring finger with the thumb from bottom to top

Hroum KanishTTikaabhyaam namaha - wipe your little finger with the thumb from bottom to top

Hraha Karathalakara prushTTaabhyaam namaha - pass your hands one over the other touching your palms and the back of your hands.

Anganyaasa

Hraam HruDayaaya namaha– touch your heart with your right hand

Hreem Sirase swaahaa – touch the top of your head with your right hand

Hroom Sikhayai vashat – touch the back of your head with right hand

Hraim Kavachaaya hum – cover yourself with both hands as if you are protecting yourself from the cold.

Hroum nEthra thrayaaya voushat - touch your three eyes with your index, middle and ring finger. The index finger touches the right eye, the middle finger touches the centre, the index touches the right and the ring touches the left eye.

Hraha Asthraaya phat Bhoor bhuva suvar om ithi digbanDhaha - When you are saying that, move your right hand around your head in a circular fashion. When you say Phat you clap and snap your fingers in the directions East, South, West and North.

Dhyaanam

*Devi taDbhaktha maalOkya SareerEnDriya chEthasaam
sthambanaa DwairiNaha sthabDhaaha svasvakaarya paraanmukhaa*

panchopara pooja

Lam: Prithvi thathvaatmikaam ganDham parikalpayaami namah

Ham: Aakaasa thathvaatmikaam puShpam parikalpayaami namah

Yam: Vayu thathvaatmikaam dhoopam parikalpayaami namah

Ram: Vahni thathvaatmikaam Deepam parikalpayaami namah

Sam: Sarva thathvaatmikaam sarvOpachaaraan parikalpayaami namah

Aim Hreem Sreem OM **namasthripurasunDaryai** paaDukaam poojayaami

Aim Hreem Sreem OM **thripurasunDaraaya** paaDukaam poojayaami

Aim Hreem Sreem OM **hruDayaDEvyai** paaDukaam poojayaami

Aim Hreem Sreem OM **hruDayaDEvaaya** paaDukaam poojayaami

Aim Hreem Sreem OM **SirODEvyai** paaDukaam poojayaami

Aim Hreem Sreem OM **SirODEvaaya** paaDukaam poojayaami

Aim Hreem Sreem OM **SikhaaDEvyai** paaDukaam poojayaami

Aim Hreem Sreem OM **SikhaaDEvaaya** paaDukaam poojayaami

Aim Hreem Sreem OM **kavachaDEvyai** paaDukaam poojayaami

Aim Hreem Sreem OM **kavachaDEvaaya** paaDukaam poojayaami

Aim Hreem Sreem OM **nEthraDEvyai** paaDukaam poojayaami

Aim Hreem Sreem OM **nEthraDEvaaya** paaDukaam poojayaami

Aim Hreem Sreem OM **asthraDEvyai** paaDukaam poojayaami

Aim Hreem Sreem OM **asthraDEvaaya** paaDukaam poojayaami

Aim Hreem Sreem OM **kaamESwaryai** paaDukaam poojayaami

Aim Hreem Sreem OM **kaamESwaraaya** paaDukaam poojayaami

Aim Hreem Sreem OM **bhagamaalinyai** paaDukaam poojayaami

Aim Hreem Sreem OM **bhagamaalinE** paaDukaam poojayaami

Aim Hreem Sreem OM **nithyaklinnaayai** paaDukaam poojayaami

Aim Hreem Sreem OM **nithyaklinnaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **bhErundaayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **bhErundaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **vahnivaasinyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **vahnivaasinE** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahaa vajrESwaryai** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahaa vajrESwaraaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **SivaDoothyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **SivaDoothaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **thwarithaayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **thwarithaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **kulasunDaryai** paaDukaam poojayaami
 Aim Hreem Sreem OM **kulasunDaraaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **nithyaayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **nithyaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **neelapathaakaayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **neelapathaakaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **vijayaayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **vijayaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvamangaLaayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvamangaLaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **Jwalaamaalinyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **jwalaamaalinE** paaDukaam poojayaami
 Aim Hreem Sreem OM **chithraayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **chithraaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahaanithyaayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahaanithyaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **parameSwara** paaDukaam poojayaami
 Aim Hreem Sreem OM **parameSwaryai** paaDukaam poojayaami
 Aim Hreem Sreem OM **parameSwara** paaDukaam poojayaami
 Aim Hreem Sreem OM **parameSwaraaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **mithrESamayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **mithrESamayaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **ShaShTTeeSamayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **ShaShTTeeSamayaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **uddeeSamayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **uddeeSamayaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **charyaanaathamayyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **charyaanaathamayaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **LOpaa muDraamayyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **LOpaa muDraamayaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **agasthyamayyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **agasthyamayaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **kaalathaapana mayyai** paaDukaam poojayaami

Aim Hreem Sreem OM **kaalathaapana mayaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **Dharmaachaara mayyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **Dharmaachaara mayaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **mukthakESeeSvara mayyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **mukthakESeeSvara mayaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **DeepakalaanaaTha mayyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **DeepakalaanaaTha mayaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **viShnuDEva mayyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **viShnuDEva mayaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **prabhaakaraDEva mayyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **prabhaakaraDEva mayaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **thEjODEva mayyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **thEjODEva mayaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **manOjaDEva mayyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **manOjaDEva mayaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **kalyaaNaDEva mayyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **kalyaaNaDEva mayaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **rathnaDEva mayyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **rathnaDEva mayaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **vaasuDEva mayyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **vaasuDEva mayaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **Sree raamaananDa mayyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **Sree raamaananDa mayaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **aNimaa siDDhyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **aNimaa siDDhayE** paaDukaam poojayaami
 Aim Hreem Sreem OM **laghimaa siDDhyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **laghimaa siDDhayE** paaDukaam poojayaami
 Aim Hreem Sreem OM **garimaa siDDhyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **garimaa siDDhayE** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahimaa siDDhyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahimaa siDDhayE** paaDukaam poojayaami
 Aim Hreem Sreem OM **eeSithva siDDhyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **eeSithva siDDhayE** paaDukaam poojayaami
 Aim Hreem Sreem OM **vaSithva siDDhyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **vaSithva siDDhayE** paaDukaam poojayaami
 Aim Hreem Sreem OM **praakaamya siDDhyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **praakaamya siDDhayE** paaDukaam poojayaami
 Aim Hreem Sreem OM **bhukthi siDDhyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **bhukthi siDDhayE** paaDukaam poojayaami
 Aim Hreem Sreem OM **icchaa siDDhyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **icchaa siDDhayE** paaDukaam poojayaami
 Aim Hreem Sreem OM **praapthi siDDhyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **praapthi siDDhayE** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvakaamasiddhyai** paaDukaam poojayaami

Aim Hreem Sreem Om **sarvakaamasiddhayE** paaDukaam poojayaami
 Aim Hreem Sreem OM **braahmyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **braahmaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **maahESwaryai** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahESwaraaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **koumaaryai** paaDukaam poojayaami
 Aim Hreem Sreem OM **koumaaraaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **vaiShnavyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **vaiShnavaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **vaaraahyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **vaaraahaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **maahEnDryai** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahEnDraaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **chaamundaayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **chaamundaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahaalakShmyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahaalakShmyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva sankShObhiNyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva sankShObhiNE** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva viDraaviNyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva viDraaviNE** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvaakarShiNyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvaakarshiNE** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva vaSankaryai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva vaSankaraaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvOnmaaDinyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvOnmaaDinE** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva mahaankuSaayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva mahaankuSaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva khEcharyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva khEcharaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva beejaayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva beejaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva yOnyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvayOnayE** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva thrikhandaayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva thrikandayE** paaDukaam poojayaami
 Aim Hreem Sreem OM **thrailOkya mOhana chakraswaaminyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **thrailOkhya mOhana chakra SwaaminE** paaDukaam poojayaami
 Aim Hreem Sreem OM **prakata yOginyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **prakata yOginE** paaDukaam poojayaami
 Aim Hreem Sreem OM **kaamaakarShaNyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **kaamaakarShaNaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **buDDhyaakarShaNyai** paaDukaam poojayaami

Aim Hreem Sreem OM **buDDhyaakarshaNaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **ahamkaarakarShaNyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **ahamkaarakarShaNaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **SabDaakarShaNyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **SabDaakarShaNaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **sparSaakarShaNyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sparSaakarShaNaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **roopaakarShaNyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **roopaakarShaNaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **rasaakarShaNyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **rasaakarShaNaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **ganDhaakarShaNyai** paaDukaam poojayaami i
 Aim Hreem Sreem OM **ganDhaakarShaNaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **cchitthaakarShaNyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **cchitthaakarShaNaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **DhairyaakarShaNyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **DhairyaakarShaNaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **smrithyaakarShaNyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **smrithyaakarShaNaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **naamaakarShaNyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **naamaakarShaNaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **beejaakarShaNyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **beejaakarShaNaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **aathmaakarShaNyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **aathmaakarShaNaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **amruthaakarShaNyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **amruthaakarShaNaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **SareeraakarShaNyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **SareeraakarShaNaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvaSaa paripooraka chakraswaaminyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvaSaa paripooraka chakraswaaminE** paaDukaam poojayaami
 Aim Hreem Sreem OM **guptha yOginyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **guptha yOginE** paaDukaam poojayaami
 Aim Hreem Sreem OM **ananga kusumaayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **ananga kusumaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **ananga mEkhalaayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **ananga mEkhalaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **ananga maDanaayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **ananga maDanaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **ananga maDanaathuraayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **ananga maDanaathuraaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **anangarEkhaayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **anangarEkhaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **ananga vEginyai** paaDukaam poojayaami

Aim Hreem Sreem OM **ananga vEginE** paaDukaam poojayaami
 Aim Hreem Sreem OM **anangaankuSaayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **anangaankuSaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **ananga maaliyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **anangamaalinE** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva sankSOBhaNa chakraswaaminyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva sankSOBhaNa chakraswaaminE** paaDukaam poojayaami
 Aim Hreem Sreem OM **gupthathara yOginyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **gupthathara yOginE** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvasankShObhiNyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvasankShObhiNE** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva viDraaviNyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva viDraaviNE** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvaakarShiNyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvaakarShiNE** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvaahlaaDinyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvaahlaaDinE** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva sammOhinyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva sammOhinE** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva sthambhinyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva sthambhinE** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva jhrumbhiNyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva jhrumbhiNE** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva vaSankaryai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva vaSankaraaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva ranjanyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva ranjanaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvOnmaaDinyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvOnmaaDinE** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvaarthasaaDhinyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvaarthasaaDhinE** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva sampatthi pooraNyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva sampatthi pooraNaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva manthramayi** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva manthramaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva dwandwa kShayamkaryai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva dwandwa kShayamkaraaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva soubhaagyaDaayaka chakra swaaminyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva soubhagyaDaayaka chakra swaaminE** paaDukaam poojayaami
 Aim Hreem Sreem OM **sampradaaya yOginyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sampradaaya yOginE** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvasiDDhipraDaayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvasiDDhipraDaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva sampathpraDaayai** paaDukaam poojayaami

Aim Hreem Sreem OM **sarva sampathpraDaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva priyankaryai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva priyankaraaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvamangaLakaariNyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvamangaLakaarinE** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva kaama praDaayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva kaama praDaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva Dukkha vimOchinyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva Dukkha vimOchinE** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva mruthyupraSamanyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva mruthyupraSamanaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva vighnanivaariNyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva vighnanivaariNE** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvaangasunDaryai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvaangasunDaraaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva soubhaagyaDaayinyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva soubhaagyaDaayinE** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvarthasaaDhaka chakraswaaminyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvartha saadhaka chakraswaaminE** paaDukaam poojayaami
 Aim Hreem Sreem OM **kulOtttheerNa yOginyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **kulOtttheerNa yOginE** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvajnaayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvajnaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvaSakthyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvaSakthayE** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvaiSwaryapraDaayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvaiSwaryapraDaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvajnaana mayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvajnaana mayaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvavyaaDhi vinaaSinyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvavyaaDhi vinaaSinE** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvaaDhaara swaroopaayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvaaDhaara swaroopaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva paapaharaayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva paapaharaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva ananDamayyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva ananDamayaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva rakSha swaroopiNyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva rakSha swaroopinE** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvEpsitha phalapraDaayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvEpsitha phalapraDaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva rakShaakara chakraswaaminyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarva rakShaakara chakraswaaminE** paaDukaam poojayaami
 Aim Hreem Sreem OM **nigarbha yOginyai** paaDukaam poojayaami

Aim Hreem Sreem OM **nigarbha yOginE** paaDukaam poojayaami
 Aim Hreem Sreem OM **vaSinyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **vaSinE** paaDukaam poojayaami
 Aim Hreem Sreem OM **kaamESwaryai** paaDukaam poojayaami
 Aim Hreem Sreem OM **kaamESwaraaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **mODinyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **mODinE** paaDukaam poojayaami
 Aim Hreem Sreem OM **vimalaayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **vimalaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **aruNaayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **aruNaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **jayinyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **jayinE** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarveSwaryai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarveSwaraaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **kouLiNyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **kouLinE** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvarOgahara chakraswaaminyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvarOgahara chakraswaaminE** paaDukaam poojayaami
 Aim Hreem Sreem OM **rahasya yOginyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **rahasya yOginE** paaDukaam poojayaami
 Aim Hreem Sreem OM **baaNinyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **baaNinE** paaDukaam poojayaami
 Aim Hreem Sreem OM **chaapinyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **chaapinE** paaDukaam poojayaami
 Aim Hreem Sreem OM **paaSinyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **paaSinE** paaDukaam poojayaami
 Aim Hreem Sreem OM **ankuSunnyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **ankuSinE** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahaakaamESwaryai** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahaakaamESwaraaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahaa vajrESwaryai** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahaa vajrESwaraaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahaa bhagamaalinyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahaa bhagamaalinE** paaDukaam poojayaami
 Aim Hreem Sreem OM mahaa **Sree sunDaryai** paaDukaam poojayaami
 Aim Hreem Sreem OM mahaa **Sree sunDaraaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvasiDDhi praDa chakraswaaminyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvasiDDhi praDa chakraswaaminE** paaDukaam poojayaami
 Aim Hreem Sreem OM **athirahasya yOginyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **athirahasya yOginE** paaDukaam poojayaami
 Aim Hreem Sreem OM **Sree Sree mahaa bhattaarikaayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **Sree Sree mahaa bhattaarakaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **sarvaananDamaya chakraswaaminyai** paaDukaam poojayaami

Aim Hreem Sreem OM **sarvaananDamaya chakraswaaminE** paaDukaam poojayaami
 Aim Hreem Sreem OM **paraapara rahasya yOginyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **paraapara rahasya yOginE** paaDukaam poojayaami
 Aim Hreem Sreem OM **thripuraayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **thripuraaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **thripureESyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **thripurESaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **thripurasunDaryai** paaDukaam poojayaami
 Aim Hreem Sreem OM **thripurasunDaraaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **thripuravaasinyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **thripuravaasinE** paaDukaam poojayaami
 Aim Hreem Sreem OM **thripuraaSreeyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **thripuraaSreeyE** paaDukaam poojayaami
 Aim Hreem Sreem OM **thripuramaalinyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **thripuramaalinE** paaDukaam poojayaami
 Aim Hreem Sreem OM **thripuraasiDDhaayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **thripuraasiDDhaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **thripuraambaayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **thripuraambaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahaathripura sunDaryai** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahaa thripura sunDaraaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahaa mahESwaryai** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahaa mahESwaraaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahaa mahaa raajnyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahaa mahaa raajaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahaa mahaa Sakthyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahaa mahaa SakthayE** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahaa mahaa gupthyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahaa mahaa gupthaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahaa mahaa jnyapthyai** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahaa mahaa jnyapthaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahaa mahaa nanDaayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahaa mahaa nanDaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahaa mahaa spanDaayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahaa mahaa spanDaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahaa mahaa Sayaayai** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahaa mahaa Sayaaya** paaDukaam poojayaami
 Aim Hreem Sreem OM **mahaa mahaa Sree chakra Nagara saamraajnyai** paaDukaam
 poojayaami
 Aim Hreem Sreem OM **mahaa mahaa Sree chakra nagara saamraajaaya** paaDukaam poojayami
 namasthe! namasthe! namasthe! namaha

*anEka mayaakrutha Suddha Sakthi Siva mithuna namOntha maalaa paarayana japEna
bhagavaan mOkShaDa sakaara bhattaaraka peeTasThitha
sakala jananee lalithaa mahaa bhattaaraka
sakaleSwara kaamESwara mahaa bhattaarika miThuna DEvathaa
supreethaa suprasanna varaDaa bhavathu.*



13. Suddha Sakthi miThuna swaahaantha maala

asya Sri Suddha Sakthi Siva mithuna swaahaantha maalaa mahaa mantrasya

chittha thathvaa DhiShTTaayi brahmaathmaa praataraaDithya rushihi

Dhruthi cchanDaha

raajasa kakaara bhattaaraka peeTasThitha

kamkOti lalithaa mahaa bhattarika

karuNaakara kaamESwara mahaa bhattaaraka miThunam DEvathaa

aim - beejam, kleem - Sakthihi, souh - keelakam

mama DharmaarTha kama mOksha chathuShtaya siDhyarThE JapE viniyOgaha

Karanyaasa:

Hraam AnguShTaabhyaam namaha – wipe your thumb with your index finger from bottom to top

Hreem tarjaneebhyaam namaha - wipe your index finger with your thumb from bottom to top

Hroom Madhyamaabhyaam namaha - wipe your middle finger with the thumb from bottom to top

Hraim Anaamikaabhyaam namaha - wipe your ring finger with the thumb from bottom to top

Hroum KanishTTikaabhyaam namaha - wipe your little finger with the thumb from bottom to top

Hraha Karathalakara prushTTaabhyaam namaha - pass your hands one over the other touching your palms and the back of your hands.

Anganyaasa

Hraam HruDayaaya namaha– touch your heart with your right hand

Hreem Sirase swaahaa – touch the top of your head with your right hand

Hroom Sikhayai vashat – touch the back of your head with right hand

Hraim Kavachaaya hum – cover yourself with both hands as if you are protecting yourself from the cold.

Hroum nEthra thrayaaya voushat - touch your three eyes with your index, middle and ring finger. The index finger touches the right eye, the middle finger touches the centre, the index touches the right and the ring touches the left eye.

Hraha Asthraaya phat Bhoor bhuva suvar om ithi digbanDhaha - When you are saying that, move your right hand around your head in a circular fashion. When you say Phat you clap and snap your fingers in the directions East, South, West and North.

Dhyaanam

*DharmaScha arthaScha kaamaScha mOkshaschEthi chathuShtayam
thava bhakthaha swabhakthE bhyaha prayachathya prayaasathaha II*

PanchOpapa Pooja

Lam: Prithvi thathvaatmikaam ganDham parikalpayaami namah

Ham: Aakaasa thathvaatmikaam puShpam parikalpayaami namah

Yam: Vayu thathvaatmikaam dhoopam parikalpayaami namah

Ram: Vahni thathvaatmikaam Deepam parikalpayaami namah

Sam: Sarva thathvaatmikaam sarvOpachaaraan parikalpayaami namah

Aim Hreem Sreem OM **namasthripurasunDaryai** swaaha

Aim Hreem Sreem OM **thripurasunDaraaya** swaaha

Aim Hreem Sreem OM **hruDayaDEvyai** swaaha

Aim Hreem Sreem OM **hruDayaDEvaaya** swaaha

Aim Hreem Sreem OM **SirODEvyai** swaaha

Aim Hreem Sreem OM **SirODEvaaya** swaaha

Aim Hreem Sreem OM **SikhaaDEvyai** swaaha

Aim Hreem Sreem OM **SikhaaDEvaaya** swaaha

Aim Hreem Sreem OM **kavachaDEvyai** swaaha

Aim Hreem Sreem OM **kavachaDEvaaya** swaaha

Aim Hreem Sreem OM **nEthraDEvyai** swaaha

Aim Hreem Sreem OM **nEthraDEvaaya** swaaha

Aim Hreem Sreem OM **asthraDEvyai** swaaha

Aim Hreem Sreem OM **asthraDEvaaya** swaaha

Aim Hreem Sreem OM **kaamESwaryai** swaaha

Aim Hreem Sreem OM **kaamESwaraaya** swaaha

Aim Hreem Sreem OM **bhagamaalinyai** swaaha

Aim Hreem Sreem OM **bhagamaalinE** swaaha

Aim Hreem Sreem OM **nithyaklinnaayai** swaaha

Aim Hreem Sreem OM **nithyaklinnaaya** swaaha

Aim Hreem Sreem OM **bhErundaayai** swaaha

Aim Hreem Sreem OM **bhErundaaya** swaaha

Aim Hreem Sreem OM **vahnivaasinyai** swaaha

Aim Hreem Sreem OM **vahnivaasinE** swaaha

Aim Hreem Sreem OM **mahaa vajrESwaryai** swaaha
 Aim Hreem Sreem OM **mahaa vajrESwaraaya** swaaha
 Aim Hreem Sreem OM **SivaDoothyai** swaaha
 Aim Hreem Sreem OM **SivaDoothaaya** swaaha
 Aim Hreem Sreem OM **thwarithaayai** swaaha
 Aim Hreem Sreem OM **thwarithaaya** swaaha
 Aim Hreem Sreem OM **kulasunDaryai** swaaha
 Aim Hreem Sreem OM **kulasunDaraaya** swaaha
 Aim Hreem Sreem OM **nithyaayai** swaaha
 Aim Hreem Sreem OM **nithyaaya** swaaha
 Aim Hreem Sreem OM **neelapathaakaayai** swaaha
 Aim Hreem Sreem OM **neelapathaakaya** swaaha
 Aim Hreem Sreem OM **vijayaayai** swaaha
 Aim Hreem Sreem OM **vijayaaya** swaaha
 Aim Hreem Sreem OM **sarvamangaLaayai** swaaha
 Aim Hreem Sreem OM **sarvamangaLaaya** swaaha
 Aim Hreem Sreem OM **Jwalaamaalinyai** swaaha
 Aim Hreem Sreem OM **jwalaamaalinE** swaaha
 Aim Hreem Sreem OM **chithraayai** swaaha
 Aim Hreem Sreem OM **chithraaya** swaaha
 Aim Hreem Sreem OM **mahaanithyaayai** swaaha
 Aim Hreem Sreem OM **mahaanithyaaya** swaaha
 Aim Hreem Sreem OM **parameSwara** swaaha
 Aim Hreem Sreem OM **parameSwaryai** swaaha
 Aim Hreem Sreem OM **parameSwara** swaaha
 Aim Hreem Sreem OM **parameSwaraaya** swaaha
 Aim Hreem Sreem OM **mithrESamayai** swaaha
 Aim Hreem Sreem OM **mithrESamayaaya** swaaha
 Aim Hreem Sreem OM **ShaShTTeeSamayai** swaaha
 Aim Hreem Sreem OM **ShaShTTeeSamayaaya** swaaha
 Aim Hreem Sreem OM **uddeeSamayai** swaaha
 Aim Hreem Sreem OM **uddeeSamayaaya** swaaha
 Aim Hreem Sreem OM **charyaanaathamayyai** swaaha
 Aim Hreem Sreem OM **charyaanaathamayaaya** swaaha
 Aim Hreem Sreem OM **LOpaa muDraamayyai** swaaha
 Aim Hreem Sreem OM **LOpaa muDraamayaaya** swaaha
 Aim Hreem Sreem OM **agasthyamayyai** swaaha
 Aim Hreem Sreem OM **agasthyamayaaya** swaaha
 Aim Hreem Sreem OM **kaalathaapana mayyai** swaaha
 Aim Hreem Sreem OM **kaalathaapana mayaaya** swaaha
 Aim Hreem Sreem OM **Dharmaachara mayyai** swaaha
 Aim Hreem Sreem OM **Dharmaachara mayaaya** swaaha
 Aim Hreem Sreem OM **mukthakESeeSvara mayyai** swaaha
 Aim Hreem Sreem OM **mukthakESeeSvara mayaaya** swaaha

Aim Hreem Sreem OM **DeepakalaanaaTha mayyai** swaaha
 Aim Hreem Sreem OM **DeepakalaanaaTha mayaaya** swaaha
 Aim Hreem Sreem OM **viShnuDEva mayyai** swaaha
 Aim Hreem Sreem OM **viShnuDEva mayaaya** swaaha
 Aim Hreem Sreem OM **prabhaakaraDEva mayyai** swaaha
 Aim Hreem Sreem OM **prabhaakaraDEva mayaaya** swaaha
 Aim Hreem Sreem OM **thEjODEva mayyai** swaaha
 Aim Hreem Sreem OM **thEjODEva mayaaya** swaaha
 Aim Hreem Sreem OM **manOjaDEva mayyai** swaaha
 Aim Hreem Sreem OM **manOjaDEva mayaaya** swaaha
 Aim Hreem Sreem OM **kalyaaNaDEva mayyai** swaaha
 Aim Hreem Sreem OM **kalyaaNaDEva mayaaya** swaaha
 Aim Hreem Sreem OM **rathnaDEva mayyai** swaaha
 Aim Hreem Sreem OM **rathnaDEva mayaaya** swaaha
 Aim Hreem Sreem OM **vaasuDEva mayyai** swaaha
 Aim Hreem Sreem OM **vaasuDEva mayaaya** swaaha
 Aim Hreem Sreem OM **Sree raamaananDa mayyai** swaaha
 Aim Hreem Sreem OM **Sree raamaananDa mayaaya** swaaha
 Aim Hreem Sreem OM **aNimaa siDDhyai** swaaha
 Aim Hreem Sreem OM **aNimaa siDDhayE** swaaha
 Aim Hreem Sreem OM **laghimaa siDDhyai** swaaha
 Aim Hreem Sreem OM **laghimaa siDDhayE** swaaha
 Aim Hreem Sreem OM **garimaa siDDhayai** swaaha
 Aim Hreem Sreem OM **garimaa siDDhayE** swaaha
 Aim Hreem Sreem OM **mahimaa siDDhyai** swaaha
 Aim Hreem Sreem OM **mahimaa siDDhayE** swaaha
 Aim Hreem Sreem OM **eeSithva siDDhyai** swaaha
 Aim Hreem Sreem OM **eeSithva siDDhayE** swaaha
 Aim Hreem Sreem OM **vaSithva siDDhyai** swaaha
 Aim Hreem Sreem OM **vaSithva siDDhayE** swaaha
 Aim Hreem Sreem OM **praakaamya siDDhyai** swaaha
 Aim Hreem Sreem OM **praakaamya siDDhayE** swaaha
 Aim Hreem Sreem OM **bhukthi siDDhyai** swaaha
 Aim Hreem Sreem OM **bhukthi siDDhayE** swaaha
 Aim Hreem Sreem OM **iccha siDDhyai** swaaha
 Aim Hreem Sreem OM **iccha siDDhayE** swaaha
 Aim Hreem Sreem OM **praapthi siDDhyai** swaaha
 Aim Hreem Sreem OM **praapthi siDDhayE** swaaha
 Aim Hreem Sreem OM **sarvakaamasiddhyai** swaaha
 Aim Hreem Sreem Om **sarvakaamasiddhayE** swaaha
 Aim Hreem Sreem OM **braahmyai** swaaha
 Aim Hreem Sreem OM **braahmaaya** swaaha
 Aim Hreem Sreem OM **maahESwaryai** swaaha
 Aim Hreem Sreem OM **mahESwaraaya** swaaha

Aim Hreem Sreem OM **koumaaryai** swaaha
 Aim Hreem Sreem OM **koumaaraaya** swaaha
 Aim Hreem Sreem OM **vaiShnavyai** swaaha
 Aim Hreem Sreem OM **vaiShnavaaya** swaaha
 Aim Hreem Sreem OM **vaaraahyai** swaaha
 Aim Hreem Sreem OM **vaaraahaaya** swaaha
 Aim Hreem Sreem OM **maahEnDryai** swaaha
 Aim Hreem Sreem OM **mahEnDraaya** swaaha
 Aim Hreem Sreem OM **chaamundaayai** swaaha
 Aim Hreem Sreem OM **chaamundaaya** swaaha
 Aim Hreem Sreem OM **mahaalakShmyai** swaaha
 Aim Hreem Sreem OM **mahaalakShmyai** swaaha
 Aim Hreem Sreem OM **sarva sankShObhiNyai** swaaha
 Aim Hreem Sreem OM **sarva sankShObhiNE** swaaha
 Aim Hreem Sreem OM **sarva viDraaviNyai** swaaha
 Aim Hreem Sreem OM **sarva viDraaviNE** swaaha
 Aim Hreem Sreem OM **sarvaakarShiNyai** swaaha
 Aim Hreem Sreem OM **sarvaakarshiNE** swaaha
 Aim Hreem Sreem OM **sarva vaSankaryai** swaaha
 Aim Hreem Sreem OM **sarva vaSankaraaya** swaaha
 Aim Hreem Sreem OM **sarvOnmaaDinyai** swaaha
 Aim Hreem Sreem OM **sarvOnmaaDinE** swaaha
 Aim Hreem Sreem OM **sarva mahaankuSaayai** swaaha
 Aim Hreem Sreem OM **sarva mahaankuSaaya** swaaha
 Aim Hreem Sreem OM **sarva khEcharyai** swaaha
 Aim Hreem Sreem OM **sarva khEcharaaya** swaaha
 Aim Hreem Sreem OM **sarva beejaayai** swaaha
 Aim Hreem Sreem OM **sarva beejaaya** swaaha
 Aim Hreem Sreem OM **sarva yOnyai** swaaha
 Aim Hreem Sreem OM **sarvayOnayE** swaaha
 Aim Hreem Sreem OM **sarva thrikhandaayai** swaaha
 Aim Hreem Sreem OM **sarva thrikandayE** swaaha
 Aim Hreem Sreem OM **thrailOkya mOhana chakraswaaminyai** swaaha
 Aim Hreem Sreem OM **thrailOkhya mOhana chakra SwaaminE** swaaha
 Aim Hreem Sreem OM **prakata yOginyai** swaaha
 Aim Hreem Sreem OM **prakata yOginE** swaaha
 Aim Hreem Sreem OM **kaamaakarShaNyai** swaaha
 Aim Hreem Sreem OM **kaamaakarShaNaya** swaaha
 Aim Hreem Sreem OM **buDDhyaakarShaNyai** swaaha
 Aim Hreem Sreem OM **buDDhyaakarshaNaya** swaaha
 Aim Hreem Sreem OM **ahamkaarakarShaNyai** swaaha
 Aim Hreem Sreem OM **ahamkaarakarShaNaya** swaaha
 Aim Hreem Sreem OM **SabDaakarShaNyai** swaaha
 Aim Hreem Sreem OM **SabDaakarShaNaya** swaaha

Aim Hreem Sreem OM **sparSaakarShaNyai** swaaha
 Aim Hreem Sreem OM **sparSaakarShaNaya** swaaha
 Aim Hreem Sreem OM **roopaakarShaNyai** swaaha
 Aim Hreem Sreem OM **roopaakarShaNaya** swaaha
 Aim Hreem Sreem OM **rasaakarShaNyai** swaaha
 Aim Hreem Sreem OM **rasaakarShaNaya** swaaha
 Aim Hreem Sreem OM **ganDhaakarShaNyai** swaaha
 Aim Hreem Sreem OM **ganDhaakarShaNaya** swaaha
 Aim Hreem Sreem OM **cchitthaakarShaNyai** swaaha
 Aim Hreem Sreem OM **cchitthaakarShaNaya** swaaha
 Aim Hreem Sreem OM **DhairyaakarShaNyai** swaaha
 Aim Hreem Sreem OM **DhairyaakarShaNaya** swaaha
 Aim Hreem Sreem OM **smrithyaakarShaNyai** swaaha
 Aim Hreem Sreem OM **smrithyaakarShaNaya** swaaha
 Aim Hreem Sreem OM **naamaakarShaNyai** swaaha
 Aim Hreem Sreem OM **naamaakarShaNaya** swaaha
 Aim Hreem Sreem OM **beejaakarShaNyai** swaaha
 Aim Hreem Sreem OM **beejaakarShaNaya** swaaha
 Aim Hreem Sreem OM **aathmaakarShaNyai** swaaha
 Aim Hreem Sreem OM **aathmaakarShaNaya** swaaha
 Aim Hreem Sreem OM **amruthaakarShaNyai** swaaha
 Aim Hreem Sreem OM **amruthaakarShaNaya** swaaha
 Aim Hreem Sreem OM **SareeraakarShaNyai** swaaha
 Aim Hreem Sreem OM **SareeraakarShaNaya** swaaha
 Aim Hreem Sreem OM **sarvaSaa paripooraka chakraswaaminyai** swaaha
 Aim Hreem Sreem OM **sarvaSaa paripooraka chakraswaaminE** swaaha
 Aim Hreem Sreem OM **guptha yOginyai** swaaha
 Aim Hreem Sreem OM **guptha yOginE** swaaha
 Aim Hreem Sreem OM **ananga kusumaayai** swaaha
 Aim Hreem Sreem OM **ananga kusumaaya** swaaha
 Aim Hreem Sreem OM **ananga mEkhalaayai** swaaha
 Aim Hreem Sreem OM **ananga mEkhalaaya** swaaha
 Aim Hreem Sreem OM **ananga maDanaayai** swaaha
 Aim Hreem Sreem OM **ananga maDanaaya** swaaha
 Aim Hreem Sreem OM **ananga maDanaathuraayai** swaaha
 Aim Hreem Sreem OM **ananga maDanaathuraaya** swaaha
 Aim Hreem Sreem OM **anangarEkhaayai** swaaha
 Aim Hreem Sreem OM **anangarEkhaaya** swaaha
 Aim Hreem Sreem OM **ananga vEginyai** swaaha
 Aim Hreem Sreem OM **ananga vEginE** swaaha
 Aim Hreem Sreem OM **anangaankuSaayai** swaaha
 Aim Hreem Sreem OM **anangaankuSaaya** swaaha
 Aim Hreem Sreem OM **ananga maalinyai** swaaha
 Aim Hreem Sreem OM **anangamaalinE** swaaha

Aim Hreem Sreem OM **sarva sankSOBhaNa chakraswaaminyai** swaaha
 Aim Hreem Sreem OM **sarva sankSOBhaNa chakraswaaminE** swaaha
 Aim Hreem Sreem OM **gupthathara yOginyai** swaaha
 Aim Hreem Sreem OM **gupthathara yOginE** swaaha
 Aim Hreem Sreem OM **sarvasankShobiNyai** swaaha
 Aim Hreem Sreem OM **sarvasankShobiNE** swaaha
 Aim Hreem Sreem OM **sarva viDraaviNyai** swaaha
 Aim Hreem Sreem OM **sarva viDraaviNE** swaaha
 Aim Hreem Sreem OM **sarvaakarShiNyai** swaaha
 Aim Hreem Sreem OM **sarvaakarShiNE** swaaha
 Aim Hreem Sreem OM **sarvaahlaaDinyai** swaaha
 Aim Hreem Sreem OM **sarvaahlaaDinE** swaaha
 Aim Hreem Sreem OM **sarva sammOhinyai** swaaha
 Aim Hreem Sreem OM **sarva sammOhinE** swaaha
 Aim Hreem Sreem OM **sarva sthambhinyai** swaaha
 Aim Hreem Sreem OM **sarva sthambhinE** swaaha
 Aim Hreem Sreem OM **sarva jhrumbhiNyai** swaaha
 Aim Hreem Sreem OM **sarva jhrumbhiNE** swaaha
 Aim Hreem Sreem OM **sarva vaSankaryai** swaaha
 Aim Hreem Sreem OM **sarva vaSankaraaya** swaaha
 Aim Hreem Sreem OM **sarva ranjanyai** swaaha
 Aim Hreem Sreem OM **sarva ranjanaaya** swaaha
 Aim Hreem Sreem OM **sarvOnmaaDinyai** swaaha i
 Aim Hreem Sreem OM **sarvOnmaaDinE** swaaha
 Aim Hreem Sreem OM **sarvaartha saaDhinyai** swaaha
 Aim Hreem Sreem OM **sarvaartha saaDhinE** swaaha
 Aim Hreem Sreem OM **sarva sampatthi pooraNyai** swaaha
 Aim Hreem Sreem OM **sarva sampatthi pooraNaaya** swaaha
 Aim Hreem Sreem OM **sarva manthramayi** swaaha
 Aim Hreem Sreem OM **sarva manthramaya** swaaha
 Aim Hreem Sreem OM **sarva dwardwa kShayamkaryai** swaaha
 Aim Hreem Sreem OM **sarva dwardwa kShayamkaraaya** swaaha
 Aim Hreem Sreem OM **sarva soubhagyaDaayaka chakra swaaminyai** swaaha
 Aim Hreem Sreem OM **sarva soubhagyaDaayaka chakra swaaminE** swaaha
 Aim Hreem Sreem OM **sampradaaya yOginyai** swaaha
 Aim Hreem Sreem OM **sampradaaya yOginE** swaaha
 Aim Hreem Sreem OM **sarvasiDDhipraDaayai** swaaha
 Aim Hreem Sreem OM **sarvasiDDhipraDaaya** swaaha
 Aim Hreem Sreem OM **sarva sampathpraDaayai** swaaha
 Aim Hreem Sreem OM **sarva sampathpraDaaya** swaaha
 Aim Hreem Sreem OM **sarva priyankaryai** swaaha
 Aim Hreem Sreem OM **sarva priyankaraaya** swaaha
 Aim Hreem Sreem OM **sarvamangaLakaariNyai** swaaha
 Aim Hreem Sreem OM **sarvamangaLakaarinE** swaaha

Aim Hreem Sreem OM **sarva kaama praDaayai** swaaha
 Aim Hreem Sreem OM **sarva kaama praDaaya** swaaha
 Aim Hreem Sreem OM **sarva Dukkha vimOchinyai** swaaha
 Aim Hreem Sreem OM **sarva Dukkha vimOchinE** swaaha
 Aim Hreem Sreem OM **sarva mruthyupraSamanyai** swaaha
 Aim Hreem Sreem OM **sarva mruthyupraSamanaaya** swaaha
 Aim Hreem Sreem OM **sarva vighnanivaariNyai** swaaha
 Aim Hreem Sreem OM **sarva vighnanivaariNE** swaaha
 Aim Hreem Sreem OM **sarvaangasunDaryai** swaaha
 Aim Hreem Sreem OM **sarvaangasunDaraaya** swaaha
 Aim Hreem Sreem OM **sarva soubhaagyaDaayinyai** swaaha
 Aim Hreem Sreem OM **sarva soubhaagyaDaayinE** swaaha
 Aim Hreem Sreem OM **sarvaarthasaaDhaka chakraswaaminyai** swaaha
 Aim Hreem Sreem OM **sarvaartha saaDhaka chakraswaaminE** swaaha
 Aim Hreem Sreem OM **kulOttheerNa yOginyai** swaaha
 Aim Hreem Sreem OM **kulOttheerNa yOginE** swaaha
 Aim Hreem Sreem OM **sarvajnaayai** swaaha
 Aim Hreem Sreem OM **sarvajnaaya** swaaha
 Aim Hreem Sreem OM **sarvaSakthyai** swaaha
 Aim Hreem Sreem OM **sarvaSakthayE** swaaha
 Aim Hreem Sreem OM **sarvaiSwaryapraDaayai** swaaha
 Aim Hreem Sreem OM **sarvaiSwaryapraDaaya** swaaha
 Aim Hreem Sreem OM **sarvajnaana mayai** swaaha
 Aim Hreem Sreem OM **sarvajnaana mayaaya** swaaha
 Aim Hreem Sreem OM **sarvavyaaDhi vinaaSinyai** swaaha
 Aim Hreem Sreem OM **sarvavyaaDhi vinaaSinE** swaaha
 Aim Hreem Sreem OM **sarvaaDhaara swaroopaayai** swaaha
 Aim Hreem Sreem OM **sarvaaDhaara swaroopaaya** swaaha
 Aim Hreem Sreem OM **sarva paapaharaayai** swaaha
 Aim Hreem Sreem OM **sarva paapaharaaya** swaaha
 Aim Hreem Sreem OM **sarva ananDamayyai** swaaha
 Aim Hreem Sreem OM **sarva ananDamayaaya** swaaha
 Aim Hreem Sreem OM **sarva rakSha swaroopiNyai** swaaha
 Aim Hreem Sreem OM **sarva rakSha swaroopinE** swaaha
 Aim Hreem Sreem OM **sarvEpsitha phalapraDaayai** swaaha
 Aim Hreem Sreem OM **sarvEpsitha phalapraDaaya** swaaha
 Aim Hreem Sreem OM **sarva rakShaakara chakraswaaminyai** swaaha
 Aim Hreem Sreem OM **sarva rakShaakara chakraswaaminE** swaaha
 Aim Hreem Sreem OM **nigarbha yOginyai** swaaha
 Aim Hreem Sreem OM **nigarbha yOginE** swaaha
 Aim Hreem Sreem OM **vaSinyai** swaaha
 Aim Hreem Sreem OM **vaSinE** swaaha
 Aim Hreem Sreem OM **kaamESwaryai** swaaha
 Aim Hreem Sreem OM **kaamESwaraaya** swaaha

Aim Hreem Sreem OM **mODinyai** swaaha
 Aim Hreem Sreem OM **mODinE** swaaha
 Aim Hreem Sreem OM **vimalaayai** swaaha
 Aim Hreem Sreem OM **vimalaaya** swaaha
 Aim Hreem Sreem OM **aruNaayai** swaaha
 Aim Hreem Sreem OM **aruNaaya** swaaha
 Aim Hreem Sreem OM **jayinyai** swaaha
 Aim Hreem Sreem OM **jayinE** swaaha
 Aim Hreem Sreem OM **sarveSwaryai** swaaha
 Aim Hreem Sreem OM **sarveSwaraaya** swaaha
 Aim Hreem Sreem OM **kouLiNyai** swaaha
 Aim Hreem Sreem OM **kouLinE** swaaha
 Aim Hreem Sreem OM **sarvarOgahara chakraswaaminyai** swaaha
 Aim Hreem Sreem OM **sarvarOgahara chakraswaaminE** swaaha
 Aim Hreem Sreem OM **rahasya yOginyai** swaaha
 Aim Hreem Sreem OM **rahasya yOginE** swaaha
 Aim Hreem Sreem OM **baaNinyai** swaaha
 Aim Hreem Sreem OM **baaNinE** swaaha
 Aim Hreem Sreem OM **chaapinyai** swaaha
 Aim Hreem Sreem OM **chaapinE** swaaha
 Aim Hreem Sreem OM **paaSinyai** swaaha
 Aim Hreem Sreem OM **paaSinE** swaaha
 Aim Hreem Sreem OM **ankuSunyai** swaaha
 Aim Hreem Sreem OM **ankuSinE** swaaha
 Aim Hreem Sreem OM **mahaakaamESwaryai** swaaha
 Aim Hreem Sreem OM **mahaakaamESwaraaya** swaaha
 Aim Hreem Sreem OM **mahaa vajrESwaryai** swaaha
 Aim Hreem Sreem OM **mahaa vajrESwaraaya** swaaha
 Aim Hreem Sreem OM **mahaa bhagamaalinyai** swaaha
 Aim Hreem Sreem OM **mahaa bhagamaalinE** swaaha
 Aim Hreem Sreem OM mahaa **Sree sunDaryai** swaaha
 Aim Hreem Sreem OM mahaa **Sree sunDaraaya** swaaha
 Aim Hreem Sreem OM **sarvasiDDhi praDa chakraswaaminyai** swaaha
 Aim Hreem Sreem OM **sarvasiDDhi praDa chakraswaaminE** swaaha
 Aim Hreem Sreem OM **athirahasya yOginyai** swaaha
 Aim Hreem Sreem OM **athirahasya yOginE** swaaha
 Aim Hreem Sreem OM **Sree Sree mahaa bhattaarikaayai** swaaha
 Aim Hreem Sreem OM **Sree Sree mahaa bhattaarakaaya** swaaha
 Aim Hreem Sreem OM **sarvaananDamaya chakraswaaminyai** swaaha
 Aim Hreem Sreem OM **sarvaananDamaya chakraswaaminE** swaaha
 Aim Hreem Sreem OM **paraapara rahasya yOginyai** swaaha
 Aim Hreem Sreem OM **paraapara rahasya yOginE** swaaha
 Aim Hreem Sreem OM **thripuraayai** swaaha
 Aim Hreem Sreem OM **thripuraaya** swaaha

Aim Hreem Sreem OM **thripureESyai** swaaha
 Aim Hreem Sreem OM **thripurESAaya** swaaha
 Aim Hreem Sreem OM **thripurasunDaryai** swaaha
 Aim Hreem Sreem OM **thripurasunDaraaya** swaaha
 Aim Hreem Sreem OM **thripuravaasinyai** swaaha
 Aim Hreem Sreem OM **thripuravaasinE** swaaha
 Aim Hreem Sreem OM **thripuraaSreeyai** swaaha
 Aim Hreem Sreem OM **thripuraaSreeyE** swaaha
 Aim Hreem Sreem OM **thripuramaalinyai** swaaha
 Aim Hreem Sreem OM **thripuramaalinE** swaaha
 Aim Hreem Sreem OM **thripuraasiDDhaayai** swaaha
 Aim Hreem Sreem OM **thripuraasiDDhaaya** swaaha
 Aim Hreem Sreem OM **thripuraambaayai** swaaha
 Aim Hreem Sreem OM **thripuraambaaya** swaaha
 Aim Hreem Sreem OM **mahaathripura sunDaryai** swaaha
 Aim Hreem Sreem OM **mahaa thripura sunDaraaya** swaaha
 Aim Hreem Sreem OM **mahaa mahESwaryai** swaaha
 Aim Hreem Sreem OM **mahaa mahESwaraaya** swaaha
 Aim Hreem Sreem OM **mahaa mahaa raajnyai** swaaha
 Aim Hreem Sreem OM **mahaa mahaa raajaaya** swaaha
 Aim Hreem Sreem OM **mahaa mahaa Sakthyai** swaaha
 Aim Hreem Sreem OM **mahaa mahaa SakthayE** swaaha
 Aim Hreem Sreem OM **mahaa mahaa gupthyai** swaaha
 Aim Hreem Sreem OM **mahaa mahaa gupthaaya** swaaha
 Aim Hreem Sreem OM **mahaa mahaa jnyapthyai** swaaha
 Aim Hreem Sreem OM **mahaa mahaa jnyapthaaya** swaaha
 Aim Hreem Sreem OM **mahaa mahaa nanDaayai** swaaha
 Aim Hreem Sreem OM **mahaa mahaa nanDaaya** swaaha
 Aim Hreem Sreem OM **mahaa mahaa spanDaayai** swaaha
 Aim Hreem Sreem OM **mahaa mahaa spanDaaya** swaaha
 Aim Hreem Sreem OM **mahaa mahaa Sayaayai** swaaha
 Aim Hreem Sreem OM **mahaa mahaa Sayaaya** swaaha
 Aim Hreem Sreem OM **mahaa mahaa Sree chakra Nagara saamraajnyai** swaaha
 Aim Hreem Sreem OM **mahaa mahaa Sree chakra nagara saamraajaaya** swaaha namasthe!
 namasthe! namasthe! namaha

anEka mayaakrutha Suddha Sakthi Siva mithuna swaahaantha maalaa manthra paarayaNa
jaPEna bhagavaan raajasa kakaara bhattacharaka peeTTasthitha
kaamakOti lalithaa mahaa bhattacharika
karuNaakara kaamESwara mahaa bhattacharaka miThuna DEvathaa
supreethaa suprasanna varaDaa bhavathu.

14. ShuDDha Sakthi Siva miThuna tharpaNaantha maalaa

*asya Sree Suddha Sakthi Siva miThuna tharpaNaantha maalaa mahaa manthrasya,
 praDhaana thathwaaDhiShTTaayee viShNvaathmaa
 madhyaahnaaDithya rishihi athiDhruthi cchandhaha
 raajasa lakaara bhattaraka peeTasThitha leelaavathee
 lalithaa mahaaBhattarika laavaNyanaayaka
 kaamESwara mahaa bhattaraka miThunam DEvathaa
 aim - beejam, kleem -Sakthihi, souh - keelakam
 mama nithyaananDa siddhou viniyOgaha*

Karanyaasa:

Hraam AnguShTaabhyaam namaha – wipe your thumb with your index finger from bottom to top

Hreem Tarjaneebhyaam namaha - wipe your index finger with your thumb from bottom to top
Hroom Madhyamaabhyaam namaha - wipe your middle finger with the thumb from bottom to

top

Hraim Anaamikaabhyaam namaha - wipe your ring finger with the thumb from bottom to top
Hroum KanishTTikaabhyaam namaha - wipe your little finger with the thumb from bottom to

top

Hraha Karathalakara prushTTaabhyaam namaha - pass your hands one over the other touching your palms and the back of your hands.

Anganyaasa

Hraam HruDayaaya namah – touch your heart with your right hand

Hreem Sirase swaahaa – touch the top of your head with your right hand

Hroom Sikhayai vashat – touch the back of your head with right hand

Hraim Kavachaaya hum – cover yourself with both hands as if you are protecting yourself from the cold.

Hroum nEthra thrayaaya voushat - touch your three eyes with your index, middle and ring finger. The index finger touches the right eye, the middle finger touches the centre, the index touches the right and the ring touches the left eye.

Hraha Asthraaya phat Bhoor bhuva suvar om ithi digbanDhaha - When you are saying that, move your right hand around your head in a circular fashion. When you say Phat you clap and snap your fingers in the directions East, South, West and North.

Dhyaanam:

*aloukikam loukikam chEthyanaanDa Dwithayam sadhaa |
Sulabham parameSaani thwathpaDou bhajathaam nruNaam II*

Panchopachaara Pooja:

Lam: Prithvi thathvaatmikaam ganDham parikalpayaami namaha

Ham: Aakaasa thathvaatmikaam puShpam parikalpayaami namaah

Yam: Vayu thathvaatmikaam dhoopam parikalpayaami namah

Ram: Vahni thathvaatmikaam deepam parikalpayaami namaha

Sam: Sarva thathvaatmikaam sarvOpachaaraan parikalpayaami namaha

Aim Hreem Sreem OM **NamasthripurasunDareem** tharpayaami namaha

Aim Hreem Sreem OM **thripurasunDaram** tharpayaami namaha

Aim Hreem Sreem OM **hruDayaDEveem** tharpayaami namaha

Aim Hreem Sreem OM **hruDayaDEvam** tharpayaami namaha

Aim Hreem Sreem OM **SirODEveem** tharpayaami namaha

Aim Hreem Sreem OM **SirODEvam** tharpayaami namaha

Aim Hreem Sreem OM **SiKhaaDEveem** tharpayaami namaha

Aim Hreem Sreem OM **KavachaDEveem** tharpayaami namaha

Aim Hreem Sreem OM **kavachaDEvam** tharpayaami namaha

Aim Hreem Sreem OM **nEthraDEveem** tharpayaami namaha

Aim Hreem Sreem OM **nEthraDEvam** tharpayaami namaha

Aim Hreem Sreem OM **asthraDEveem** tharpayaami namaha

Aim Hreem Sreem OM **asthraDEvam** tharpayaami namaha

Aim Hreem Sreem OM **kaamESwareem** tharpayaami namaha
 Aim Hreem Sreem OM **kaamESwaram** tharpayaami namaha
 Aim Hreem Sreem OM **bhagamaalineem** tharpayaami namaha
 Aim Hreem Sreem OM **bhagamaalinam** tharpayaami namaha
 Aim Hreem Sreem OM **nithyaklinnaam** tharpayaami namaha
 Aim Hreem Sreem OM **nithyaklinnam** tharpayaami namaha
 Aim Hreem Sreem OM **bhErundaam** tharpayaami namaha
 Aim Hreem Sreem OM **bhErundam** tharpayaami namaha
 Aim Hreem Sreem OM **vahnivaasineem** tharpayaami namaha
 Aim Hreem Sreem OM **vahnivaasinam** tharpayaami namaha
 Aim Hreem Sreem OM **mahavajrESwareem** tharpayaami namaha
 Aim Hreem Sreem OM **mahavajrESwaram** tharpayaami namaha
 Aim Hreem Sreem OM **Siva Dootheem** tharpayaami namaha
 Aim Hreem Sreem OM **Siva Dootham** tharpayaami namaha
 Aim Hreem Sreem OM **thwarithaam** tharpayaami namaha
 Aim Hreem Sreem OM **thwaritham** tharpayaami namaha
 Aim Hreem Sreem OM **kulasunDareem** tharpayaami namaha
 Aim Hreem Sreem OM **kulasunDaram** tharpayaami namaha
 Aim Hreem Sreem OM **nithyaam** tharpayaami namaha
 Aim Hreem Sreem OM **nithyam** tharpayaami namaha
 Aim Hreem Sreem OM **neelapathaakaam** tharpayaami namaha
 Aim Hreem Sreem OM **neelapathaakam** tharpayaami namaha
 Aim Hreem Sreem OM **vijayaam** tharpayaami namaha
 Aim Hreem Sreem OM **vijayam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvamangaLaam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvamangaLam** tharpayaami namaha
 Aim Hreem Sreem OM **jwalaamaalineem** tharpayaami namaha
 Aim Hreem Sreem OM **jwalaamaalinam** tharpayaami namaha
 Aim Hreem Sreem OM **chithraam** tharpayaami namaha

Aim Hreem Sreem OM **chithram** tharpayaami namaha
 Aim Hreem Sreem OM **mahaanithyaam** tharpayaami namaha
 Aim Hreem Sreem OM **mahaanithyam** tharpayaami namaha
 Aim Hreem Sreem OM **paramESwara** tharpayaami namaha
 Aim Hreem Sreem OM **paramESwareem** tharpayaami namaha
 Aim Hreem Sreem OM **paramESwara** tharpayaami namaha
 Aim Hreem Sreem OM **paramESwaram** tharpayaami namaha
 Aim Hreem Sreem OM **mithrESamayeem** tharpayaami namaha
 Aim Hreem Sreem OM **mithrESamayam** tharpayaami namaha
 Aim Hreem Sreem OM **ShaShTTeeSamayeem** tharpayaami namaha
 Aim Hreem Sreem OM **ShaShTTeeSamayam** tharpayaami namaha
 Aim Hreem Sreem OM **uddeeSamayeem** tharpayaami namaha
 Aim Hreem Sreem OM **uddeeSamayam** tharpayaami namaha
 Aim Hreem Sreem OM **charyaanaathamayeem** tharpayaami namaha
 Aim Hreem Sreem OM **charyaanaathamayam** tharpayaami namaha
 Aim Hreem Sreem OM **IOpaamuDraamayeem** tharpayaami namaha
 Aim Hreem Sreem OM **IOpaamuDraamayam** tharpayaami namaha
 Aim Hreem Sreem OM **agasthyamayeem**tharpayaami namaha
 Aim Hreem Sreem OM **agasthyamayam** tharpayaami namaha
 Aim Hreem Sreem OM **kaalathaapanamayeem** tharpayaami namaha
 Aim Hreem Sreem OM **kaalthaapanamayam** tharpayaami namaha
 Aim Hreem Sreem OM **Dharmaachaaramayeem** tharpayaami namaha
 Aim Hreem Sreem OM **Dharmaachaaramayam** tharpayaami namaha
 Aim Hreem Sreem OM **mukthakESeeSwaramayeem** tharpayaami namaha
 Aim Hreem Sreem OM **mukthakESeeSwaramayam** tharpayaami namaha
 Aim Hreem Sreem OM **DeepakaLaanaaThamayeem** tharpayaami namaha
 Aim Hreem Sreem OM **DeepakaLaanaaThamayam** tharpayaami namaha
 Aim Hreem Sreem OM **prabhaakaraDEvamayeem** tharpayaami namaha
 Aim Hreem Sreem OM **prabhakaraDEvamayam** tharpayaami namaha

Aim Hreem Sreem OM **thEjODEvamayeem** tharpayaami namaha
 Aim Hreem Sreem OM **thEjODEvamayam** tharpayaami namaha
 Aim Hreem Sreem OM **manOjaDEvamayeem** tharpayaami namaha
 Aim Hreem Sreem OM **manOjaDEvamayam** tharpayaami namaha
 Aim Hreem Sreem OM **kalyaaNaDEvamayeem** tharpayaami namaha
 Aim Hreem Sreem OM **kalyaaNaDEvamayam** tharpayaami namaha
 Aim Hreem Sreem OM **rathnaDEvamayeem** tharpayaami namaha
 Aim Hreem Sreem OM **rathnaDEvamayam** tharpayaami namaha
 Aim Hreem Sreem OM **vaasuDEvamayeem** tharpayaami namaha
 Aim Hreem Sreem OM **vaasuDEvamayam** tharpayaami namaha
 Aim Hreem Sreem OM **Sree raamaananDamayeem** tharpayaami namaha
 Aim Hreem Sreem OM **Sree raamaananDamayam** tharpayaami namaha
 Aim Hreem Sreem OM **aNimaasiDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **aNimaasiDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **laghimasiDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **laghimasiDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **mahimaasiDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **mahimaasiDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **eeSithwasiDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **eeSithwasiDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **vaSithwasiDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **vaSithwasiDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **praakaamyasiDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **praakaamyasiDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **bhukthisiDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **bhukthisiDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **icchaasiDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **icchaasiDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **praapthisiDDhim** tharpayaami namaha

Aim Hreem Sreem OM **praapthisiDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **sarvakaamasiDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **sarvakaamasiDDhim** tharpayaami namaha
 Aim Hreem Sreem OM **bhraahmeem** tharpayaami namaha
 Aim Hreem Sreem OM **bhraahmaam** tharpayaami namaha
 Aim Hreem Sreem OM **maahESwareem** tharpayaami namaha
 Aim Hreem Sreem OM **maahESwaram** tharpayaami namaha
 Aim Hreem Sreem OM **koumaareem** tharpayaami namaha
 Aim Hreem Sreem OM **koumaaram** tharpayaami namaha
 Aim Hreem Sreem OM **vaiShNaveem** tharpayaami namaha
 Aim Hreem Sreem OM **vaiShNavam** tharpayaami namaha
 Aim Hreem Sreem OM **vaaraaheem** tharpayaami namaha
 Aim Hreem Sreem OM **vaaraaham** tharpayaami namaha
 Aim Hreem Sreem OM **maahEnDreem** tharpayaami namaha
 Aim Hreem Sreem OM **maahEnDram** tharpayaami namaha
 Aim Hreem Sreem OM **chaamundaam** tharpayaami namaha
 Aim Hreem Sreem OM **chaamundam** tharpayaami namaha
 Aim Hreem Sreem OM **mahaalakShmeem** tharpayaami namaha
 Aim Hreem Sreem OM **mahaalakShmeem** tharpayaami namaha
 Aim Hreem Sreem OM **sarva sankshObhiNeem** tharpayaami namaha
 Aim Hreem Sreem OM **sarva sankshObhiNam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva viDraaviNeem** tharpayaami namaha
 Aim Hreem Sreem OM **sarva viDraaviNam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaakarShiNeem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaakarShiNam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva vaSankareem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvavaSankaram** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaranjaneem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaranjanam** tharpayaami namaha

Aim Hreem Sreem OM **sarvOnmaaDineem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvOnmaaDinam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvamahaankuSaam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvamahaankuSam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvakhEchareem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvakhEcharam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvabeejaam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvabeejam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvayOnim** tharpayaami namaha
 Aim Hreem Sreem OM **sarvayOnim** tharpayaami namaha
 Aim Hreem Sreem OM **sarvathrikhandaam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvathrikhandam** tharpayaami namaha
 Aim Hreem Sreem OM **thrailOkyamOhana chakra swamineem** tharpayaami namaha
 Aim Hreem Sreem OM **thrailOkyamOhana chakra swaminam** tharpayaami namaha
 Aim Hreem Sreem OM **prakatayOgineem** tharpayaami namaha
 Aim Hreem Sreem OM **prakatayOginam** tharpayaami namaha
 Aim Hreem Sreem OM **kaamaakarShiNeem** tharpayaami namaha
 Aim Hreem Sreem OM **kaamaakarShiNam** tharpayaami namaha
 Aim Hreem Sreem OM **buDDhyaakarShiNeem** tharpayaami namaha
 Aim Hreem Sreem OM **buDDhyaakarShiNam** tharpayaami namaha
 Aim Hreem Sreem OM **ahamkaaraakarShiNeem** tharpayaami namaha
 Aim Hreem Sreem OM **ahamkaaraakarShiNam** tharpayaami namaha
 Aim Hreem Sreem OM **SabDaakarShiNeem** tharpayaami namaha
 Aim Hreem Sreem OM **ShaDdaakarShiNam** tharpayaami namaha
 Aim Hreem Sreem OM **sparSaakarShiNeem** tharpayaami namaha
 Aim Hreem Sreem OM **sparSaakarShiNam** tharpayaami namaha
 Aim Hreem Sreem OM **roopaakarShiNeem** tharpayaami namaha
 Aim Hreem Sreem OM **roopaakarShiNam** tharpayaami namaha
 Aim Hreem Sreem OM **rasaakarShiNeem** tharpayaami namaha

Aim Hreem Sreem OM **rasaakarShiNam** tharpayaami namaha
 Aim Hreem Sreem OM **ganDhaakarShiNeem** tharpayaami namaha
 Aim Hreem Sreem OM **ganDhaakarShiNam** tharpayaami namaha
 Aim Hreem Sreem OM **chitthakarShiNeem** tharpayaami namaha
 Aim Hreem Sreem OM **chitthakarShiNam** tharpayaami namaha
 Aim Hreem Sreem OM **DhairyaakarShiNeem** tharpayaami namaha
 Aim Hreem Sreem OM **DhairyaakarShiNam** tharpayaami namaha
 Aim Hreem Sreem OM **smruthyaakarShiNeem** tharpayaami namaha
 Aim Hreem Sreem OM **smruthyaakarShiNam** tharpayaami namaha
 Aim Hreem Sreem OM **naamaakarShiNeem** tharpayaami namaha
 Aim Hreem Sreem OM **naamaakarShiNam** tharpayaami namaha
 Aim Hreem Sreem OM **beejaakarshiNeem** tharpayaami namaha
 Aim Hreem Sreem OM **beejaakarshaNam** tharpayaami namaha
 Aim Hreem Sreem OM **aathmaakarShiNeem** tharpayaami namaha
 Aim Hreem Sreem OM **aathmaakarShiNam** tharpayaami namaha
 Aim Hreem Sreem OM **amruthaakarShiNeem** tharpayaami namaha
 Aim Hreem Sreem OM **amruthaakarShiNam** tharpayaami namaha
 Aim Hreem Sreem OM **SareeraakarShiNeem** tharpayaami namaha
 Aim Hreem Sreem OM **SareeraakarShiNam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaaSaa paripooraka chakra swamineem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaaSaa paripooraka chakra Swaminam** tharpayaami namaha
 Aim Hreem Sreem OM **gupthayOgineem** tharpayaami namaha
 Aim Hreem Sreem OM **gupthayOginam** tharpayaami namaha
 Aim Hreem Sreem OM **anangakusumaam** tharpayaami namaha
 Aim Hreem Sreem OM **anangakusumam** tharpayaami namaha
 Aim Hreem Sreem OM **ananga mEKhalaam** tharpayaami namaha
 Aim Hreem Sreem OM **ananga mEKhalam** tharpayaami namaha
 Aim Hreem Sreem OM **ananga maDanaam** tharpayaami namaha
 Aim Hreem Sreem OM **ananga maDanam** tharpayaami namaha

Aim Hreem Sreem OM **ananga maDanaathuraam** tharpayaami namaha
 Aim Hreem Sreem OM **anangamaDanaathuram** tharpayaami namaha
 Aim Hreem Sreem OM **anangaankuSaam** tharpayaami namaha
 Aim Hreem Sreem OM **anangaakuSam** tharpayaami namaha
 Aim Hreem Sreem OM **ananga maalineem** tharpayaami namaha
 Aim Hreem Sreem OM **ananga maalinam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva sankShObhaNa chakra swamineem** tharpayaami namaha
 Aim Hreem Sreem OM **sarva sankShOBhaNa chakra swaminam** tharpayaami namaha
 Aim Hreem Sreem OM **gupthatharayOgineem** tharpayaami namaha
 Aim Hreem Sreem OM **gupthatharayOginam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva sankShobhiNeem** tharpayaami namaha
 Aim Hreem Sreem OM **sarva sankShobhiNam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaviDraaviNeem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaviDraaviNam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaakarShiNeem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaakarshiNam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaahlaaDineem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaahlaaDinam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvasammOhineem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvasamOhinam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvasThambhineem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvasThambhinam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvajhrumbhiNeem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvajhrumbhiNam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvavaSankareem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvavaSankaram** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaranjaneem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaranjanam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvOnmaaDineem** tharpayaami namaha

- Aim Hreem Sreem OM **sarvOnmaaDinam** tharpayaami namaha
- Aim Hreem Sreem OM **sarvaarthasaaDhineem** tharpayaami namaha
- Aim Hreem Sreem OM **sarvaarthasaaDhinam** tharpayaami namaha
- Aim Hreem Sreem OM **sarvasampatthipooraNeem** tharpayaami namaha
- Aim Hreem Sreem OM **sarvasampatthipooraNam** tharpayaami namaha
- Aim Hreem Sreem OM **sarvamanthramayeem** tharpayaami namaha
- Aim Hreem Sreem OM **sarva manthramayam** tharpayaami namaha
- Aim Hreem Sreem OM **sarva DwanDwa kShayankareem** tharpayaami namaha
- Aim Hreem Sreem OM **sarva DwanDwa kShayankaram** tharpayaami namaha
- Aim Hreem Sreem OM **sarva soubhaagya Daayaka chakra Swamineem** tharpayaami namaha
- Aim Hreem Sreem OM **sarva soubhaagya Daayaka chakra Swaminam** tharpayaami namaha
- Aim Hreem Sreem OM **sampraDaaya yOgineem** tharpayaami namaha
- Aim Hreem Sreem OM **sampraDaaya yOginam** tharpayaami namaha
- Aim Hreem Sreem OM **sarvasiDDhi praDaam** tharpayaami namaha
- Aim Hreem Sreem OM **sarvasiDDhipraDam** tharpayaami namaha
- Aim Hreem Sreem OM **sarvasampathpraDaam** tharpayaami namaha
- Aim Hreem Sreem OM **sarvasampth praDam** tharpayaami namaha
- Aim Hreem Sreem OM **sarva priyamkareem** tharpayaami namaha
- Aim Hreem Sreem OM **sarva priyamkaram** tharpayaami namaha
- Aim Hreem Sreem OM **sarvamangaLakaariNeem** tharpayaami namaha
- Aim Hreem Sreem OM **sarvamangaLakaariNam** tharpayaami namaha
- Aim Hreem Sreem OM **sarvakama praDaam** tharpayaami namaha
- Aim Hreem Sreem OM **sarvakaama praDam** tharpayaami namaha
- Aim Hreem Sreem OM **sarva Dukkha vimOchineem** tharpayaami namaha
- Aim Hreem Sreem OM **sarva Dukkha vimOchinam** tharpayaami namaha
- Aim Hreem Sreem OM **sarva mruthyu praSamaneem** tharpayaami namaha
- Aim Hreem Sreem OM **sarva mruthyu praSamanam** tharpayaami namaha
- Aim Hreem Sreem OM **sarva vighna nivaariNeem** tharpayaami namaha
- Aim Hreem Sreem OM **sarva vighna nivaariNam** tharpayaami namaha

Aim Hreem Sreem OM **sarvanga sunDareem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvanga sunDaram** tharpayaami namaha
 Aim Hreem Sreem OM **sarva soubhagya Daayineem** tharpayaami namaha
 Aim Hreem Sreem OM **sarva soubhagya Daayinam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaartha saaDhaka chakra swaamineem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaartha saaDhaka chakra Swaaminam** tharpayaami namaha
 Aim Hreem Sreem OM **kuLottheerNa yOgineem** tharpayaami namaha
 Aim Hreem Sreem OM **kuLottheerNa yOginam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaJnaam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaJnam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaSakthim** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaSakthim** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaiSwarya praDaam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaiSwarya praDam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvajnaana mayeem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvajnaana mayam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva vyaaDhi vinaaSineem** tharpayaami namaha
 Aim Hreem Sreem OM **sarva vyaaDhi vinaaSinam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaaDhaara swaroopam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaaDhaara swaroopam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva paapaharam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva paapaharam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaananDamayeem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaananDamayam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvarakShaa swaroopiNeem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvarakShaa swaroopiNam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvEpsitha phalpraDaam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvEpsitha phalpraDam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva rakShaa kara chakra swaamineem** tharpayaami namaha

Aim Hreem Sreem OM **sarva raKShakara chakra swaminam** tharpayaami namaha
 Aim Hreem Sreem OM **nigarbhayOgineem** tharpayaami namaha
 Aim Hreem Sreem OM **nigarbhayOginam** tharpayaami namaha
 Aim Hreem Sreem OM **vaSineem** tharpayaami namaha
 Aim Hreem Sreem OM **vaSinam** tharpayaami namaha
 Aim Hreem Sreem OM **kaamESwareem** tharpayaami namaha
 Aim Hreem Sreem OM **kaamESwaram** tharpayaami namaha
 Aim Hreem Sreem OM **mODineem** tharpayaami namaha
 Aim Hreem Sreem OM **mODinam** tharpayaami namaha
 Aim Hreem Sreem OM **vimalaam** tharpayaami namaha
 Aim Hreem Sreem OM **vimalam** tharpayaami namaha
 Aim Hreem Sreem OM **aruNaam** tharpayaami namaha
 Aim Hreem Sreem OM **aruNam** tharpayaami namaha
 Aim Hreem Sreem OM **jayineem** tharpayaami namaha
 Aim Hreem Sreem OM **jayinam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvESwareem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvESwaram** tharpayaami namaha
 Aim Hreem Sreem OM **kouLineem** tharpayaami namaha
 Aim Hreem Sreem OM **kouLinam** tharpayaami namaha
 Aim Hreem Sreem OM **sarva rOgahara chakra swamineem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvarOgahara chakra swaminam** tharpayaami namaha
 Aim Hreem Sreem OM **rahasya yOgineem** tharpayaami namaha
 Aim Hreem Sreem OM **rahasya yOginam** tharpayaami namaha
 Aim Hreem Sreem OM **baaNineem** tharpayaami namaha
 Aim Hreem Sreem OM **baaNinam** tharpayaami namaha
 Aim Hreem Sreem OM **chaapineem** tharpayaami namaha
 Aim Hreem Sreem OM **chaapinam** tharpayaami namaha
 Aim Hreem Sreem OM **paaSineem** tharpayaami namaha
 Aim Hreem Sreem OM **paaSinam** tharpayaami namaha

Aim Hreem Sreem OM **ankuSineem** tharpayaami namaha
 Aim Hreem Sreem OM **ankuSinam** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa kaamESwareem** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa kaamESwaram** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa vajrESwareem** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa vajrESwaram** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa bhagamaalineem** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa bhagamaalinam** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa SreesunDareem** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa SreesunDaram** tharpayaami namaha
 Aim Hreem Sreem OM **athi rahasya yOgineem** tharpayaami namaha
 Aim Hreem Sreem OM **athi rahasya yOginam** tharpayaami namaha
 Aim Hreem Sreem OM **Sree Sree mahaa bhattarikaam** tharpayaami namaha
 Aim Hreem Sreem OM **Sree Sree mahaa bhattarakam** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaananDamaya chakra swamineem** tharpayaami namaha
 Aim Hreem Sreem OM **sarvaananDamaya chakra swaminam** tharpayaami namaha
 Aim Hreem Sreem OM **paraapara rahasya yOgineem** tharpayaami namaha
 Aim Hreem Sreem OM **paraapara rahasya yOginam** tharpayaami namaha
 Aim Hreem Sreem OM **thripuraam** tharpayaami namaha
 Aim Hreem Sreem OM **thripuram** tharpayaami namaha
 Aim Hreem Sreem OM **thripurESEem** tharpayaami namaha
 Aim Hreem Sreem OM **thripurESam** tharpayaami namaha
 Aim Hreem Sreem OM **thripurasunDareem** tharpayaami namaha
 Aim Hreem Sreem OM **thripurasunDaram** tharpayaami namaha
 Aim Hreem Sreem OM **thripura vaasineem** tharpayaami namaha
 Aim Hreem Sreem OM **thripura vaasinam** tharpayaami namaha
 Aim Hreem Sreem OM **thripuraa Sriyaam** tharpayaami namaha
 Aim Hreem Sreem OM **thripuraaSriyam** tharpayaami namaha
 Aim Hreem Sreem OM **thripuramaalineem** tharpayaami namaha

Aim Hreem Sreem OM **thripuramaalinam** tharpayaami namaha
 Aim Hreem Sreem OM **thripuraa siDDhaam** tharpayaami namaha
 Aim Hreem Sreem OM **thripuraa siDDham** tharpayaami namaha
 Aim Hreem Sreem OM **thripuraabaam** tharpayaami namaha
 Aim Hreem Sreem OM **thripuraabam** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa thripura sunDareem** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa thripura sunDaram** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahEswareem** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahEswaram** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa raajneem** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa raajam** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa Sakthim** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa Sakthim** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa gupthaam** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa guptham** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa jnaphim** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa jnaphim** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa nanDaam** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa nanDam** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa spanDaam** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa panDam** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa Sayaam** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa Sayam** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa Sree chakra nagara samraajNeem** tharpayaami namaha
 Aim Hreem Sreem OM **mahaa mahaa Sree chakra nagara samraajyam** tharpayaami namaha
 namasthe namasthe namo namaha!

anEka mayaakrutha Suddha Sakthi Siva miThuna tharpaNaantha maala paraayaNa japEna

Bhagavaan raajasa kakaara bhattaraka PeeTasThitha leelaavathi mahaa bhattarika

laavanyaa naayaka kaamESwara mahaa Bhattaraka miThuna DEvathaa

supreethaa suprasanna varadhaa bhavathu.

15. Suddha Sakthi Siva miThuna jayaantha maala

aSya Sree Suddha Sakthi Siva miDhuna jayaantha maala mahaa mantrasya
 purusha thatthvaa DhiShTaayi Sivaathmaa saayamaaDitya rushihi
 kruthi cchanDaha
 raajasa hreemkaara peeTasThitha
 harESwarilalithaa mahaa bhattarika
 hiraNyabahu kaamESwara mahaa bhattaaraka miDhunam DEvathaa
 aim - beejam, kleem - Sakthihi, souh - keelakam
 bhogamOkSha siddhou viniyOgaha

Karanyaasa:

Hraam AnguShTaabhyaam namaha – wipe your thumb with your index finger from bottom to top
Hreem Tarjaneebhyaam namaha - wipe your index finger with your thumb from bottom to top
Hroom Madhyamaabhyaam namaha - wipe your middle finger with the thumb from bottom to top
Hraim Anaamikaabhyaam namaha - wipe your ring finger with the thumb from bottom to top
Hroum KanishTTikaabhyaam namaha - wipe your little finger with the thumb from bottom to top
Hraha Karathalakara prushTTaabhyaam namaha - pass your hands one over the other touching your palms and the back of your hands.

Anganyaasa

Hraam HruDayaaya namaha– touch your heart with your right hand
Hreem Sirase swaahaa – touch the top of your head with your right hand
Hroom Sikhayai vashat – touch the back of your head with right hand
Hraim Kavachaaya hum – cover yourself with both hands as if you are protecting yourself from the cold.
Hroum nEthra thrayaaya voushat - touch your three eyes with your index, middle and ring finger. The index finger touches the right eye, the middle finger touches the centre, the index touches the right and the ring touches the left eye.
Hraha Asthraaya phat Bhoor bhuva suvar om ithi digbanDhaha - When you are saying that, move your right hand around your head in a circular fashion. When you say Phat you clap and snap your fingers in the directions East, South, West and North.

Dhyaanam

*Yaa bhOgaDaayinee DEvee jeevanmukthi praDaanasaa
mOkShaDaathuna bhOgaaya lalithaathoobhaya praDaa II*

PanchOpachaara Pooja

Lam: Prithvi thathvaatmikaam ganDham parikalpayaami namah
Ham: Aakaasa thathvaatmikaam puShpam parikalpayaami namah
Yam: Vayu thathvaatmikaam dhoopam parikalpayaami namah
Ram: Vahni thathvaatmikaam Deepam parikalpayaami namah
Sam: Sarva thathvaatmikaam sarvOpachaaraan parikalpayaami namah

Aim Hreem Sreem OM **namasthripurasunDari** jaya jaya
 Aim Hreem Sreem OM **thripurasunDara** jaya jaya
 Aim Hreem Sreem OM **hruDayaDEvi** jaya jaya
 Aim Hreem Sreem OM **hruDayaDEva** jaya jaya
 Aim Hreem Sreem OM **SirODEvi** jaya jaya
 Aim Hreem Sreem OM **SirODEva** jaya jaya
 Aim Hreem Sreem OM **SikhaaDEvi** jaya jaya
 Aim Hreem Sreem OM **SikhaaDEva** jaya jaya
 Aim Hreem Sreem OM **kavachaDEvi** jaya jaya
 Aim Hreem Sreem OM **kavachaDEva** jaya jaya
 Aim Hreem Sreem OM **nEthraDEvi** jaya jaya
 Aim Hreem Sreem OM **nEthraDEva** jaya jaya
 Aim Hreem Sreem OM **asthraDEvi** jaya jaya
 Aim Hreem Sreem OM **asthraDEva** jaya jaya
 Aim Hreem Sreem OM **kaamESwari** jaya jaya
 Aim Hreem Sreem OM **kaamESwara** jaya jaya
 Aim Hreem Sreem OM **bhagamaalini** jaya jaya
 Aim Hreem Sreem OM **bhagamaalin** jaya jaya
 Aim Hreem Sreem OM **nithyaklinnE** jaya jaya
 Aim Hreem Sreem OM **nithyaklinnaa** jaya jaya
 Aim Hreem Sreem OM **bhErundE** jaya jaya
 Aim Hreem Sreem OM **bhErunda** jaya jaya
 Aim Hreem Sreem OM **vahnivaasini** jaya jaya
 Aim Hreem Sreem OM **vahnivaasin** jaya jaya
 Aim Hreem Sreem OM **mahaa vajrESwari** jaya jaya
 Aim Hreem Sreem OM **mahaa vajrESwara** jaya jaya

Aim Hreem Sreem OM **SivaDoothi** jaya jaya
 Aim Hreem Sreem OM **SivaDootha** jaya jaya
 Aim Hreem Sreem OM **thwarithE** jaya jaya
 Aim Hreem Sreem OM **thwaritha** jaya jaya
 Aim Hreem Sreem OM **kulasunDari** jaya jaya
 Aim Hreem Sreem OM **kulasunDara** jaya jaya
 Aim Hreem Sreem OM **nithyE** jaya jaya
 Aim Hreem Sreem OM **nithya** jaya jaya
 Aim Hreem Sreem OM **neelapathaakE** jaya jaya
 Aim Hreem Sreem OM **neelapathaaka** jaya jaya
 Aim Hreem Sreem OM **vijayE** jaya jaya
 Aim Hreem Sreem OM **vijaya** jaya jaya
 Aim Hreem Sreem OM **sarvamangaLE** jaya jaya
 Aim Hreem Sreem OM **sarvamangaLa** jaya jaya
 Aim Hreem Sreem OM **JwaalaamaalinE** jaya jaya
 Aim Hreem Sreem OM **jwaalaamaalin** jaya jaya
 Aim Hreem Sreem OM **chithrE** jaya jaya
 Aim Hreem Sreem OM **chithra** jaya jaya
 Aim Hreem Sreem OM **mahaanithye** jaya jaya
 Aim Hreem Sreem OM **mahaanithya** jaya jaya
 Aim Hreem Sreem OM **paramESwara** jaya jaya
 Aim Hreem Sreem OM **paramEswari** jaya jaya
 Aim Hreem Sreem OM **paramESwara** jaya jaya
 Aim Hreem Sreem OM **paramESwara** jaya jaya
 Aim Hreem Sreem OM **mithrESamayi** jaya jaya
 Aim Hreem Sreem OM **mithrESamaya** jaya jaya
 Aim Hreem Sreem OM **ShaShTTeeSamayi** jaya jaya
 Aim Hreem Sreem OM **ShaShTTeeSamaya** jaya jaya
 Aim Hreem Sreem OM **uddeeSamayi** jaya jaya
 Aim Hreem Sreem OM **uddeeSamaya** jaya jaya
 Aim Hreem Sreem OM **charyaanaathamayi** jaya jaya
 Aim Hreem Sreem OM **charyaanaathamaya** jaya jaya
 Aim Hreem Sreem OM **LOpaa muDraamayi** jaya jaya
 Aim Hreem Sreem OM **LOpaa muDraamaya** jaya jaya
 Aim Hreem Sreem OM **agasthyamayi** jaya jaya
 Aim Hreem Sreem OM **agasthyamaya** jaya jaya
 Aim Hreem Sreem OM **kaalathaapana mayi** jaya jaya
 Aim Hreem Sreem OM **kaalathaapana maya** jaya jaya
 Aim Hreem Sreem OM **Dharmaachaara mayi** jaya jaya
 Aim Hreem Sreem OM **Dharmaachaara maya** jaya jaya
 Aim Hreem Sreem OM **mukthakESeeSwara mayi** jaya jaya
 Aim Hreem Sreem OM **mukthakESeeSwara maya** jaya jaya
 Aim Hreem Sreem OM **DeepakalaanaaTha mayi** jaya jaya
 Aim Hreem Sreem OM **DeepakalaanaaTha maya** jaya jaya

Aim Hreem Sreem OM **viShnuDEva mayi** jaya jaya
 Aim Hreem Sreem OM **viShnuDEva maya** jaya jaya
 Aim Hreem Sreem OM **prabhaakaraDEva mayi** jaya jaya
 Aim Hreem Sreem OM **prabhaakaraDEva maya** jaya jaya ha
 Aim Hreem Sreem OM **thEjODEva mayi** saya jaya
 Aim Hreem Sreem OM **thEjODEva maya** jaya jaya
 Aim Hreem Sreem OM **manOjaDEva mayi** jaya jaya
 Aim Hreem Sreem OM **manOjaDEva maya** jaya jaya
 Aim Hreem Sreem OM **kalyaaNaDEva mayi** jaya jaya
 Aim Hreem Sreem OM **kalyaaNaDEva maya** jaya jaya
 Aim Hreem Sreem OM **rathnaDEva mayi** jaya jaya
 Aim Hreem Sreem OM **rathnaDEva maya** jaya jaya
 Aim Hreem Sreem OM **vaasuDEva mayi** jaya jaya a
 Aim Hreem Sreem OM **vaasuDEva maya** jaya jaya
 Aim Hreem Sreem OM **Sree raamaananDa mayi** jaya jaya
 Aim Hreem Sreem OM **Sree raamaananDa maya** jaya jaya
 Aim Hreem Sreem OM **aNimaa siDDhE** jaya jaya
 Aim Hreem Sreem OM **aNimaa siDDha** jaya jaya
 Aim Hreem Sreem OM **laghimaa siDDhE** jaya jaya
 Aim Hreem Sreem OM **laghimaa siDDha** jaya jaya
 Aim Hreem Sreem OM **garimaa siDDhE** jaya jaya
 Aim Hreem Sreem OM **garimaa siDDha** jaya jaya
 Aim Hreem Sreem OM **mahimaa siDDhE** jaya jaya
 Aim Hreem Sreem OM **mahimaa siDDhE** jaya jaya
 Aim Hreem Sreem OM **eeSithva siDDha** jaya jaya
 Aim Hreem Sreem OM **eeSithva siDDhE** jaya jaya
 Aim Hreem Sreem OM **vaSithva siDDha** jaya jaya
 Aim Hreem Sreem OM **vaSithva siDDhE** jaya jaya
 Aim Hreem Sreem OM **praakaamya siDDhE** jaya jaya
 Aim Hreem Sreem OM **praakaamya siDDha** jaya jaya
 Aim Hreem Sreem OM **bhukthi siDDhE** jaya jaya
 Aim Hreem Sreem OM **bhukthi siDDha** jaya jaya
 Aim Hreem Sreem OM **icchaa siDDhE** jaya jaya
 Aim Hreem Sreem OM **icchaa siDDha** jaya jaya
 Aim Hreem Sreem OM **praapthi siDDhE** jaya jaya
 Aim Hreem Sreem OM **praapthi siDDha** jaya jaya
 Aim Hreem Sreem OM **sarvakaamasiddhE** jaya jaya
 Aim Hreem Sreem Om **sarvakaamasiddha** jaya jaya
 Aim Hreem Sreem OM **braahmi** jaya jaya
 Aim Hreem Sreem OM **braahma** jaya jaya
 Aim Hreem Sreem OM **maahESwari** jaya jaya
 Aim Hreem Sreem OM **mahESwara** jaya jaya
 Aim Hreem Sreem OM **koumaari** jaya jaya
 Aim Hreem Sreem OM **koumaara** jaya jaya

Aim Hreem Sreem OM **vaiShnavi** jaya jaya
 Aim Hreem Sreem OM **vaiShnava** jaya jaya
 Aim Hreem Sreem OM **vaaraahi** jaya jaya
 Aim Hreem Sreem OM **vaaraaha** jaya jaya
 Aim Hreem Sreem OM **maahEnDri** jaya jaya a
 Aim Hreem Sreem OM **mahEnDra** jaya jaya
 Aim Hreem Sreem OM **chaamundi** jaya jaya
 Aim Hreem Sreem OM **chaamunda** jaya jaya
 Aim Hreem Sreem OM **mahaalakShmi** jaya jaya
 Aim Hreem Sreem OM **mahaalakShmi** jaya jaya
 Aim Hreem Sreem OM **sarva sankShObhiNi** jaya jaya
 Aim Hreem Sreem OM **sarva sankShObhiNin** jaya jaya
 Aim Hreem Sreem OM **sarva viDraaviNi** jaya jaya
 Aim Hreem Sreem OM **sarva viDraaviN** jaya jaya
 Aim Hreem Sreem OM **sarvaakarShiNi** jaya jaya
 Aim Hreem Sreem OM **sarvaakarshiNi** jaya jaya
 Aim Hreem Sreem OM **sarva vaSankari** jaya jaya
 Aim Hreem Sreem OM **sarva vaSankara** jaya jaya
 Aim Hreem Sreem OM **sarvOnmaaDini** jaya jaya
 Aim Hreem Sreem OM **sarvOnmaaDin** jaya jaya
 Aim Hreem Sreem OM **sarva mahaankuSE** jaya jaya
 Aim Hreem Sreem OM **sarva mahaankuSa** jaya jaya
 Aim Hreem Sreem OM **sarva khEchari** jaya jaya
 Aim Hreem Sreem OM **sarva khEchara** jaya jaya
 Aim Hreem Sreem OM **sarva beejE** jaya jaya
 Aim Hreem Sreem OM **sarva beeja** jaya jaya
 Aim Hreem Sreem OM **sarva yOnE** jaya jaya
 Aim Hreem Sreem OM **sarvayOnE** jaya jaya
 Aim Hreem Sreem OM **sarva thrikhandE** jaya jaya
 Aim Hreem Sreem OM **sarva thrikhanda** jaya jaya
 Aim Hreem Sreem OM **thrailOkya mOhana chakraswaamini** jaya jaya
 Aim Hreem Sreem OM **thrailOkhya mOhana chakra Swaamin** jaya jaya
 Aim Hreem Sreem OM **prakata yOgini** jaya jaya
 Aim Hreem Sreem OM **prakata yOgin** jaya jaya
 Aim Hreem Sreem OM **kaamaakarShaNi** jaya jaya
 Aim Hreem Sreem OM **kaamaakarShaNa** jaya jaya
 Aim Hreem Sreem OM **buDDhyaakarShaNi** jaya jaya
 Aim Hreem Sreem OM **buDDhyaakarshaNa** jaya jaya
 Aim Hreem Sreem OM **ahamkaarakarShaNi** jaya jaya
 Aim Hreem Sreem OM **ahamkaarakarShaNa** jaya jaya
 Aim Hreem Sreem OM **SabDaakarShaNi** jaya jaya
 Aim Hreem Sreem OM **SabDaakarShaNa** jaya jaya
 Aim Hreem Sreem OM **sparSaakarShaNi** jaya jaya
 Aim Hreem Sreem OM **sparSaakarShaNa** jaya jaya

Aim Hreem Sreem OM **roopaakarShaNi** jaya jaya
 Aim Hreem Sreem OM **roopaakarShaNa** jaya jaya
 Aim Hreem Sreem OM **rasaakarShaNi** jaya jaya
 Aim Hreem Sreem OM **rasaakarShaNa** jaya jaya
 Aim Hreem Sreem OM **ganDhaakarShaNi** jaya jaya
 Aim Hreem Sreem OM **ganDhaakarShaNa** jaya jaya
 Aim Hreem Sreem OM **cchitthaakarShaNi** jaya jaya
 Aim Hreem Sreem OM **cchitthaakarShaNa** jaya jaya
 Aim Hreem Sreem OM **DhairyaakarShaNi** jaya jaya
 Aim Hreem Sreem OM **DhairyaakarShaNa** jaya jaya
 Aim Hreem Sreem OM **smrithyaakarShaNi** jaya jaya
 Aim Hreem Sreem OM **smrithyaakarShaNa** jaya jaya
 Aim Hreem Sreem OM **naamaakarShaNi** jaya jaya
 Aim Hreem Sreem OM **naamaakarShaNa** jaya jaya
 Aim Hreem Sreem OM **beejaakarShaNi** jaya jaya
 Aim Hreem Sreem OM **beejaakarShaNa** jaya jaya
 Aim Hreem Sreem OM **aathmaakarShaNi** jaya jaya
 Aim Hreem Sreem OM **aathmaakarShaNa** jaya jaya
 Aim Hreem Sreem OM **amruthaakarShaNi** jaya jaya
 Aim Hreem Sreem OM **amruthaakarShaNa** jaya jaya
 Aim Hreem Sreem OM **SareeraakarShaNi** jaya jaya
 Aim Hreem Sreem OM **SareeraakarShaNa** jaya jaya
 Aim Hreem Sreem OM **sarvaSaa paripooraka chakraswaamini** jaya jaya
 Aim Hreem Sreem OM **sarvaSaa paripooraka chakraswaamin** jaya jaya
 Aim Hreem Sreem OM **guptha yOgini** jaya jaya
 Aim Hreem Sreem OM **guptha yOgin** jaya jaya
 Aim Hreem Sreem OM **ananga kusumE** jaya jaya
 Aim Hreem Sreem OM **ananga kusuma** jaya jaya
 Aim Hreem Sreem OM **ananga mEkhalE** jaya jaya
 Aim Hreem Sreem OM **ananga mEkhala** jaya jaya
 Aim Hreem Sreem OM **ananga maDanE** jaya jaya
 Aim Hreem Sreem OM **ananga maDana** jaya jaya
 Aim Hreem Sreem OM **ananga maDanaathurE** jaya jaya
 Aim Hreem Sreem OM **ananga maDanaathura** jaya jaya
 Aim Hreem Sreem OM **anangarEkhe** jaya jaya
 Aim Hreem Sreem OM **anangarEkha** jaya jaya
 Aim Hreem Sreem OM **ananga vEginE** jaya jaya
 Aim Hreem Sreem OM **ananga vEginE** jaya jaya
 Aim Hreem Sreem OM **anangaankuSE** jaya jaya
 Aim Hreem Sreem OM **anangaankuSa** jaya jaya
 Aim Hreem Sreem OM **ananga maalini** jaya jaya
 Aim Hreem Sreem OM **anangamaalin** jaya jaya
 Aim Hreem Sreem OM **sarva sankSObhaNa chakraswaamini** jaya jaya
 Aim Hreem Sreem OM **sarva sankSObhaNa chakraswaamin** jaya jaya

Aim Hreem Sreem OM **gupthathara yOgini** jaya jaya
 Aim Hreem Sreem OM **gupthathara yOgin** jaya jaya
 Aim Hreem Sreem OM **sarvasankShObhiNi** jaya jaya
 Aim Hreem Sreem OM **sarvasankShObhin** jaya jaya
 Aim Hreem Sreem OM **sarva viDraaviNi** jaya jaya
 Aim Hreem Sreem OM **sarva viDraavin** jaya jaya
 Aim Hreem Sreem OM **sarvaakarShiNi** jaya jaya
 Aim Hreem Sreem OM **sarvaakarShin** jaya jaya
 Aim Hreem Sreem OM **sarvaahlaaDini** jaya jaya
 Aim Hreem Sreem OM **sarvaahlaaDin** jaya jaya
 Aim Hreem Sreem OM **sarva sammOhini** jaya jaya
 Aim Hreem Sreem OM **sarva sammOhin** jaya jaya
 Aim Hreem Sreem OM **sarvasthambhini** jaya jaya
 Aim Hreem Sreem OM **sarvasthambhin** jaya jaya
 Aim Hreem Sreem OM **sarvajhrumbhiNi** jaya jaya
 Aim Hreem Sreem OM **sarvajhrumbhin** jaya jaya
 Aim Hreem Sreem OM **sarva vaSankari** jaya jaya
 Aim Hreem Sreem OM **sarvavaSankara** jaya jaya
 Aim Hreem Sreem OM **sarva ranjani** jaya jaya
 Aim Hreem Sreem OM **sarva ranjana** jaya jaya
 Aim Hreem Sreem OM **sarvOnmaaDini** jaya jaya
 Aim Hreem Sreem OM **sarvOnmaaDin** jaya jaya
 Aim Hreem Sreem OM **sarvaartha saaDhini** jaya jaya
 Aim Hreem Sreem OM **sarvaartha saaDhin** jaya jaya
 Aim Hreem Sreem OM **sarva sampatthi pooraNi** jaya jaya
 Aim Hreem Sreem OM **sarva sampatthi pooraN** jaya jaya
 Aim Hreem Sreem OM **sarva mantramayi** jaya jaya
 Aim Hreem Sreem OM **sarva mantramaya** jaya jaya
 Aim Hreem Sreem OM **sarva dwardwa kShayamkari** jaya jaya
 Aim Hreem Sreem OM **sarva dwardwa kShayamkara** jaya jaya
 Aim Hreem Sreem OM **sarva soubhaagyaDaayaka chakra swaamini** jaya jaya
 Aim Hreem Sreem OM **sarva soubhagyaDaayaka chakra swamin** jaya jaya
 Aim Hreem Sreem OM **sampradaaya yOgini** jaya jaya
 Aim Hreem Sreem OM **sampradaaya yOgin** jaya jaya
 Aim Hreem Sreem OM **sarvasiDDhipraDE** jaya jaya
 Aim Hreem Sreem OM **sarvasiDDhipraDa** jaya jaya
 Aim Hreem Sreem OM **sarva sampathpraDE** jaya jaya
 Aim Hreem Sreem OM **sarva sampathpraDa** jaya jaya
 Aim Hreem Sreem OM **sarva priyankari** jaya jaya
 Aim Hreem Sreem OM **sarva priyankara** jaya jaya
 Aim Hreem Sreem OM **sarvamangaLakaariNi** jaya jaya
 Aim Hreem Sreem OM **sarvamangaLakaarin** jaya jaya
 Aim Hreem Sreem OM **sarvakaamapraDE** jaya jaya
 Aim Hreem Sreem OM **sarvakaama praDa** jaya jaya

Aim Hreem Sreem OM **sarvaDuhkha vimOchini** jaya jaya
 Aim Hreem Sreem OM **sarvaDuhkha vimOchin** jaya jaya
 Aim Hreem Sreem OM **sarva mruthyupraSamani** jaya jaya
 Aim Hreem Sreem OM **sarva mruthyupraSamana** jaya jaya
 Aim Hreem Sreem OM **sarva vighnanivaariNi** jaya jaya
 Aim Hreem Sreem OM **sarva vighnanivaarin** jaya jaya
 Aim Hreem Sreem OM **sarvaangasunDari** jaya jaya
 Aim Hreem Sreem OM **sarvaangasunDara** jaya jaya
 Aim Hreem Sreem OM **sarva soubhaagyaDaayini** jaya jaya
 Aim Hreem Sreem OM **sarva soubhaagyaDaayin** jaya jaya
 Aim Hreem Sreem OM **sarvarthasaaDhaka chakraswaamini** jaya jaya
 Aim Hreem Sreem OM **sarvartha saadDhaka chakraswaamin** jaya jaya
 Aim Hreem Sreem OM **kuLOttheerNa yOgini** jaya jaya
 Aim Hreem Sreem OM **kuLOttheerNa yOgin** jaya jaya
 Aim Hreem Sreem OM **sarvajnE** jaya jaya
 Aim Hreem Sreem OM **sarvajna** jaya jaya
 Aim Hreem Sreem OM **sarvaSakthE** jaya jaya
 Aim Hreem Sreem OM **sarvaSakthE** jaya jaya
 Aim Hreem Sreem OM **sarvaiSwaryapraDE** jaya jaya
 Aim Hreem Sreem OM **sarvaiSwaryapraDa** jaya jaya
 Aim Hreem Sreem OM **sarvajnaana mayi** jaya jaya
 Aim Hreem Sreem OM **sarvajnaana maya** jaya jaya
 Aim Hreem Sreem OM **sarvavyaaDhi vinaaSini** jaya jaya
 Aim Hreem Sreem OM **sarvavyaaDhi vinaaSin** jaya jaya
 Aim Hreem Sreem OM **sarvaaDhaara swaroopE** jaya jaya
 Aim Hreem Sreem OM **sarvaaDhaara swaroopA** jaya jaya
 Aim Hreem Sreem OM **sarva paapaharE** jaya jaya
 Aim Hreem Sreem OM **sarva paapahara** jaya jaya
 Aim Hreem Sreem OM **sarvaananDamayi** jaya jaya
 Aim Hreem Sreem OM **sarvaananDamaya** jaya jaya
 Aim Hreem Sreem OM **sarva rakSha swaroopiNi** jaya jaya
 Aim Hreem Sreem OM **sarva rakSha swaroopin** jaya jaya
 Aim Hreem Sreem OM **sarvEpsitha phalapraDE** jaya jaya
 Aim Hreem Sreem OM **sarvEpsitha phalapraDa** jaya jaya
 Aim Hreem Sreem OM **sarva rakShaakara chakraswaamini** jaya jaya
 Aim Hreem Sreem OM **sarva rakShaakara chakraswaaminE** jaya jaya
 Aim Hreem Sreem OM **nigarbha yOgini** jaya jaya
 Aim Hreem Sreem OM **nigarbha yOgin** jaya jaya
 Aim Hreem Sreem OM **vaSini** jaya jaya
 Aim Hreem Sreem OM **vaSin** jaya jaya
 Aim Hreem Sreem OM **kaamESwari** jaya jaya
 Aim Hreem Sreem OM **kaamESwara** jaya jaya
 Aim Hreem Sreem OM **mODini** jaya jaya
 Aim Hreem Sreem OM **mODin** jaya jaya

Aim Hreem Sreem OM **vimalE** jaya jaya
 Aim Hreem Sreem OM **vimala** jaya jaya
 Aim Hreem Sreem OM **aruNE** jaya jaya
 Aim Hreem Sreem OM **aruNa** jaya jaya
 Aim Hreem Sreem OM **jayini** jaya jaya
 Aim Hreem Sreem OM **jayin** jaya jaya
 Aim Hreem Sreem OM **sarvESwari** jaya jaya
 Aim Hreem Sreem OM **sarvESwara** jaya jaya
 Aim Hreem Sreem OM **kouLiNi** jaya jaya
 Aim Hreem Sreem OM **kouLin** jaya jaya
 Aim Hreem Sreem OM **sarvarOgahara chakraswaamini** jaya jaya
 Aim Hreem Sreem OM **sarvarOgahara chakraswaamin** jaya jaya
 Aim Hreem Sreem OM **rahasya yOgini** jaya jaya
 Aim Hreem Sreem OM **rahasya yOgin** jaya jaya
 Aim Hreem Sreem OM **baaNini** jaya jaya
 Aim Hreem Sreem OM **baaNin** jaya jaya
 Aim Hreem Sreem OM **chaapini** jaya jaya
 Aim Hreem Sreem OM **chaapin** jaya jaya
 Aim Hreem Sreem OM **paaSini** jaya jaya
 Aim Hreem Sreem OM **paaSin** jaya jaya
 Aim Hreem Sreem OM **ankuSini** jaya jaya
 Aim Hreem Sreem OM **ankuSin** jaya jaya
 Aim Hreem Sreem OM **mahaakaamESwari** jaya jaya
 Aim Hreem Sreem OM **mahaakaamESwara** jaya jaya
 Aim Hreem Sreem OM **mahaa vajrESwari** jaya jaya
 Aim Hreem Sreem OM **mahaa vajrESwara** jaya jaya
 Aim Hreem Sreem OM **mahaa bhagamaalini** jaya jaya
 Aim Hreem Sreem OM **mahaa bhagamaalin** jaya jaya
 Aim Hreem Sreem OM **mahaa Sree sunDari** jaya jaya
 Aim Hreem Sreem OM **mahaa SreesunDara** jaya jaya
 Aim Hreem Sreem OM **sarvasiDDhipraDa chakraswaamini** jaya jaya
 Aim Hreem Sreem OM **sarvasiDDhipraDa chakraswaamin** jaya jaya
 Aim Hreem Sreem OM **athirahasya yOgini** jaya jaya
 Aim Hreem Sreem OM **athirahasya yOgin** jaya jaya
 Aim Hreem Sreem OM **Sree Sree mahaa bhattaarika** jaya jaya
 Aim Hreem Sreem OM **Sree Sree mahaa bhattaaraka** jaya jaya
 Aim Hreem Sreem OM **sarvaananDamaya chakraswaamini** jaya jaya
 Aim Hreem Sreem OM **sarvaananDamaya chakraswaamin** jaya jaya
 Aim Hreem Sreem OM **paraapara rahasya yOgini** jaya jaya
 Aim Hreem Sreem OM **paraapara rahasya yOgin** jaya jaya
 Aim Hreem Sreem OM **thripurE** jaya jaya
 Aim Hreem Sreem OM **thripura** jaya jaya
 Aim Hreem Sreem OM **thripureESi** jaya jaya
 Aim Hreem Sreem OM **thripurESa** jaya jaya

Aim Hreem Sreem OM **thripurasunDari** jaya jaya
 Aim Hreem Sreem OM **thripurasunDara** jaya jaya
 Aim Hreem Sreem OM **thripuravaasini** jaya jaya
 Aim Hreem Sreem OM **thripuravaasin** jaya jaya
 Aim Hreem Sreem OM **thripuraaSreeh** jaya jaya
 Aim Hreem Sreem OM **thripuraaSreeh** jaya jaya
 Aim Hreem Sreem OM **thripuramaalini** jaya jaya
 Aim Hreem Sreem OM **thripuramaalin** jaya jaya
 Aim Hreem Sreem OM **thripuraasiDDhE** jaya jaya
 Aim Hreem Sreem OM **thripuraasiDDha** jaya jaya
 Aim Hreem Sreem OM **thripuraamba** jaya jaya
 Aim Hreem Sreem OM **thripuraamba** jaya jaya
 Aim Hreem Sreem OM **mahaathripura sunDari** jaya jaya
 Aim Hreem Sreem OM **mahaa thripura sunDara** jaya jaya
 Aim Hreem Sreem OM **mahaa mahESwari** jaya jaya
 Aim Hreem Sreem OM **mahaa mahESwara** jaya jaya
 Aim Hreem Sreem OM **mahaa mahaa raajni** jaya jaya
 Aim Hreem Sreem OM **mahaa mahaa raaja** jaya jaya
 Aim Hreem Sreem OM **mahaa mahaa SakthE** jaya jaya
 Aim Hreem Sreem OM **mahaa mahaa Saktha** jaya jaya
 Aim Hreem Sreem OM **mahaa mahaa gupthE** jaya jaya
 Aim Hreem Sreem OM **mahaa mahaa guptha** jaya jaya
 Aim Hreem Sreem OM **mahaa mahaa jnyapthE** jaya jaya
 Aim Hreem Sreem OM **mahaa mahaa jnyaptha** jaya jaya
 Aim Hreem Sreem OM **mahaa mahaa nanDE** jaya jaya
 Aim Hreem Sreem OM **mahaa mahaa nanDa** jaya jaya
 Aim Hreem Sreem OM **mahaa mahaa spanDE** jaya jaya
 Aim Hreem Sreem OM **mahaa mahaa spanDa** jaya jaya
 Aim Hreem Sreem OM **mahaa mahaa SayE** jaya jaya
 Aim Hreem Sreem OM **mahaa mahaa Saya** jaya jaya
 Aim Hreem Sreem OM **mahaa mahaa Sree chakra nagara saamraajni** jaya jaya
 Aim Hreem Sreem OM **mahaa mahaa Sree chakra nagara saamraat** jaya jaya namasthe!
 namasthe! namasthe! namaha

anEka mayaakrutha Suddha Sakthi Siva mithuna Jayantha maalaa paaraayaNa japEna

bhagavaan raajasa hreemkaara peeTTasthitha

harESwari lalithaa mahaa bhattacharika

hiranya baahu kaamESwara mahaa bhattacharaka miThuna DEvathaa

supreethaa suprasanna varaDaa bhavathu.